

**M. Tamilarasi**

MEL.NO: 1689

36 A, Vijayalakshmi Nagar,

HUE LEVEL: 08

Umar Nagar West Extension,

Siruthaiyur Agraharam,

Lalgudi Pin 621601,

Trichy District

### **SELF TREATMENT OF MALIGNANT NODULAR HIDRADENOMA CARCINOMA IN THE LOWER LIP**

**Summary** - This paper explains about the self treatment given by myself suffering from Malignant Nodular Hidradenoma ( MNH) in the lower lip. Eight years ago, in 2017, a flat slightly raised whitish discoloration of the lower lip appeared and it became a solitary, firm and well defined nodule. Doctors say it is a rare and aggressive tumor originating from sweat glands, specifically eccrine glands that can occur on the lower lip.

**Case History:** In 04.12.2017, I had this tumor in my lower lip, so I went to Mother Theresa Health Center at Thanjavur for a consultation. Dr. Rahman does the operation and he completely removes the nodule and a part of the nodule sends it for biopsy and the report was given on 06.12.2017 and it ensures that it was MNH. Then I went to Meenakshi Hospital at Thanjavur for a second opinion. The biopsy was done by KGP Diagnostic Center at Thanjavur on 13.12.2017 referred to by Mother Treasa Health Center and the report was given on 14.12.2017 and it emphasized that there is a consistent Nodular Hidradenoma. Then I met Dr. S. Xavier, Radiologist at Trichy and he referred to take PET and CT Scan at Domins center on 06.01.2018 and I took PET and CT Scan.

PET and CT Scan was taken from my head to mid thigh and it shows all the organs are in normal conditions.

**Final Diagnosis from the report:** There is no evidence of metabolically active disease in the lower lip. There is no abnormal increased uptake in any other visceral organ or elsewhere in the body covered by PET and CT Scan.

**Doctors Suggestion:** Doctors said that it is a medical miracle and there is no need for chemotherapy and radiology. They said, “**God prolonged your life to do selfless service to society**”.

Treatment given by me : Human Universal Energy and Spiritual Yoga treatment and I take Garlic water and Universal Energy water, travel to space and often I take rice bath.

**Result:** From 2017 to up to now there are no symptoms of Nodular Hidradenoma Carcinoma in any part of my body.

**Conclusion:** The Master Human Universal Energy and Spiritual Yoga treatment, intake of Garlic water and Hue water, travel to space and rice bath completely cured MNH.

M. Tamilaraj  
5/8/2025



# KGP DIAGNOSTIC CENTRE

*Better care through better diagnosis*

759, New Housing Unit, Opp. to State Bank of India, Near New Bus Stand, Thanjavur - 613 005. Cell : 98949 92842, 97903 41640.

NAME: MRS. TAMIL ~~ARASI~~

AGE: 60 YRS. SEX: FEMALE

REF. BY: MOTHER TERESA HEALTH CENTER

SAMPLE ID: HP-2462/17.

RECEIVED ON: 13.12.17

REPORTED ON: 14.12.17

## HISTOPATHOLOGY REPORT- SLIDE FOR REVIEW

**SURGICAL PROCEDURE:** LIP GROWTH BIOPSY

**GROSS DESCRIPTION:**

Received 1 slide and 1 block labeled as MEDALL 13199/17

**MICROSCOPY:**

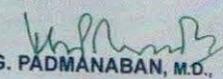
Section shows squamous epithelium with underlying neoplasm in dermis composed of cuboidal cells in solid nodules having round nuclei and pale eosinophilic to vacuolated cytoplasm separated by fibrous septa. Few normal mucinous glands are also seen.

**IMPRESSION:**

**CONSISTENT WITH NODULAR HIDRADENOMA** M

**Note:** The opinion is based on the slides that are provided and has limitations as gross picture and nature of sampling are not known.

*Thanks for your referral*

  
Dr. K.G. PADMANABAN, M.D.  
Pathologist

\* Slides / paraffin blocks will be available for 2 Years; biopsy specimens will be available for 1 month from the date of reporting. \* Our lab will not be responsible for loss of reports dispatched through courier.





# DOMIS Scans

123 / 1, DDC Building, Puthur High Road, Trichy - 620 017.  
domistrichy@gmail.com +91 431 4973366 / 9080708447



|         |                         |         |               |
|---------|-------------------------|---------|---------------|
| NAME    | MRS. M. TAMILARASI      | AGE/SEX | 60 YRS/FEMALE |
| ID NO   | P-18010803-013          | DATE    | 08.01.2018    |
| REF. BY | DR. S. XAVIER MD DMRT., |         |               |

## WHOLE BODY FDG PET - CT SCAN

**Clinical History:** Lower Lip adnexal tumour, Malignant Hidraadenoma Carcinoma.

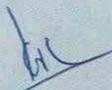
**Treatment:** Post Biopsy done Nov - 2017.

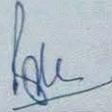
**Indication for the PET scan:**

Assessment.

**PET -CT Conclusion:**

**There is no evidence of metabolically active disease in the Lower Lip.**

  
DR. K. N. SRINIVASAN, MBBS, DMRT, DRM.  
CONSULTANT NUCLEAR PHYSICIAN

  
DR. B. R. RAMDAS, MD, DMRD,  
CONSULTANT RADIOLOGIST

M. Tamilarasi  
5/8/2018

Banumathy  
Veervanallur Health Centre  
Veervanallur, Tirunelveli  
Phone: 6382216199

MEL No: 7728  
Level: 20

**Title: Treatment of Hydronephrotic Kidney due to Duplex Collecting System  
with vesicoureteral reflux**

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**Summary:**

This paper explains about the treatment given for a 12-year-old boy suffering from Hydronephrotic kidney due to vesicoureteral reflux. The paper further explains in detail about this abnormality and symptoms of the patient. The master's human universal energy and spiritual yoga healing with acupuncture treatment and the results of treatments are provided.

**Patient Details:**

Name: M. Aadhi Selva Esakki  
Age: 12 years  
Address: 119/211, Bharathi Nagar, South Veeravanallur, Tirunelveli  
Occupation: 7<sup>th</sup> Standard (At the time of Treatment)  
Phone: 7305034670

**Illness of the Patient on 22<sup>nd</sup> Sep 2014**

The patient reported severe pain while passing through urine. He was also having pain in his stomach; He was passing very little urine. The patient was having problems for Last one year. The patient went and checked with the Doctor at ESI hospital at Chennai. The patient stayed at the hospital for 45 days to undergo multiple tests.

**Radio Isotope Renogram Test**

Radio Isotope renograms helps to find the Differential Renal Function (DRF), representing the percentage of tracer activity, each kidney is contributing to the total renal activity. A normal DRF typically falls between 45% and 55%, indicating both kidneys are functioning within the normal range. It involves injecting a small amount of radioactive material (radioisotope) into a vein, which is then traced as it moves through the kidneys and urinary tract. The test helps evaluate kidney blood flow, urine excretion, and identify potential blockages or abnormalities.

The patient's Radio Isotope renograms report reveals that the range was 64% and 36% between right and left kidneys. The report confirms moderately **impaired renal drainage and small sized left kidney.**

The report also reveals that kidneys are a duplex collective system. Further DRF with upper and lower collective system of kidney reveals that the right kidney is having 67% and 33% differential functions between upper and lower moiety. The conclusion is the right kidney is enlarged with duplex collecting system PUJ obstruction (pelvic-ureteric junction obstruction of upper moiety). The Report is attached to the annexure.

### Detailed Description of the Disorder

A "**duplex collecting system**," or duplex kidney, is a common congenital urinary tract abnormality where a kidney has two separate collecting systems and ureters instead of one. This means the kidney has two sets of tubes that drain urine, with one set of tubes draining the upper part of the kidney and another set draining the lower part. The ureters, which are tubes that carry urine from the kidney to the bladder, can either join into a single ureter before entering the bladder or have separate openings.

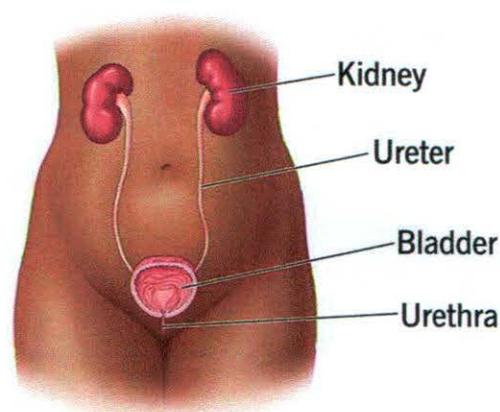
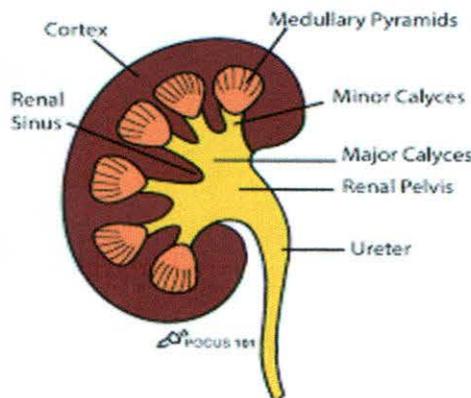
#### Understanding the Duplex System

- **Two Moieties:**

The kidney is essentially divided into two separate parts, or moieties.

- **Separate Collecting Systems:**

Each moiety has its own set of structures, including the pelvis (where urine collects before flowing into the ureter), calyces (small branches from the pelvis), and ureters.



- **Single or Double Ureters:**

The two ureters can either merge into a single ureter before entering the bladder (incomplete duplication) or have separate openings into the bladder (complete duplication).

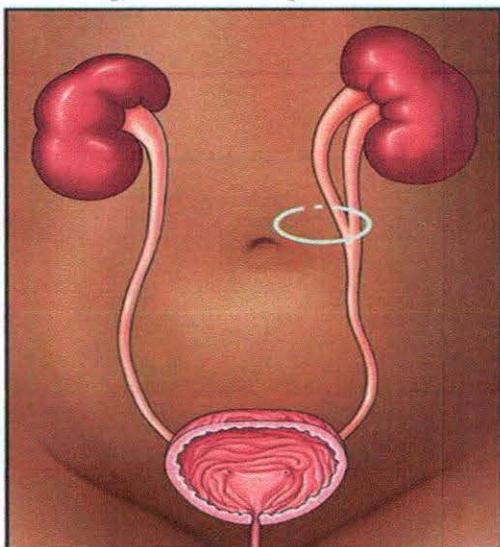
- **Common but Mostly Asymptomatic:**

Duplex kidneys are relatively common, occurring in about 1% of the population. Most people with duplex kidneys have no symptoms and don't require treatment.

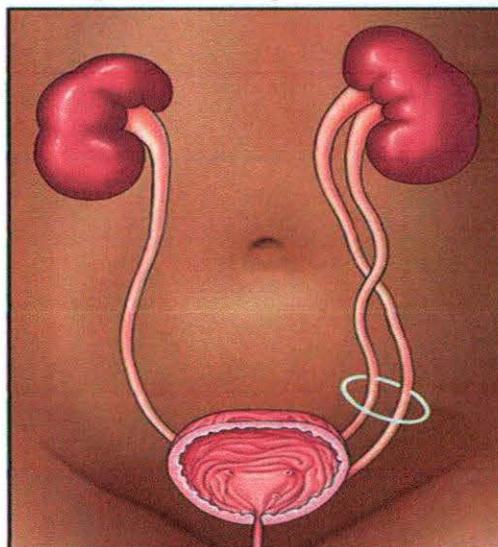
- **Potential Complications:**

While most cases are asymptomatic, some duplex kidneys can be associated with complications like urinary tract infections, **vesicoureteral reflux (urine flowing back into the kidney)**, and ectopic ureteral insertion (where the ureter opens into an abnormal location).

### Incomplete duplex kidney



### Complete duplex kidney



- **Hydronephrosis**

This is the swelling of the kidney due to a build-up of urine. It can be caused by various factors, including obstructions in the ureters, vesicoureteral reflux (urine flowing backward from the bladder into the ureter), or other anatomical anomalies.

#### **Final Diagnosis from the Report**

The patient was suffering from Hydronephrosis in the right upper moiety. The patient is having Duplex collecting system in the right kidney with moderate vesicoureteral reflux (urine flowing back into the kidney)

#### **Doctors' prescription**

Doctors prescribed the patient for surgery to correct this problem. Doctors requested the patient to come back after 1 month for Surgery.

**Treatments:**

For eight months, the patient received Master's Human Universal Energy (HUE) and spiritual yoga healing with acupuncture treatment on a daily basis. Additionally, garlic water at a dose of 30ml daily, was given to the patient for the entire duration. HUE water was also consumed by the patient regularly over these eight months.

**Result:**

During the eight months of treatment, patient's urinary tract and stomach-related problems gradually diminished, and by the end of the treatment, they were completely cured. Following the treatment, the boy resumed attending school regularly, eventually completing his BSc in Mathematics in 2022. He is now employed as a Medical Representative in a private organization. A letter from the patient is attached in the Annexure for reference, where he describes his initial problems, recovery process, and current condition.

**Conclusion:**

The master's Human Universal Energy and Spiritual Yoga Healing with acupuncture technique, garlic water and HUE water intake completely cured the vesicoureteral reflux (urine flowing back into the kidney) in the duplex collecting system.

**Annexure:**

## Report - RADIO-ISOTOPE RENOGRAM



Name : MAST. AADHI SELVA ESAKKI [M/F]  
 Patient ID : 101444337  
 Referred by : FSIC Hospital  
 Date : 22.09.2014

### Clinical History:

➤ Known c/o Right Duplex system, HDN Right upper moiety, for functional evaluation

### RADIO-ISOTOPE RENOGRAM

Radio-Pharmaceutical used:  $^{99m}\text{Tc}$  - DTPA Dose: 3 mCi. Views Taken: Posterior  
 Lasix was given at beginning of the study.

### FINDINGS:

- ❖ Comparatively small sized Left Kidney showing moderately impaired parenchymal extraction of radiotracer with timely transit into renal pelvis followed by smooth sub-renal drainage.
- ❖ Known c/o Right Duplex system
  - Right Upper moiety shows moderate impairment in parenchymal uptake of tracer. There is gradual accumulation of tracer in the moderately dilated moiety during the dynamic phase with no evidence of any significant subrenal drainage during the dynamic phase inspite of diuretic challenge. Delayed 1 hour image shows partial subrenal clearance.
  - Right Lower moiety shows moderate to severely impaired parenchymal uptake of tracer with timely transit into renal pelvis followed by smooth sub-renal drainage.
  - Right ureter visualized along its course without any obvious stasis.

| Right Duplex System | GFR       | Differential function |
|---------------------|-----------|-----------------------|
| Upper Moiety        | 23 ml/min | 67%                   |
| Lower Moiety        | 12 ml/min | 33%                   |

| Whole Kidney | GFR       | Differential function | Parenchymal peak T-max         |
|--------------|-----------|-----------------------|--------------------------------|
| Left kidney  | 26 ml/min | 36%                   | Loss of upslope & blunted peak |
| Right kidney | 48 ml/min | 64%                   | Loss of upslope & peak         |

Quality is our Image

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: MAST. AADHI SELVA ESAKKI [M/12]

D : 101444337

**SSION:**

COMPARATIVELY SMALL SIZED LEFT KIDNEY SHOWING ADEQUATE  
FUNCTION AND SMOOTH SUBRENAL DRAINAGE PATTERN.

KNOWN C/O RIGHT DUPLEX SYSTEM-

- a) MODERATELY HYDRONEPHROTIC RIGHT UPPER MOIETY  
SHOWING MODERATE FUNCTIONAL IMPAIRMENT. *There is no  
evidence of any significant subrenal drainage during the dynamic phase  
inspite of diuretic challenge. However, sequential delayed image reveals  
partial subrenal clearance (partial & delayed response to diuretic  
challenge)*
- b) RIGHT LOWER MOIETY SHOWS MODERATE TO SEVERELY  
IMPAIRED FUNCTION AND SMOOTH SUBRENAL DRAINAGE  
PATTERN.

*correlation please*

**DR. S. CHARAN.**  
Consultant, Nuclear Medicine  
Mobile: 9543610651

ra.S

• MRI • CT SCAN • DIGITAL X-RAY • 4D ULTRASOUND • ECG • ROUTINE & SPECIALIZED BLOOD

(2)

NAME: Mast. ADHI SELVA ESAKKI

AGE/SEX: 12/M

Screening of SI Joints:

No significant abnormality.

Grossly distended urinary bladder likely ? neurogenic bladder.

Enlarged right kidney with duplex collecting & PUJ obstruction of upper moiety.

IMPRESSION:

- Thin syrinx of the dorsal cord at D8 to D10 levels.
- No significant abnormality noted in Lumbar spine.

Typed by: Bhuvana  
Enc. Films: 2

Technologist: Vinath Raj

Dr. J. CHAKRA  
(Consultant)

Patient feedback about Treatment and Results

ம.அ.சு.சி. சென்னை சிகிச்சை  
119/211 பாரதிபுரம்  
சென்னை மருத்துவமனை  
சிகிச்சைக்கான

மதிப்பளிக்கும் வாழ்க்கை:

வணக்கம், ம.அ.சு.சி. சென்னை சிகிச்சை சிகிச்சை  
நான் இப்பொழுது கிடைத்த சிகிச்சை பற்றி (2022)  
படித்து கொடுத்த விடயம் சிகிச்சை கம்பெனியின் மூலம்  
பரிந்து கொண்டு உள்ளேன். சிகிச்சை என் மூலம்  
23. சிகிச்சை மூலம் நான் சிகிச்சை மூலம் படிப்பில்  
பெற்று என்னை சிகிச்சை கருத்தில் போது மலி,  
வலிப்பு மலி, சிகிச்சை மூலம் சிகிச்சை கருத்தில்,  
மருந்து சிகிச்சை மூலம் சிகிச்சை கருத்தில் சிகிச்சை  
மேலும் சிகிச்சை மூலம் சிகிச்சை கருத்தில் சிகிச்சை  
ESIC Hospital-ல் சென்று பரிசீலனை செய்து பரிந்து  
பெற்று மலி Scan, X-ray என சிகிச்சை மூலம் சிகிச்சை  
செய்கின்றனர். சிகிச்சை மூலம் சிகிச்சை கருத்தில் சிகிச்சை  
சிகிச்சை கருத்தில் சிகிச்சை மூலம் சிகிச்சை கருத்தில் சிகிச்சை  
வலிப்பு சிகிச்சை கருத்தில் சிகிச்சை மூலம் சிகிச்சை கருத்தில்  
சிகிச்சை கருத்தில் சிகிச்சை மூலம் சிகிச்சை கருத்தில் சிகிச்சை  
செய்கின்றனர். சிகிச்சை மூலம் சிகிச்சை கருத்தில் சிகிச்சை



Banumathy  
Veervanallur Health Centre  
Veervanallur, Tirunelveli  
Phone : 6382216199

MEL No: 7728

Level: 20

**Topic : Healing Skin Ulcers with Human Universal Energy  
Level 20 Technique**

**Introduction:** This case study explores the effectiveness of Human Universal Energy Level 20 Technique Healing in treating skin ulcers. An ulcer on his leg that rapidly progressed, causing chronic pain.

**Patient :** Bhuvanesh, 35 years old, Presented with a small ulcer on his leg on April 5, 2025. Shiva Shakathi Nagar, Adayakarunkulam, Tirunelveli. 9659064978

**Patient Complaints:** 4 days back his leg was itching, and he was scratching, Next day the leg was sweltered and become radish, and it was spread rapidly, causing chronic pain.

Day -1



Day -2



Day -4 – Complete Cure



- **Methodology**

- HUE Distant healing was given for 4 consecutive days

- **Results**

- within 4 days Complete cure of the skin ulcer
- Visuals: Please refer the 4<sup>th</sup> Day photo in previous page

- **Discussion**

- The rapid healing of Bhuvanesh's skin ulcer suggests the potential effectiveness of Human Universal Energy Level 20 Technique Distant Healing in treating similar cases. Further research is needed to confirm these findings.

Banumathy  
Veervanallur Health Centre  
Veervanallur, Tirunelveli  
6382216199

MEL No: 7728  
Level: 20

## Title: Treatment of fistula using HUE Technique

---

### **Patient Details**

Name: Jeyalakshmi  
Age: 26 Years  
Village: Panagudi  
Tirunelveli District  
Phone: 8056846477

### **Patient Complaint**

I am suffering from a fistula (a trach from rectums). It leads to inflammation and infection

### **HUE Healing**

Asked her to attend Basic Level HUE Class and advised her to do self healing

### **Results**

At my great surprise, She got healed with in a week.

### **Conclusion**

I thank Universal Energy and Master for teaching this technique.

### **Evidence**

The patient's feedback about her illness and cure

Respected mam,

Hi, I'm Jaya coming from Panagudi, Sirkumbhari District in the past 2 years I'm participating the HUF class.

Before Activate chakra

Yes, before activate the chakra i am suffering from Pilonidal sinus cause. exactly it's showing a small hole in the natal cleft, and it forms like though to develop when hair and dead skin cells dropped under my skin leading to inflammation and Infection.

After Activate chakra

I am definitely want to tell this with smile, yes i am absolutely normal now after activate the chakra and i want to thanks to everyone mam who was help to cure this cause

Regards  
JA

Banumathy  
Veervanallur Health Centre  
Veervanallur, Tirunelveli  
6382216199

MEL No: 7728  
Level: 20

## Title: Successful Identification of underground water source using Human Universal Energy Technique

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### Location:

My brother -in-law's house  
118, 6 Thoppu Street,  
Harikesavanallur,  
Tirunelveli, Tamil Nadu  
Phone: 8524054858

My brother-in-law is building a home. He was planning to put a borewell. They were looking for a person who could identify the source of underground water. I explained about HUE and Master's technique to identify the underground water source. So, I volunteered myself and they accepted it and allowed me to do it.

Date: 10<sup>th</sup> Mar 2025

### HUE Methodology

1. **Initial search:** I searched for a suitable location for the borewell
2. **Application of HUE Technique:** I applied HUE Level 20 Technique, which involved sensing the earth's energy
3. **Physical Sensation:** During the process, I felt the earth pulling my leg and the vibrations were spreading through my body
4. **Marking of location** My husband marked the identified location.

### Results

1. **Borewell Drilling:** The borewell machine was applied at the marked location.
2. **Water Discovery:** Water was found at a depth of 20 feet.

### Conclusion

The successful identification of the water source using HUE Technique demonstrates the potential effectiveness of this technique. I thank Master for bringing out my hidden ability.

**Evidence**



Jose Jeya Seelan

Mel no:7476

Age/Sex: 55/Male

Level 20

Address: 7/14c Rithapuram,

Rithapuram(p.o).

### **HUE treatment for Blood Cancer**

#### **Patient history:**

Mr. Maria Michael aged 62 (cell:9442499889), went to (NIMS) a private hospital at Neyyattinkara saying he has severe body pain, high fever and no sleep. Doctor asked for following test: WBC is 45,540 whereas normal rate is 4000 – 11000, Basophil is 7 – 8 were normal rate is less than 2 and diagnosed as Blood Cancer.

Due to poverty he could not afford to pay for the treatment so came back to Nagercoil government medical hospital.

Since they don't have a Doctor to treat the case or medicine they referred the case to Palayamkottai government medical hospital.

Since he experienced rejection from hospitals he looked for healing and came to me for HUE healing. I did HUE energy reading and confirmed the diagnosis (I felt the pain in my heart so I confirmed) it is Blood Cancer. My inner message was he suffer from fear of death.

#### **HUE Healing:**

Before starting Blood Cancer treatment I requested Master to be with me when I apply these techniques:

1. Activated all his vital chakra to 100%
2. Blood Cancer healing given for 14 days without break and than followed every day HUE method.
3. As a supportive- patient got Garlic water, HUE water to drink.
4. Taught Basic level meditation and asked him to do as many times as possible.

After 2 weeks when he was little better. I cleared the root cause (death fear) for Blood Cancer. Since he is very poor, even with fever he worked in the field. As the days went-by he developed death fear.

HUE treatment reassured him and he came out of blood cancer. He felt no more body pain, sleep is good. Now he can do work and earn wages.

To confirm, I asked him to do blood test he refused saying he has no body pain and sleep is good and he had started to work. He feels God cured him and he is fully ok. His faith saved him.

I thank Master for teaching techniques for all possible diseases. My learning is with faith when we do Masters healing technique, Universal healing can heal whatever we create as disease. The real medicine is unconditional and forgiving love.

**Enclosed:** Blood report & hospital reports & patient feedback.

With grateful heart



NIMS/DP/2112/181



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Phone: 2223544, 2223542, e-mail: info@nimsmedicity.org www.nimshospital.com

### PRESCRIPTION

|                     |          |               |
|---------------------|----------|---------------|
| Name: Maria Micheal | Age: 62  | Sex: M.       |
| O.P. No. 5031422    | I.P. No. | Date 29/10/24 |
| Ref. Dr. Veena.     |          |               |

Rx

To

medical / Hemato oncology OPD.

sir / madam

Referring this patient, evaluated  
for raised Tc. Bone marrow study done  
showed possibility of CM2. kindly  
see and do the needful.

Thanking you.

**Dr. Veena. V.P**  
MBBS, DMRT, DNB  
Reg No: 52318  
Consultant Oncologist  
NIMS, Neyyattinkara



**LABORATORY REPORT**

|              |                      |                 |                          |
|--------------|----------------------|-----------------|--------------------------|
| Patient ID   | : J000031422         | Invoice No.     | : 117114                 |
| Name         | : MR.MARIA MICHEAL S | Invoice Date    | : 29/01/2024 08:14:16 AM |
| Gender/ Age  | : Male / 62Y 17D     | Collection Date | : 29/01/2024 08:16:20 AM |
| Patient Type | : GENERAL OPD        | Lab No          | : 1139439                |
| Referred By  | : Dr.VELAYUDHAN      | Result Ready    | : 29/01/2024 09:00:50 AM |
| Dept./Unit   | : GENERAL MEDICINE   | Result Verified | : 29/01/2024 09:47:32 AM |

| Test Name   | Result | Ref. Range   | Units      |
|---|--------|--------------|------------|
| <b>HAEMATOLOGY</b>  |        |              |            |
| <b>BLOOD ROUTINE EXAMINATION</b>                                    |        |              |            |
| HAEMOGLOBIN(HB)<br>Method:COLORIMETRIC                              | 12.6   | 11.0 - 17.0  | gm/dl      |
| TOTAL COUNT<br>Method:SIX PART CELL COUNTER-<br>FLOW CYTOMETRY      | 45540  | 4000 - 11000 | cells/cumm |
| <b>DIFFERENTIAL COUNT</b>   |        |              |            |
| POLYMORPHS<br>Method:FLOW CYTOMETRY AND<br>PEROXIDASE STAINING      | 68.8   | 50 - 80      | %          |
| LYMPHOCYTES<br>Method:FLOW CYTOMETRY AND<br>PEROXIDASE STAINING     | 13.8   | 25 - 50      | %          |
| MONOCYTES<br>Method:FLOW CYTOMETRY AND<br>PEROXIDASE STAINING       | 5.8    | 2 - 10       | %          |
| EOSINOPHILS<br>Method:FLOW CYTOMETRY AND<br>PEROXIDASE STAINING     | 3.8    | < 5          | %          |
| BASOPHILS<br>Method:FLOW CYTOMETRY AND<br>PEROXIDASE STAINING       | 7.8    | <2           | %          |
| PLATELET COUNT<br>Method:SIX PART CELL COUNTER-<br>FLOW CYTOMETRY   | 2.97   | 1.5 - 5.0    | Lakhs/cumm |
| ESR(ERYTHROCYTE<br>SEDIMENTATION RATE)<br>Method:WESTERGRENS METHOD | 10     | 0 - 20       | mm/hr      |

\*\*Indicates Abnormal Result.

.....End of the report.....

*[Signature]*

DR.VINUKUMAR

MBBS,MD(Path),Pdip MD path,DBM,IFCAP CONSULTANT

DHANYA R NATH

VERIFIED BY



DAY & NIGHT SERVICE

\*Indicates NABL procedures

## DISCHARGE SUMMARY

### DEPARTMENT OF GENERAL MEDICINE

|            |                             |                      |                 |
|------------|-----------------------------|----------------------|-----------------|
| Patient No | J000031422                  | Gender / Age         | Male / 62 Years |
| Name       | MR. MARIA MICHEAL S         | Phone No             |                 |
| Address    | Ethampady<br>Reethapuram Po | Date of Admission    | 12/01/2024      |
| Mobile No  | 6481661004                  | Date of Discharge    | 19/01/2024      |
| Bed No     | Male Ward/Mwb7              | Admitting Consultant | Dr. Velayudhan  |

### Diagnosis

Leukocytosis for evaluation to R/O CML ( Bone Marrow report awaited )  
 Periarthritis shoulder

### HISTORY OF PRESENTING COMPLAINTS

Patient came with complaints of Abdominal pain x 12 days  
 History of fever

### SIGNIFICANT FINDINGS & EXAMINATION

Patient Conscious, Oriented  
 Stable  
 BP - 130/70 mmHg  
 HR - S1S2(+)  
 Lung - NVBS(+)  
 Abdomen - NFND

### LABORATORY INVESTIGATION RESULTS

01/2024

### BIOCHEMISTRY

| Name         | Result | Normal Value | Unit    | Remarks | Advice |
|--------------|--------|--------------|---------|---------|--------|
| INR          | 13.5   | 11-15        | seconds |         |        |
| TEST CONTROL | 13.6   | 0-0          |         |         |        |
|              | 1      | 0-0          |         |         |        |

01/2024

### HEMATOLOGY

#### COMPLETE BLOOD COUNT(CBC)

| Name | Result | Normal Value | Unit | Remarks | Advice |
|------|--------|--------------|------|---------|--------|
|------|--------|--------------|------|---------|--------|

|                 |       |             |            |  |  |
|-----------------|-------|-------------|------------|--|--|
| HAEMOGLOBIN(HB) | 12.3  | 11.0 - 17.0 | gm/dl      |  |  |
| TOTAL COUNT     | 49500 | 4000-11000  | cells/cumm |  |  |

### DIFFERENTIAL COUNT

| Test Name  | Result | Normal Value | Unit            | Remarks | Advice |
|--|--------|--------------|-----------------|---------|--------|
| POLY MORPHS  | 72.6   | 50 - 80      | %               |         |        |
| LYMPHOCYTES  | 13.3   | 25 - 50      | %               |         |        |
| MONOCYTES  | 3.4    | 2 - 10       | %               |         |        |
| EOSINOPHILS  | 3.8    | <5           | %               |         |        |
| BASOPHILS  | 6.9    | <2           | %               |         |        |
| PLATELET COUNT   | 3.7    | 1.5 - 5.0    | Lakhs/cum<br>m  |         |        |
| RBC  | 4.54   | 3.8 - 6.5    | million/cm<br>m |         |        |
| PCV  | 42.0   | 37.0 - 54.0  | %               |         |        |
| MCV  | 92.5   | 80 - 100     | fL              |         |        |
| MCH  | 27.1   | 27.0 - 32.0  | pg              |         |        |
| MCHC   | 29.3   | 32 - 36      | gm/dl           |         |        |
| RED CELL DISTRIBUTION<br>WIDTH(RDW)                                | 17.5   | 11.0 - 16.0  | %               |         |        |
| SEDIMENTATION RATE<br>(ERYTHROCYTE<br>SOLUBLE EOSINOPHIL<br>COUNT) | 18     | 0-20         | mm/hr           |         |        |
| ABSOLUTE LYMPHOCYTE<br>COUNT                                       | 1920   | 40 - 440     | cells/cumm      |         |        |
| ABSOLUTE NEUTROPHIL<br>COUNT                                       | 6760   | 720 - 4400   | cells/cumm      |         |        |
| ABSOLUTE EOSINOPHIL<br>COUNT                                       | 36850  | 2000 - 6000  | cells/cumm      |         |        |
| MEAN PLATELET VOLUME   | 9.3    | 6 - 10       | fL              |         |        |

### IMMUNOLOGY

| Test Name   | Result | Normal Value | Unit  | Remarks | Advice |
|-------------|--------|--------------|-------|---------|--------|
| VITAMIN B12 | 857    | 239 - 931    | pg/ml |         |        |

15/01/2024

### HAEMATOLOGY

| Test Name   | Result | Normal Value | Unit       | Remarks | Advice |
|-------------|--------|--------------|------------|---------|--------|
| TOTAL COUNT | 39600  | 4000-11000   | cells/cumm |         |        |

### IMMUNOLOGY

| Test Name | Result | Normal Value  | Unit   | Remarks | Advice |
|-----------|--------|---|--------|---------|--------|
| +         | 3.322  | PRE-MATURE<br>INFANT (0.8-5.2)<br>CORD BLOOD (1.0-<br>17.4)<br>1-7 DAYS (1.0-17.4)<br>1-2 WEEKS (1.7-9.1)<br>2WEEKS -4 MONTHS | uIU/ml |         |        |

**TESTS :**

possibility of an evolving myeloproliferative neoplasm like chronic myeloid leukemia cannot be excluded.  
 correlate with clinical features .  
 Molecular test (PCR -ABL fusion gene )may be done for confirmation.

**CHEMISTRY**

| Parameter                    | Result | Normal Value | Unit  | Remarks | Advice |
|------------------------------|--------|--------------|-------|---------|--------|
| FASTING BLOOD GLUCOSE RANDOM | 70     | 70-140       | mg/dl |         |        |
| ALBUMIN                      | 3.2    | <5           | mg/L  |         |        |
| HEMATOCRIT (HBA 1C)          | 5.8    | 4.8-6        | %     |         |        |

**LIPID PROFILE**

| Parameter            | Result | Normal Value | Unit  | Remarks | Advice |
|----------------------|--------|--------------|-------|---------|--------|
| CHOLESTEROL - SERUM  | 232    | <200         | mg/dl |         |        |
| TRIGLYCERIDE - SERUM | 315    | 30-150       | mg/dl |         |        |
| HDL CHOLESTEROL      | 28     | 40- 60       | mg/dl |         |        |
| LDL CHOLESTEROL      | 141    | <100         | mg/dl |         |        |
| VLDL CHOLESTEROL     | 63     | <30          | mg/dl |         |        |

**RENAL FUNCTION TEST (LFT)**

| Parameter                | Result | Normal Value | Unit  | Remarks | Advice |
|--------------------------|--------|--------------|-------|---------|--------|
| BUN - TOTAL              | 0.41   | 0.20 - 1.30  | mg/dl |         |        |
| BUN - DIRECT             | 0.11   | 0.00-0.40    | mg/dl |         |        |
| BUN - INDIRECT           | 0.30   | 0 - 1        | mg/dl |         |        |
| ALT                      | 28     | 15-37        | U/L   |         |        |
| AST                      | 32     | <50          | U/L   |         |        |
| ALP                      | 57     | 50-136       | U/L   |         |        |
| CREATININE - TOTAL       | 7.5    | 6.4-8.2      | gm/dL |         |        |
| CREATININE - MIN         | 4.3    | 3.4-5        | gm/dL |         |        |
| CREATININE - ULIN        | 3.2    | 1.8-3.4      | gm/dl |         |        |
| ALBUMIN/CREATININE RATIO | 1.34   |              |       |         |        |

**RENAL FUNCTION TEST-II**

| Parameter          | Result | Normal Value | Unit   | Remarks | Advice |
|--------------------|--------|--------------|--------|---------|--------|
| BUN (BUN)          | 15     | 20-40        | mg/dl  |         |        |
| CREATININE - SERUM | 0.7    | 0.6-1.3      | mg/dl  |         |        |
| CREATININE - SERUM | 144    | 136-145      | mmol/L |         |        |
| CREATININE - SERUM | 4.3    | 3.5-5.1      | mmol/L |         |        |

**IMMUNOLOGY**

Investigation:

BIC CULTURE / SENSITIVITY

2024 11:52:08 AM

Report:

Report Type:

Remarks:

Culture Report:

Organism Isolated: Growth/Colony/ml:  
1.NO SIGNIFICANT BACTERIURIA 1.,

**ANTIBIOTIC SENSITIVITY**

| Antibiotics | Sensitivity | Min. Zone |
|-------------|-------------|-----------|
|-------------|-------------|-----------|

\* S - Sensitive R - Resistant I - Intermediate MS - Moderately sensitive

**SEROLOGY**

| Test Name             | Result          | Normal Value | Unit | Remarks | Advice |
|-----------------------|-----------------|--------------|------|---------|--------|
| ANTIGEN TEST-COVID 19 | <b>NEGATIVE</b> |              |      |         |        |

**COURSE IN THE HOSPITAL**

Other Consultations:

Ortho - Dr. Prasoon Anil

Procedure performed:

Bone Marrow aspiration done on 18.01.2024

Medications Administered:

Patient was treated with inj. Cebactum, Inj. Pantop, Tab. Ultracet, Daily Physiotherapy and othe supportive measures

**PROCEDURE**

Bone Marrow aspiration done on 18.01.2024

**CONDITION AT DISCHARGE**

Stable

**ADVICE ON DISCHARGE**

1. Tab. Cefixime 200 mg 1-0-1 x 5 days
2. Tab. Pantop 40 mg 1-0-1 x 5 days

To continue daily physiotherapy

**DISCHARGE RECOMENDATION**

*Remain alert to any drug reaction- if any itching/ rashes/ suffocation/ distress appears after taking any of the above medicines, put the **medicine on hold** and consult your physician immediately*

**PLAN**

Follow up

| Test Name             | Result   | Normal Value | Unit    | Remarks | Advice |
|-----------------------|----------|--------------|---------|---------|--------|
| URO-PUS CELLS         | 1-2      |              | nil/HPF |         |        |
| URO-RBC               | NIL      |              | nil/HPF |         |        |
| URO-EPITHELIAL CELLS  | 0-1      |              | nil/HPF |         |        |
| URO-HYALIN CAST       | NOT SEEN |              | nil/HPF |         |        |
| URO-PATHOLOGICAL CAST | NOT SEEN |              | nil/HPF |         |        |
| URO-CRYSTALS          | NOT SEEN |              | nil/HPF |         |        |
| URO-BACTERIA          | NOT SEEN |              | nil/HPF |         |        |
| URO-MUCUS STRANDS     | NOT SEEN |              | nil/HPF |         |        |
| URO-YEAST             | NOT SEEN |              | nil/HPF |         |        |

## HEMATOLOGY

### MOD ROUTINE EXAMINATION

| Test Name      | Result | Normal Value | Unit       | Remarks | Advice |
|----------------|--------|--------------|------------|---------|--------|
| HEMOGLOBIN(HB) | 11.6   | 11.0 - 17.0  | gm/dl      |         |        |
| WBC COUNT      | 38080  | 4000-11000   | cells/cumm |         |        |

### DIFFERENTIAL COUNT

| Test Name                        | Result | Normal Value | Unit      | Remarks | Advice |
|----------------------------------|--------|--------------|-----------|---------|--------|
| LYMPHOCYTES                      | 72.4   | 50 - 80      | %         |         |        |
| NEUTROPHILS                      | 18.4   | 25 - 50      | %         |         |        |
| MONOCYTES                        | 4.5    | 2 - 10       | %         |         |        |
| EOSINOPHILS                      | 3.2    | <5           | %         |         |        |
| PLATELETS                        | 1.5    | <2           | %         |         |        |
| PLATELET COUNT                   | 4.72   | 1.5 - 5.0    | Lakhs/cum |         |        |
| SEDIMENTATION RATE (ERYTHROCYTE) | 26     | 0-20         | mm/hr     |         |        |

### MOD PICTURE(PERIPHERAL SMEAR STUDY)

### MOD PICTURE (PERIPHERAL SMEAR STUDY)

degree of anisopoikilocytosis, composed of normocytic normochromic and microcytic hypochromic cells. Few polychromatophilic cells, ovalocytes, tear drop cells and polychromatophilic cells are seen. No nucleated RBCs, hemoparasites or other abnormalities are noted.

WBC count is increased.

There is a shift towards basophilia.

Left shift is seen, evidenced of presence of myelocytes and myeloid bud is present.

Platelets are noted.

### TELETYPE

WBC count is increased, seen scattered singly and in clumps.

Large forms are noted.

### DISCUSSION

The case shows Dimorphic anemia (normocytic normochromic to microcytic hypochromic), moderate leukocytosis with shift towards basophilia and thrombocytosis.

(1.7-9.1)  
 4-12 MONTHS (0.8-8.2)  
 1-5 YRS (0.8-8.2)  
 5-10YRS (0.7-7.0)  
 10-15 YRS (0.7-5.7)  
 > 15 yrs (0.25-5.60)

2/01/2024

**MOLECULAR INFECTIOUS**

2/01/2024

**SARS-COV-2 (COVID 19-QUALITATIVE RT PCR)**

**SARS-CoV-2 (COVID 19) detection by Real Time PCR (RTPCR) – Qualitative\***

|                    |  |
|--------------------|--|
| <b>TEST</b>        | <b>COVID 19 RTPCR</b>                            |
| <b>RESULT</b>      | <b>NEGATIVE</b>                                  |
| <b>SPECIMEN</b>    | Nasopharyngeal / Oropharyngeal Swab              |
| <b>METHOD</b>      | Real Time PCR (RT PCR) Open System - Qualitative |
| <b>ICMR ID</b>     | <b>NIMSMT</b>                                    |
| <b>NABL LAB ID</b> | <b>MC - 3388</b>                                 |

**Note:**

Results should be interpreted within the context of clinical data, including medical history, physical findings, epidemiological factors and other laboratory data. The results related only to the item tested. Lab results to be interpreted only by Clinicians/Medical professionals. This is only a laboratory technical report and not a medical/fitness certificate. The results of this test should not be used as the sole basis for diagnosis, treatment or other patient management decisions. Positive result do not rule out co-infection with other organisms that are not detected by this test and may not be the sole or definitive cause of patient illness. Negative results in the setting of clinical illness may be due to infection by pathogens that are not detected by this test.

**CLINICAL PATHOLOGY**

**URINE ROUTINE EXAMINATION(URE)**

| Test Name               | Result             | Normal Value | Unit | Remarks | Advice |
|-------------------------|--------------------|--------------|------|---------|--------|
| COLOUR                  | <b>PALE YELLOW</b> |              |      |         |        |
| URINE-REACTION          | <b>ACIDIC</b>      | 0.000-0.000  |      |         |        |
| URINE-APPEARANCE        | <b>CLEAR</b>       |              |      |         |        |
| SPECIFIC GRAVITY- URINE | <b>1.010</b>       | 1.010-1.030  |      |         |        |
| URINE - ALBUMIN         | <b>NIL</b>         |              |      |         |        |
| URINE SUGAR-            | <b>NIL</b>         |              |      |         |        |
| URINE KETONE - URINE    | <b>ABSENT</b>      |              |      |         |        |
| URINE BILE SALT         | <b>NIL</b>         |              |      |         |        |
| URINE BILE PIGMENT      | <b>NIL</b>         |              |      |         |        |
| URINE UROBILINOGEN      | <b>NORMAL</b>      |              |      |         |        |

**URINE MICROSCOPIC EXAMINATION**

**FOLLOW UP VISIT ON**

Review in General Medicine OPD on 29.01.2024 with BRE report discharge summary  
collect Bone Marrow report from lab

Discharge medications explained to the patient by

Name of staff: *Nisha*

ID No: *SN249*

Signature: *Nisha*

**When to obtain urgent care:**

In case of any emergency immediately after discharge like pain fever/ cough/ breathing difficulty/ drowsiness/ decreased food intake/ abdominal pain/ nausea/ vomiting/ loose stools/ any ailments- please report to General Medicine OPD.

After 48 hours, please report to the Emergency Department with a copy of your discharge summary.

**Emergency contact details:**

Emergency Contact No: 0471 2222115 (24 hours)

General Medicine OPD extension No: 702

Regarding any query about hospital services and appointments, please contact 0471- 2223542

Verified By :  
Dr. SUJI MBBS  
DUTY DOCTOR  
Reg No



Approved By :  
Dr. VELAYUDHAN MBBS, MD (MED), DTCD  
CONSULTANT  
Reg No  
Date 19/01/2024 11:59:24 AM

என் ருபயர் ஹிய லிக்ஹெர், என்ஹு குர் லேரூ  
 வயது 63. கிட்டத்தட்ட 20 வருஷங்களுக்கு முன்னாள்  
 நான் கரவச்சன், உடல்வலி, சூக்கலிண்ணை, உடல்நலம்  
 சிறைய, வேண்டி சம்பந்தமுடையவரும் அவர் பட்டுவாங்கு  
 சிவ்வேறு சிறுகிள் உம்ம சிவ்வேறுசிறிக்கு வண்டிமுன்  
 சிவ்வே 8 வருட்கம் குங்க வைத்து சிவ்வே  
 சிவ்வேசன் லேரூ குங்கவலிண்ணை. அவர்கம் என்னை  
 வலிய சிவ்வேசிறிக்கு வேக சிவ்வேசிறிசன். நான்  
 NIMS சிவ்வேசிறிக்கு வேண்டி என்னை சிவ்வேசன்  
 என்னை பரிசோதித்துவிட்டு சிவ்வேசு புரூமுலேரூ  
 பரிசோதிப்பட்டுப்படுகவும், சிவ்வே வேண்டிப்படுகவிட்டு  
 என்னை உடலிசன். வேண்டி சிவ்வேசையை குங்கு என்னை  
 பண்ண சிவ்வேசுரூவ் நான். சிவ்வேசன்மம், நாகர்  
 சிவ்வே உம்ம சிவ்வேசு சிவ்வேசு சிவ்வேசு சிவ்வேசு  
 சிவ்வே சிவ்வேசன் என்னை பரிசோதித்துவிட்டு உம்ம  
 உடல் சிவ்வேசுரூவ் சிவ்வே சிவ்வேசு சிவ்வேசு சிவ்வேசு  
 உடலி சிவ்வேசுவிட்டு. சிவ்வேசன் சிவ்வேசன் உம்ம  
 சிவ்வேசுரூவ் சிவ்வேசு சிவ்வேசு சிவ்வேசு சிவ்வேசு  
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சிவ்வேசு சிவ்வேசு Test ருக்க சிவ்வேசன். என்னை  
 சிவ்வேசு சிவ்வேசு சிவ்வேசு சிவ்வேசு சிவ்வேசு

சிந்தி எண்ண இணைப்படுத்திவிட சிந்தி ஹேதிரிண  
இணைப்படுத்தும் கைவக்தும், அகைய வகய்கு வகயும்  
உகைய உகையிரிவக்தும், உகயக்தும் கிண்க  
உகயக்தும் உகயக்தும் உகயக்தும்

சிப்பயுத்தி உணர்வுகூர்மை

மரியாதைகூர்மை  
6/8/26

Jose Jeya Seelan

Mel no:7476

Age/Sex: 55/Male

Level 20

Address: 7/14c Rithapuram,  
Rithapuram(p.o).

### **Treatment given for Blood Cancer**

Patient Name: Thomas Ramesh

#### **History:**

This patient said due to frequent fever and loosing body weight he went to KIMS Hospital, Trivandrum. They investigated and reported as complicated Blood Cancer and doctors advised him to start chemo therapy.

#### **HUE diagnosis:**

Problem indicated in chakra 4 (in Heart and Blood vessels).

#### **HUE healing:**

- Chakra 100% activated
- Garlic water
- HUE water
- HUE healing of blood cancer for 14 days and then every day followed HUE method.
- Asked the patient to do daily meditation.

**Result of HUE healing:**

After the 14 days continue healing patient felt healthy no fever. He consulted another doctor. The doctor checked and reported that he is absolutely normal. When he was better, advised him to learn basic level so that he can do self-treatment to keep himself well. (patient feed-back attached).

With Sincere Heart

*John*

என டொயர் தோமஸ் ராமேஷ். நான் ரித்தாபரத்திஸ்  
 வசிக்கிறேன். எனக்கு 2018-ல் அடிக்கடி காய்ச்சல்  
 வந்தது. நான் சூப்பர்ஸ்டீம் டிரான்ஸ் பிளாந்துவமணயிஸ்  
 மருந்து வளங்கிறேன். காய்ச்சல் சரியானது. மீண்டும்  
 ஒரு வாரம் கழித்து காய்ச்சல் வந்தது. சரியும்  
 விருந்தது. உயி எடையும் குறைந்தது. அதனால்  
 2018. அக்டோபர் - 2ம் தேதி கியூஸ் மருத்துவமனைக்கு  
 சென்றோம். அங்கு அதிகப்படியான பரிசோதனைகள்  
 செய்யப்பட்டு Blood cancer (Hairy Leukemia disorder)  
 இருப்பதாக கண்டறிபிடித்தனர். அவர்கள் haemotherapy  
 கொடுக்க வேண்டும் என்று சொன்னார்கள்.  
 நாங்கள் கவலையோடு இருந்தோம். அப்போது  
 எனது சிண்ணன் HUE - என்று இருக்கிற . ந  
 டோஸ் சிண்ணனை போய் பாடு என்று சிண்ணன்  
 அழைத்து வந்தார். அதன் பிறகு ஒரு அடியிற்று  
 - கிழமை சிஸ்டர் ஐ பார்த்து நான் சொல்லி வந்தோம்.  
 அவர்கள் Report - ஐ பார்த்து விட்டு சிறு நோயி  
 யுள்ளும் சிண்ணன் சிண்ணன் சிறு சரி செய்யலாம்  
 சிண்ணன். நாங்கள் இரு நம்பிக்கையோடு இந்த HUE கிஸ்

விண்ணத்தோம். ஜோனி அண்ணன் வந்திங் தந்தார்.  
 Sister அருத்து தந்தார். சாமிபாட்டு ஐயாவு சிறையை  
 மாற்றினார். HUE யில் Basic class படித்தோம்.  
 சிறை சிலம் என்னை நாளை வந்திங் கொடுத்தேன்.  
 படிப்படியாக என்னை உலகி மாற்றம் தோன்றியது.  
 சிறை பிறகு என்னை சில நாட்கள் கழிந்து  
 சிறை வந்தும் வந்தது. சிறைக்குள் மீண்டு வந்தேன்.  
 இப்பொழுது நாள் நல்லாக உள்ளேன். சேவைக்கு  
 செல்கிறேன். சிறைக்குள் விரைவில் திரும்புது.  
 இப்பொழுது என்னை சிறைக்குள் வந்தும் சிறைக்குள்  
 சிறைக்கு வந்து சிறைக்கு. master-க்கு தந்த.  
 Sister-க்கு தந்தி. ஜோனி அண்ணனுக்கு தந்த.  
 Raman. Sin-க்கு தந்தி. நாகலிங்கம் அண்ணனுக்கு.  
 தந்தி.

இப்பொழுது  
 தங்கள் உணவையுள்ள  
 m. Thomas Parnesh  
 [Signature]

Printed by  
 3 copy சென்னை

Jose Jeya Seelan  
7/14c, Rithapuram,  
Rithapuram (P.o).

Mel no:7476  
Level 20

### **HUE& Korona**

I started collective treatment and requested our patron saint, all the Supreme beings & Divine beings to save & protect our village and surrounding villages such as:

**Villages covered:** Rithapuram, Thakalivilai, Chammankal, Patharai, Eathapadu, Thataravilai, Kannankottai, Anakuli, Palapalam, MalRithapuram, Othapanavilai, Chantharai, Panavilai, Erumpili, Kadampara vilai.

I am happy to say though some of them got the Korona they survived and healed faster.

I thank the Divine beings who heard my cry & saved the village people.

**Proof:** Village people.

Jose Jeya Seelan

Age/Sex: 55/Male

Address: 7/14c Rithapuram,  
Rithapuram(p.o).

Mel no:7476

Level- Basic level

**Self healing:**

I suffered by severe Asthma from the age 35. Doctor Prescribed me to take one montelukast tablet and one livocitricine tablet daily. These tablets did not cure me but gave some relief.

I heard about HUE healing from Mr. Sathiya Joseph and came with hope that I'll be cured, I did my basic level in 2013. From that day onwards I gave daily self-healing, I felt the relief and I minimized my tablets. It took 3 months and I am free from the tablets and thus I said goodbye to Asthma. I enjoy my health.

Thanks to God & Master for teaching this Divine healing.  
Thanks to our director for bringing this Divine healing to India.

With Sincere heart



Jose Jeya Seelan

Mel no:7476

Age/Sex: 55/Male

Level 20

Address: 7/14c Rithapuram,

Rithapuram(p.o).

**Patient was brought to me in a collapsed state**

**History:**

This patient Ms.Ajisha, age 21( cell:9500754828) came with serious health issue and no hope to survive. She said that she has following problems – cold, fever, skin allergy, lymph node swelling near neck, joint pain, headache, back pain, breathing problem, no proper sleep, sometime take food too much and sometime no interest to take food. Two times lymph gland was operated in KIMS hospital (report attached).

HUE Diagnosis was done, sign came to chakra 2 when I confirmed my sign she accepted she has fear about her femininity (marriage, child birth etc..). My diagnosis is patient suffered from false mental illness.

**HUE healing:**

- Level 20 technics& healing for false mental case.
- HUE water

**Result of HUE healing:**

The third day of healing (20/06/2025) the patient felt completely normal behavior (photos of the three days attached), (patient feed-back attached).

With Sincere Heart





**Day 1**



**Day 2**



**Day 3**

|       |                   |             |                   |
|-------|-------------------|-------------|-------------------|
| NAME  | AJISHA S          | MODALITY    | US                |
| AGE   | 20 Y / 2 M / 11 D | STUDY DATE  | 09/05/2025 4:04PM |
| SEX   | F                 | REPORTED ON | 09/05/2025 5:01PM |
| MR NO | 002225524         | REFERRED BY | BHUVANESH M       |

**USG NECK**

**Clinical data :** Painful swelling right submandibular region .

**Submandibular glands and parotid glands** are normal in size and both show multiple scattered hypoechoic areas within the parenchyma. No duct dilatation / calcifications.

**Few intraglandular submandibular lymph nodes (level Ib) noted, largest measuring 20 x 11.4 mm with central hypoechoic lobulated area with internal echoes (likely necrotic center). Thinned out cortex noted.**

**Few other anterior cervical lymph nodes are also noted, largest measuring 4.2 mm in right II b location and 5.1 mm on left II b location.**

**Thyroid gland** is normal in size and echotexture No obvious focal lesion.

Carotid vessels are not displaced.

**IMPRESSION:**

- Few intraglandular submandibular lymph nodes (level Ib) with central hypoechoic lobulated area with internal echoes and thinned out cortex - *necrotic lymph node (infective / inflammatory etiology).*
- Submandibular glands and parotid glands are normal in size and both show multiple scattered hypoechoic areas within the parenchyma. No duct dilatation / calcifications - *suggested clinical / lab correlation to rule out sialadenitis.*

I am - Ajisha.s. I came to Sir. Joseph Jesa Selan house on 18/6/2025. for the following problems. cold, fever, skin allergy, neck lymphnode swelling so operation in 2 times removed the nodes. Then Breathing problem, joint pain, Headache, back neck pain, sleepless, also eat the food too much and don't eat like that. Now, I have no problems. I'm alright through the HUE <sup>treatment.</sup> Now, I felt only the joint pain. Otherwise, I'm perfectly alright the following problems. Thanks to God and a very thanks to HUE.

Yours,  
Ajisha.s

Jose Jeya Seelan  
7/14c Rithapuram,  
Rithapuram (P.O)

Mel no:7476  
Level 20

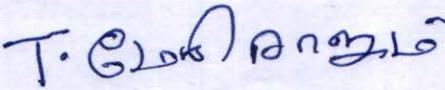
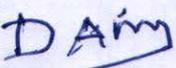
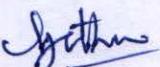
**Sum up:** In Rithapuram underground salt water become drinking water.

**History:**

In the year 2021 a part of this village underground water became salty and spreading to the nearby areas. When I heard this, with the strong intention to stop the spreading and I asked master to change the salt water into drinking water. With the intention daily I transfer energy (level 20 technique).

At my great surprise the spreading stopped and gradually the salt water become normal water. The change was noticed by people. I thank master for giving us the capacity of doing this technique.

Witness:

1. Rajam 
2. Raja Dany 
3. Ajitha 
4. Patric Raj Ezhil 
5. Deena Flower 

S. Ramaiah, Mel Number: 482

MEL No:

97 (Old No 46), Rams Abishek Apartments,  
7<sup>th</sup> Avenue, Ashok Nagar, Chennai 600 083.

Level :-

Mobile: 9840703152

### HUE - ME

I am dedicating this paper to Master Luong Minh Dang and my Guru Dr.Sr.M.Amalavathy for all Spiritual guidance and support through since I started my HUE journey from 2000 onwards.

I was suffering from sudden serious asthmatic condition in 1999 December. I was hospitalized with Oxygen support, Deriphyllin injection, heavy steroids and heavy dosages of anti-biotics. I was struggling a lot. My brother Sethuram Alagappan (Level 3 completed) came to chennai and was kind enough to spend a week with me in giving me therapies, including HUE healing. He suggested me to learn HUE healing so that I can give self-healing every day to keep up my health. Studied level 1 & 2 from him in 2000.

I slowly started getting better. I met sister at chennai and to me she was looking like Shakthi in Safron saree in one MEL student house in Mambalam, Chennai with background of Master's Vietnamese songs played in background. I did level 3 and 4 at Nagercoil in Aug

2000. I sincerely followed Meditation, Self-Healing as per teachings from Dr. Sr. Amalavathy. Sr also suggested on changes needed in my mind and approach to life during her personal counselling. With God's grace, Master and Sr blessings I was completely out of Asthma from then onwards. I am humbled and thankful to Sr.

I was inspired with Sr to heal and serve others. I am still remembering her words of meeting and her experience with Master in Srilanka. Master said, "HUE is YOU". HUE is not only healing but growing in spirituality with self-transformation.

Post my level 3 & 4, I started discussing with 20 students (some of them after healing) for level 1 & 2. We organized multiple classes at chennai to serve many people for their illness, personal issues.

Also started doing other higher HUE levels. Post completion of level 6 started transferring energy for plant kingdom. **In our flats couple of Mango trees with very less yield of mangoes. Regularly transferred energy to Trees continuously. Next year onwards yield was very good. Glad to share this year also we got 2000 plus mangoes.**

I could help many with HUE Techniques. Some of the cases are as follows.

1. Adrenaline excess secretion issue. Post healing, she was getting better, and she learned HUE. (Level 6)
2. Patient was waiting sugar levels to get normal for going through Heart bypass procedure. Post Hue healing the sugar levels came to normal and went through bypass procedure smoothly. (Level 5.2)
3. Chemical accident at Leading Fertilizer company at chennai caused life threatening for a person. Energy transfer rescued him from the situation, and he became normal in short time. (Level 13 ++)
4. Collective energy transfer during many situations like Australian wildfire, COVID, War situations in world multiple times resulted in effective improvement and softening of escalation situation. (Level 20)

## **Self-Transformation**

HUE Meditation, Master energy transfer, Study groups helped a lot to go deeper in self-awareness and grow in spirituality.

Helps to handle lot of complex situations calmly  
Enable acceptance of many things happening in life.

Used to be very short tempered, Angry, EGO & Mind driven person and HUE helped me to soul lead life with very calm and peaceful approach.

Hue helped me to move from “materialistic worldly selfish person” towards Spiritually oriented with love and to serve for universe.

Continuous practicing of techniques like UE Garlic water, HUE water, Rice bath helps me to balance my self and to serve universe.

Signature



**Name : Mr. E. Praisewin, Mel.No : 6784 HUE Level -20**

**Mrs. M. Jancy Merlin Mel. No: 6785, HUE Level - 20.**

Address : S/o. Mr. M. Edwin Paulraj,  
125-A, Yesudian Street,  
Nagercoil – 629001,  
Kanyakumari District.

Cell No : 8903411998.

Namaste ! நாங்கள் இருவரும் 1997ல் சந்தித்து 8 வருடங்கள் தீவிரமாக ஒருவரையொருவர் காதலித்து 2005-ல் திருமணம் செய்து கொண்டோம். திருமணத்திற்கு பின்பு 8 வருடங்களாக குழந்தை பாக்கியம் இல்லாமல் கஷ்டப்பட்டோம். குழந்தை பெற்றுக் கொள்ள பலவழிகளிலும் முயற்சித்தோம். நிறைய மருத்துவர்களையும் சந்தித்தோம்.

**Laproscopy IUI இன்னும் பல சிகிட்சைகளை மேற்கொண்டோம். ஆனாலும் ஒரு பலனுமில்லை.**

பின்னர் ஆன்மீக வழியிலும் பல பல கோயில்களுக்கு சென்று வேண்டுகளையும் நோத்தி கடன்களையும் நிறைவேற்றினோம். சாலக்குடி Retreat Centre சென்று தியானத்தில் பங்கேற்றோம்.

Naturopathy, Ayurvedic, Siddha, Accupressure, Counselling மற்றும் Homeopathy உட்பட அனைத்து Alternative Medicine –ம் எடுத்து பல லட்சங்கள் செலவு செய்தும் எந்த பயனும் இல்லை. மிகுந்த விரக்தி மனநிலைக்கு இருவரும் தள்ளப்பட்டோம். குடும்ப விசேஷங்கள் அனைத்திலிருந்தும் விலகியே இருந்தோம். எந்த சூழ்நிலையிலும் ஜெப வாழ்வை விட்டு வெளியே வரவில்லை. ஆனாலும் கடவுள் ஏன் குழந்தையை தாமதிக்கிறார் என்ற கேள்வியோடு வாழ்ந்து வந்தோம். கடவுள் குழந்தையை அனுமதிக்கவில்லை என்றாலும் அதனையும் ஏற்று இந்த சமுதாயத்தில் வாழ்ந்து விடலாம் என்ற முடிவுக்கு வந்தோம்.

அந்த நேரத்தில் எங்களது மாமா திரு. ஆன்றனி (Level 15 Student) அவர்கள் மூலமாக HUE பற்றி கேள்விப்பட்டோம். HUE class க்கு வந்தால் குழந்தை கிடைக்கும் என்று நம்பினோம். 2011-ம் வருடம் செப்டம்பர் மாதம் Basic Level class attend பண்ணினோம் ஒழுங்காக Practice செய்து வந்தோம். அதே வருடம் November மாதம் Intermediate Level - ஐ attend



பண்ணினோம். அப்போது தமிழரசி Mam -யிடம் குழந்தையில்லாத குறையை பற்றி பேசினோம். அந்த வகுப்பு Trichy -ல் நடைபெற்றது. அவர்கள் எங்களிடம் நீங்கள் Nagercoil சென்றவுடன் Sister -ஐ Meet பண்ணுங்க என்று கூறினார்கள்.

நான் Sister -ஐ Meet பண்ணி எங்கள் பிரச்சினைகளையும் வாழ்க்கை பின்னணியத்தையும், கூறினோம். அப்போது Sister நீங்கள் 8 வருடங்கள் காதலித்ததே பொய் அதில் உண்மையான அன்பே இருவரிடமும் இல்லை என்று கூறி கடவுளின் ஆழமான அன்பை பற்றி எடுத்து கூறினார்கள். எங்களிடம் இருவரும் உண்மையான அன்பிற்குள் வரும்படி கூறினார்கள். நாங்கள் அனைத்தையும் முழு மனதோடும், அற்பணிப்போடும் Sincere -ஆக follow பண்ணினோம்.

2012 -ம் வருடம் Intermediate Level 2 class Sister யிடம் attend பண்ணினோம். அதன்பின் எங்கள் வாழ்வில் நிறைய மாற்றங்கள் காணப்பட்டன. நாங்கள் இருவரும் கிறிஸ்தவர்களாக வளர்க்கப்பட்டாலும் இரு பிரிவு கிறிஸ்தவர்களாக அதாவது CSI, RC என்று மனநிலை குழப்பத்தில் ஒற்றுமையின்றி காணப்பட்டோம். இந்த Level class -ல் Universal God and Almighty God என்ற தத்துவத்தை புரிந்து கொண்டது எங்களுக்குள் நல்ல ஒரு பிணைப்பை ஏற்படுத்த உதவியாக இருந்தது.

இந்த level -ல் sister மீதும் HUE மீதும் முழுமையான நம்பிக்கை ஏற்பட்டது. எங்கள் உடல் நிலையிலும் மாற்றங்கள் ஏற்பட்டது. அதனால் நாங்கள் அனைத்து விதமான சிகிச்சை முறைகளையும் நிறுத்திக் கொண்டோம். பின்னர் நாங்கள் sister -ன் அறிவுறுத்தலின் படி ஒருவருக்கொருவர் உண்மையான அன்பிற்குள் வந்ததால் 2012ம் வருடம் டிசம்பர் மாதம் என் மனைவி கருவுற்றாள். sister எங்களிடம் எந்தவிதமான Treatment -ம் எடுக்கக்கூடாது என்று அறிவுறுத்திய பின்பும் நாங்கள் 2ம் மாதத்தில் பெற்றோரின் அழுத்தத்தினால் Scan எடுத்து பார்த்தோம். குழந்தைக்கு Heart beat இல்லை என்று மருத்துவர் கூறினார். பின்னர் அக்குழந்தை January 2013ம் வருடம் 20ம் தியதி Abortion ஆகி விட்டது. ஆனாலும் அதை doctor Spontaneous Abortion



முன்று மாத Pregnancy ஆக இருக்கும்போதே Trichy சென்று Advance level I class sister - யிடம் attend பண்ணினோம். பின்னர் 7ம் மாத Pregnancy -ல் Advance level II Nagercoil-ல் attend பண்ணினோம். தினமும் sister கற்றுக் கொடுத்த good habits அனைத்தையும் வயிற்றில் கை வைத்து தினமும் குழந்தையுடன் உரையாடி, கற்றுக்கொடுத்தோம். 9வது மாதத்தில் குழந்தையின் அதிகபடியான Weight காரணமாக மனைவி கஷ்டப்படுவதை sister soul ல் உணர்ந்து கடைசி 10 நாட்கள் sister எங்கள் குழந்தையை சுமந்து படுத்த படுக்கையாகி விட்டார்கள். குழந்தை கருவுற்றிருந்த நாட்களில் Master எங்கள் வீட்டில் உலவுவதை நாங்கள் தெளிவாக உணர்ந்தோம். 2014 March 21-ம் தேதி பெற்றோரின் வயது மற்றும் குழந்தையின் அதிக எடையின் காரணமாக குழந்தையை காப்பாற்ற cesarian செய்வது நல்லது என்று டாக்டர் கூறினார்கள். காலை 6.58 மணிக்கு பெற்றோரிடம் குழந்தையை சிஸ்டர் சுகமாக டாக்டரிடம் பெற்று கையில் தந்தார்கள்.

Baptism கொடுத்த அன்று மனைவி வீட்டுக்கு சென்றோம். இரவு முழுவதும் குழந்தை தூங்காமல் அழுது கொண்டேயிருந்தாள். sister மறுநாள் காலை phone பண்ணி ஒரு paper எடு நான் கூறும் பெயரை அதே spelling -ல் எழுது என்று கூறி Anne sophy maria என்று கூறி Maria என்று தினமும் என்னை கூப்பிட சொன்னதாக sister கூறினார்கள். குழந்தை soul travel மூலமாக sister - யிடம் சென்று தனது பெயரை கூறியதாக sister தெரிவித்தார்கள். soul travel பண்ணி sister - யிடம் நான் தூங்கும் Room-ல் fresh Air வரவில்லை என்று complaint பண்ணினாள். April மாதம் Baptism கொடுத்தோம். அது Mid of summer ஆனாலும் அன்று கோயிலுக்கு செல்லும் போது மழை பெய்தது. Master எங்களுடன் கோயிலுக்கு வந்ததை உணர்ந்தோம்.

பின்னர் அதே உண்மையான அன்போடு எங்கள் வாழ்க்கையை தொடர்ந்தோம். இந்த level லில் மாஸ்டர் ஆண் குழந்தை பெறுவதற்கு சொல்லிக்கொடுத்த Technique -ஐ try செய்தோம். அடுத்த மாதமே 2வது குழந்தை என் மனைவிக்கு Conceive ஆனது. அந்த குழந்தையையும் sister-ன்



வழிகாட்டுதலின் படி சமந்தோம். பெண் குழந்தை 25.12.2015 அன்று பிறந்தது. கடவுள் சித்தம் என்று ஏற்றுக்கொண்டோம். 2வது குழந்தை முதல்குழந்தை மரியாவுக்கு துணையாக Mission complete பண்ணுவதற்கு வந்திருப்பதாக Sister கூறினார்கள். இரண்டாவது குழந்தைக்கும் எந்தவித vaccine கொடுக்கவில்லை. குழந்தையை blessings வாங்குவதற்கு sister யிடம் கூட்டி சென்றோம். அதன்பின்பு sister குழந்தையை blessing பண்ணுவதற்கு அவள் தலையில் கை வைத்தார்கள். பின்னர் நாங்கள் வீட்டிற்கு வந்து விட்டோம்.

மறுநாள் காலை sister phone பண்ணி லவ்ரா (Laura) என்ற பெயரைச் சொல்லி நேற்று இரவு இந்த புனிதை என்னிடம் வந்து நான் தான் Laura இன்று உன்னிடம் blessing வாங்க வந்தேன் அல்லவா எனக்கு இந்த பெயரை வையுங்கள் என்று தெரிவித்தார்கள் என்று sister கூறினார்கள். நாங்கள் ஜேன் லவ்ரா (Jane Laura) என்று பெயர் சூட்டினோம். தற்பொழுது இரண்டு அழகான தெய்வங்களுக்கு பெற்றோராக சந்தோசமுடன் வாழ்ந்து வருகிறோம்.

### Uniquenesa of these HUE Children

#### மரியா

- 1) மரியா 3 வருடங்களாக கை சப்பும் பழக்கம் கொண்டிருந்தாள். எங்கள் வீடு கட்டுமான பணி நடைபெற்று கொண்டிருந்த நேரத்தில் sister வீட்டிற்கு வந்தார்கள். மரியாவிடம் நீ கை சப்பினால் உன் பல் எத்துபல் ஆகி விடும். Doctor இடம் சென்று Treatment எடுக்க வேண்டும் என்று கூறியவுடன் அவள் the very next second -ல் இருந்து கை சப்புவதை விட்டு விட்டாள்.
- 2) மரியாவிடம் திறமையும் Maturity -ம் இருந்ததால் Pre kg போகாமலே LKG வகுப்பில் சேர்த்தார்கள்.
- 3) இவள் வகுப்பில் இவள் தான் குறைந்த வயது பெண் அதாவது இவள் பிறந்த வருடம் 2014 பிற குழந்தைகள் 2012, 2013 போன்ற வருடங்களை சேர்ந்தவர்கள். ஆனாலும் இவள் நன்றாக படிப்பிலும் extra curricular activities -லும் சிறந்து விளங்குகிறாள். படிப்பில் class Topper

# Jamebo



ஆகவும் class people leader ஆகவும் இருக்கிறாள். ஆனால் படிப்பிற்காக மிக குறைந்த நேரத்தையே செலவிடுகிறாள். இந்த இரண்டு HUE குழந்தைகளும் மிகவும் வித்தியாசமான குழந்தைகளாக இருக்கிறார்கள். எடுத்துக்காட்டாக மரியா

- 1) பின்னர் நடக்க போவதை முன்பாக கூறுவாள்.
- 2) அவள் கேட்கும் கேள்விகளுக்கு எங்களால் பதில் சொல்ல முடியாது.
- 3) குழந்தையிலேயே ரொம்ப discipline யாக இருப்பாள். ரொம்ப punctual யாக இருப்பாள். நாங்களும் அப்படி இருக்க வேண்டுமென்று நினைப்பாள்.
- 4) வீட்டில் வேலைக்காரி செய்வதைப் பார்த்து விட்டு 4 வயதிலேயே வீட்டை துடைத்து விடுவாள்.
- 5) 7 வயதிலேயே cook பண்ண ஆரம்பித்து விட்டாள்.
- 6) சொல்லிக் கொடுக்காமலேயே பாடவும், ஆடவும் கற்றுக் கொண்டாள். பரீட்சை சமயத்தில் இவளை விட மேல்வகுப்பு படிக்கும் மாணவர்களுக்கு சொல்லிக் கொடுப்பாள்.
- 7) சிஸ்டர் கூறியதைப் போல் இரண்டாவது குழந்தை லவ்ரா மரியாவின் Mission யை சப்போட் பண்ண வந்திருக்கிறாள். அதனால் தான் ஆண் குழந்தை Technique எனக்கு வேலை பார்க்கவில்லை என்று கூறியதை உண்மை என்று நான் உணருகின்றேன்.

ஒரு நாள் மரியா செய்த தவறுக்காக அவளை கடிந்து கொண்டபொழுது அவள் bed time-ல் பேசியது .....

நானும் என் தங்கச்சியும் heaven -ல் good friends ஆக இருந்தோம். அங்கே இது மாதிரி பண்புழக்கம் பொறாமை எல்லாம் கிடையாது. எல்லோரும் பார்ப்பதற்கு ஒரே மாதிரி தான் இருப்போள் but எல்லோருக்கும் ஒரு அடையாளம் இருக்கும் என்று சொல்லி அவளுக்கு விரலில் உள்ள மச்சம் (mole) ஐயும் தங்கைக்கு மணிக்கட்டில் உள்ள scar -ஐயும் காட்டினாள். இதை காட்டினால் தான் heaven -ல் எல்லாமே கிடைக்கும் என்று கூறினாள். அங்கு சண்டை கிடையாது. எல்லோரும் happy -யாக இருப்பாங்க.





heaven entrance -ல் ஒரு wordings எழுதியிருக்கும் என்று கூறினாள்.

அதாவது .....

“நல்லபடியாக யாரெல்லாம் உங்க  
கடமையை முடித்தீர்களோ அவங்க  
எல்லாம் உள்ளே வாங்க என்று ”

Then She angrily says that I don't want  
to be here in this earth,going school  
studying I hate all these things ...

**Next day she told sorry for that.**

11) 'her memory is very high

She can sing a whole song by

Hearing that in two or three

Times.

**Jane Laura ( ல்வரா ) :-**

- 1) She is so affectionate.
- 2) She loves birds and animals.
- 3) Everybody loves her and like to  
spend time with her (or) want to be friendship with her.
- 4) She will always back up Maria.
- 5) She is dare do to anything with out fear
- 6) Very spiritual
- 7) Directly opposite to maria in all habits.
- 8) Very brilliant
- 9) Can console anyone with her unconditional love.
- 10) அக்காவிடம் ரொம்ப பாசமாக இருப்பாள்.
- 11) மிகுந்த பொறுமைசாலி.

**Conclusion:-**

தற்போது மரியா 7ம் வகுப்பும் லவ்ரா 5ம் வகுப்பும் Little champion CBSC School -ல் படித்து வருகின்றார். எங்களுக்கு இந்த இரு HUE Children - ஐயும் வளர்ப்பது மிகுந்த மகிழ்ச்சி. ஒரு challenge ஆக நினைத்து வளர்த்து வருகிறோம். அவர்கள் Basic level முடித்து chakra open செய்யப்படும். நாளை எதிர்நோக்கி காத்து இருக்கிறோம்.

எங்களுக்கு இவர்களை வளர்க்கும் பாக்கியத்தை தந்த எல்லாம் வல்ல ஏக இறைவனுக்கு எங்களின் முதற்கண் நன்றியினை தெரிவித்துக் கொள்கிறோம். எங்களுக்கு எப்போதும் அப்பாவாக உடனிருந்து எங்கள் குடும்பத்தை அரவணைக்கும் Jesus Christ-க்கு எங்கள் நன்றியினை காணிக்கையாக்கு கின்றோம். எங்களுக்காக பரிந்துரை செய்யும் மாதா அம்மாவுக்கு எங்கள் நன்றியினை தெரிவித்துக் கொள்கிறோம். எங்களுக்கு இந்த குழந்தைகளை பெற்று வளர்ப்பதற்கு அடிக்கடி எங்கள் முன் தோன்றி தைரியம் மற்றும் பாதுகாப்பு வழங்கிய Master Dang அவர்களுக்கு எங்கள் மனமார்ந்த நன்றியினை தெரிவித்துக் கொள்கிறோம். நாங்கள் Impotent மற்றும் மலடி போன்ற பட்டப்பெயர்களினின்று விடுபட்டு நல்ல தாய் தந்தையராக எங்களை உருவாக்கிய Sister. Amalavathy அவர்களுக்கு எங்கள் நெஞ்சம் நிறைந்த நன்றியை தெரிவித்துக் கொள்கிறோம். எங்களுக்கு ஆசி வழங்கி Master Dang மூலமாக எங்களுக்கு குழந்தையை பெற்று தந்த Dr. Trung அவர்களுக்கு எங்கள் மனமார்ந்த நன்றியை தெரிவித்துக் கொள்கிறோம். எங்களுக்கு பல வழிகளிலும் உதவி செய்த MEL INDIA Director திரு. ராமன் அவர்களுக்கும் எங்கள் மனமார்ந்த நன்றியை தெரிவித்துக் கொள்கிறோம். மற்றும் எங்களுக்கு prayers & supportive Energy கொடுத்த HUE brothers & sisters - அணைவருக்கும் எங்கள் மனமார்ந்த நன்றியினை தெரிவித்துக் கொள்கிறோம்.

நன்றி

Presented by :

E. Praisewin

M. Jancy Merlin.

இணைப்பு

1. குழந்தை பெற்றெடுத்த photo
2. எங்களின் முந்தைய family photo
3. தற்போதைய Family photo
4. Maria கைகுப்பிக் கொண்டிருக்கும் photo
5. Sister Maria-க்கு communion கொடுக்கும் போது தென்பட்ட Jesus உருவம் photo.
6. மரியா sister-ஐ பார்த்து சிரிக்கும் photo

Mel No: 4267

**Address:**

A. Melgin Jeya  
4/135 – 2 Antoniyar Puram,  
South Thirunagar,  
Ponmalaipatti,  
Trichy – 620004.  
Cell: 9994289938

1. I came to HUE by 2005 July. Before that I was very adamant and very bold to do anything. But after I attended HUE, I became very tamed and soft natured person by HUE energy teachings and techniques.
2. By 2001 I underwent uterus removal surgery and by 2003 Spinal Surgery. So, after that as per doctor's suggestions I started using lumbar belt for lifetime, I could not climb stairs and not able to walk faster. But in 2005 December I attended Intermediate Level 1 at Dindugal. At that time Sr. Amala took us to Sivam Hill, I didn't know it was nearly 10,000 feet high, without any knowledge about the feet, I climbed that hill without the lumbar belt, after that only I became normal, after that I was able to climb all steps in our home terrace and school and I was able to walk and move normally. Because of HUE energy only I became so normal and living a healthy life.

On seeing my speedy recovery my husband and two daughters became HUE Students.

My full family benefitted a lot because of HUE and my family is a HUE family.

Thank you

A. Melgin Jeya

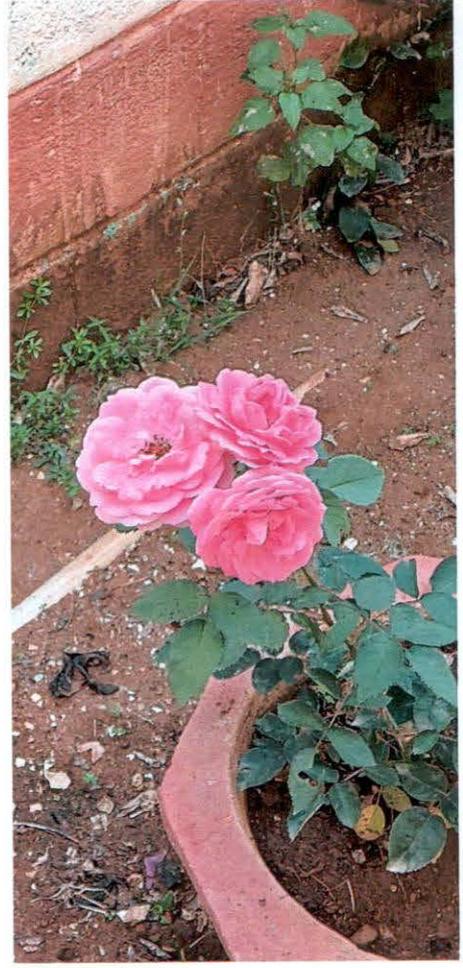
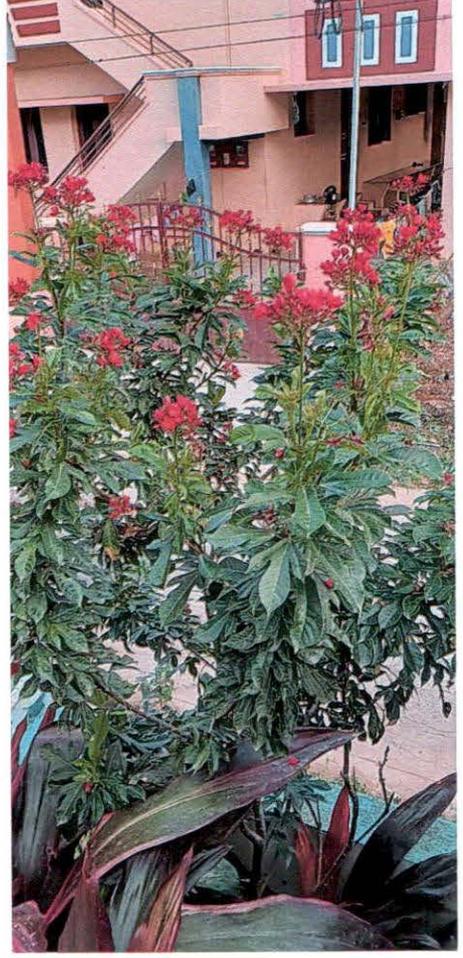
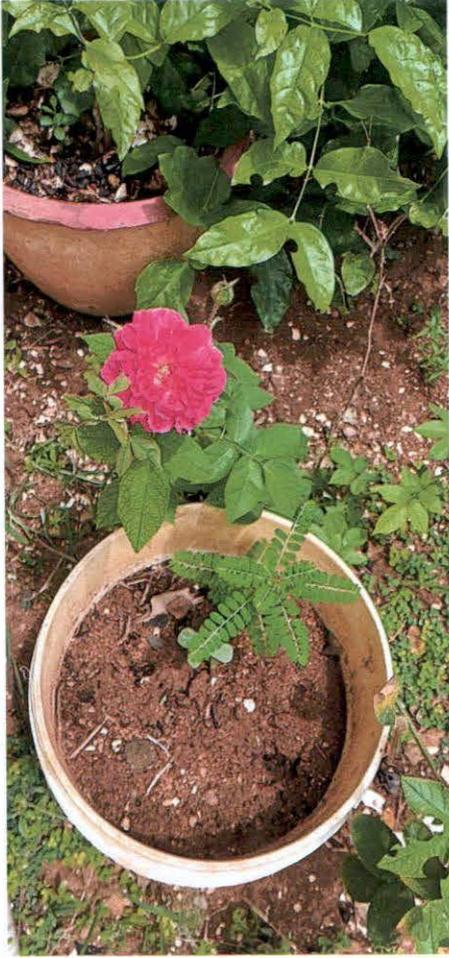
Like my family the plants and trees in my home garden also benefitted a lot till now and always.

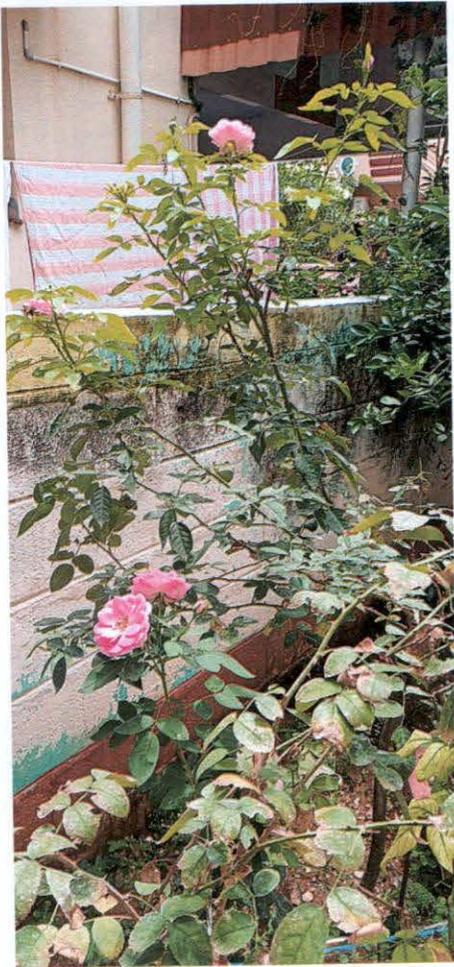
1. I never use any chemical, medicine or chemical manures to my garden.
2. I used to give HUE energy regularly.
3. Instead, if chemical manures I used to put all vegetable waster from my home.
4. Because of the HUE energy the yield of our plants and trees were high.
5. Currently our Plantain tree is grown too high above our terrace, and now the banana bunch (banana thar) also is too long and big in size.
6. The yield of our Mango Tree also is too high.
7. All the following plants in our garden blooms a lot.
8. The nonflowering plants (crotons) also are grown very fresh.
9. In our fish tank the fishes became too big because of HUE energy.

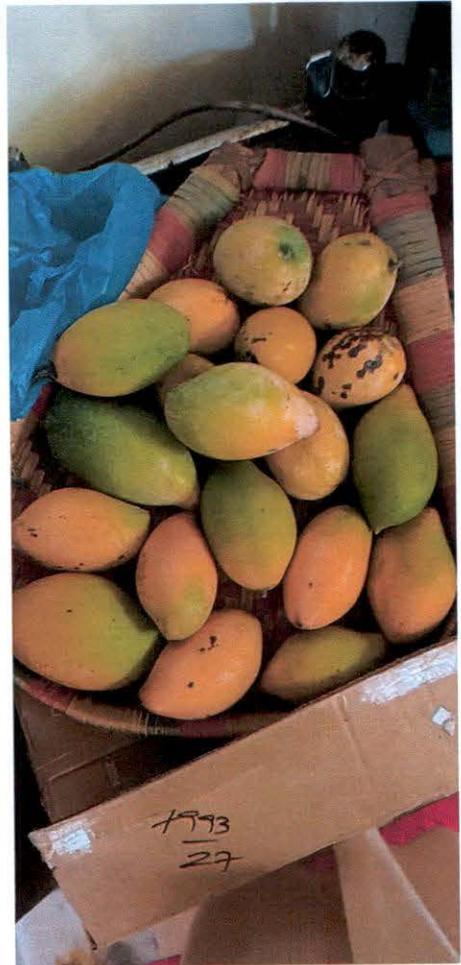
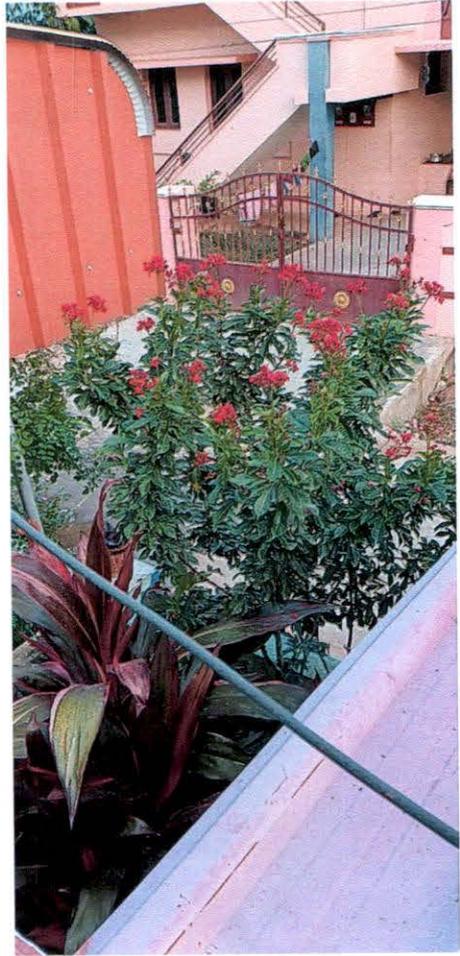
So, because of HUE énergy not only my family, friends and relatives but also all the vegetable kingdom of my house also benefitting a lot.

Thank you

A. Melgin Jeya







# DISTANT HEALING TO SADHANA FOR PSORIASIS

RAJKUMAR M, 08 HUE PRACTITIONER, MEL NO - 7660

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## ABSTRACT:

This paper explains about the treatment given for 37 year-old suffering from psoriasis. The paper explains about the HUE distant healing(technique from HUE 08 Level) helping the patient to cure.

## PATIENT DETAILS:

Name: Ms M.Sadhana

Age: 37 years

FATHER NAME: K.MOHANDOSS

Address: 52,Ashok Nagar 3<sup>rd</sup> Street, First cross, kochadai, Madurai -625016

MARITAL STATUS: Unmarried

Occupation: --

## CURRENT PATIENT'S ILLNESS DETAILS (6<sup>th</sup> MAY 2025):

I am having the following problems:

- 1) I am having Psoriasis from 1999.
- 2) I am having insomania ,
- 3) My leg was swollen and it was paining. Due to that I was unable to walk.
- 4) I am having depression.

Initially I went to allopathy doctor, I took medicines and ointments but there were no much improvement. Then I went to siddha doctor, they also provided various medicines but didn't help him. I went to another Siddha doctor just before last 6<sup>th</sup> month and now I am taking siddha medicines from him.

Mr Rajkumar met me on 6<sup>th</sup> May'25 and suggested to get healing from him and I agreed for it.

## TREATMENT:

I started giving distance healing(technique from 08 Level) from 6th May'25 and suggested to intake HUE water and apply the HUE water on the skins. And suggested her to do HUE meditation and she is doing it daily 1 time.

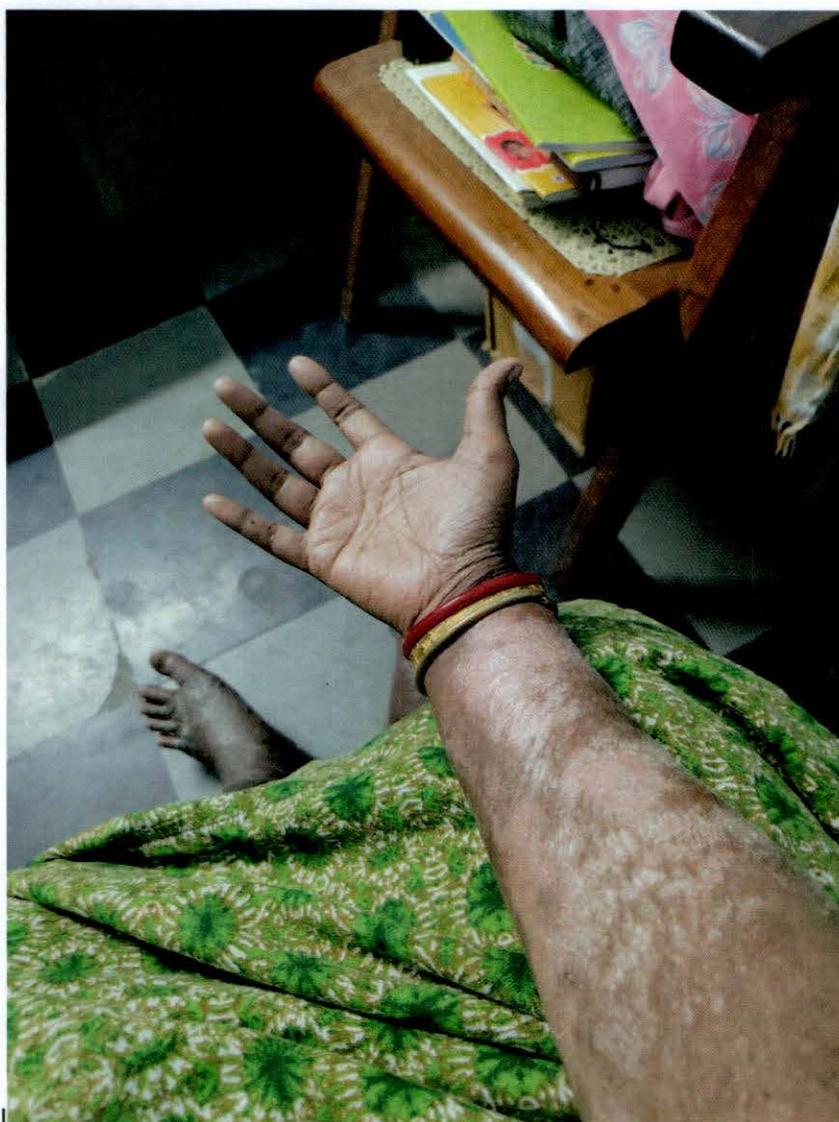
After continuous distance healing, on 12<sup>th</sup> June, she confirmed that she is not have insomnia problem and the leg swollen problem has been resolved & no more pain in the leg. She was able walk normally.

She has been recovered 40%. I am still continuing to give distant HUE healing to her and giving the HUE water.

I have suggested her to get rid of the depression, by writing in the paper about to incidents and persons which is unable to accept and which were suppressed her emotions. After she wrote in the paper and expressed her emotions, she confirmed that she feels good now and expressed with smile.

Please find the below photos after giving HUE healing:

26<sup>th</sup> April 2025



6<sup>th</sup> June 2025



Please find the below letter from Mr. Sadhana

9/6/2025

Respected Sir / Madam,

I was having Skin Disease Psoriasis in my body from my age of 12 yrs. (From 1999)  
After giving healing by Rajkumar Sir, it has started recovering.

Thank You.

M. Sadhana,  
52, Ashok Nagar 3<sup>rd</sup> Street,  
First Cross, Kochadai,  
Madurai - 625016.  
Mobile: 8903679128.

M. Sadhana  
Signature

**CONCLUSION:**

After applying HUE healing technique from 08 Level, it is curing the skin problem.

# DISTANT HEALING TO YUVANESH FOR DERMATITIS

RAJKUMAR M, 08 HUE PRACTITIONER, MEL NO - 7660

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## **ABSTRACT:**

This paper explains about the treatment given for a 12-year-old suffering from dermatitis. The paper explains about the HUE distant healing(technique from HUE 08 Level) helping the patient to cure.

## **PATIENT DETAILS:**

Name: Mr. R.YUVANESH

Age: 12 years

FATHER NAME: R.RAJMOHAN

Address: 30A,Subrmaniyapuram,1<sup>st</sup> Main Road, Madurai-625011

Occupation: Studying 8<sup>th</sup> Standard

## **CURRENT PATIENT'S ILLNESS DETAILS (22<sup>nd</sup> APRIL 2025):**

I am having skin disease from May 2024 year , I was getting skin issues in the back hip of the body and near to the feet on both legs. I consulted the doctor and applied ointment for last 1 year.

Mr Rajkumar met me with my parents in 22<sup>nd</sup> April'25, he requested to get the HUE healing to cure me and we agreed for it.

## **TREATMENT:**

I started giving distance healing(technique from 08 Level) from 22<sup>nd</sup> April'25, the skin problem in right and left leg foot has been cured 80%. I am still continuing to give distant HUE healing to cure completely.

The patient and his parents have met me, after discussion, we found the patient was expecting father's love in speaking and spending time, he was worried and depressed due to this. His parents agreed to spend time and sharing the love with him.

Please find the below photos :

22<sup>nd</sup> April 2025 – Before giving healing.



19<sup>th</sup> May 2025 – After giving healing.





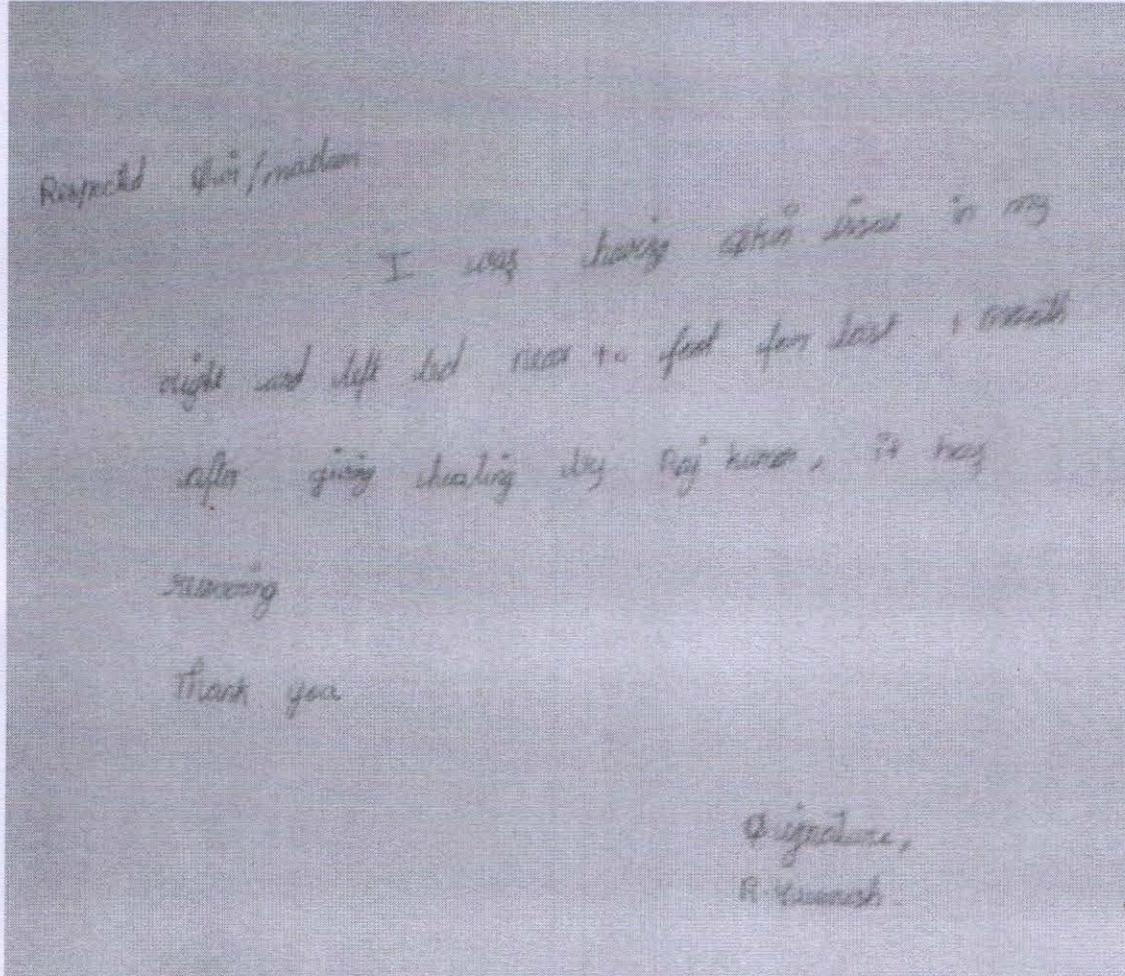
7<sup>th</sup> June 2025 – After giving healing.



**CONCLUSION:**

After applying HUE healing technique from 08 Level, it is curing the skin problem. He and his family are good and happy.

Please find the below letter from Mr.Yuvanesh



# MEL RESEARCH AND ADVANCED DEVELOPMENT

## HUE HELPED TO TRANSFORM ME

M.Rajkumar,  
Plot-12,Lakshmi Nagar 1<sup>st</sup> street,  
Royal Garden, Achampathu,  
Madurai – 625019.  
Ph: 8903583317

MEL NO - 7660

LEVEL - 08

Namaste Brothers and Sisters,

I joined HUE in the year of 2014, I experienced healing from Paramshivam, he was my office colleague. I went to him when I was not feeling well and I was able to feel the energy make difference inside me. Then he stated that I can also study it. **I was having ulcer problem and I was reserved type. I was also egoist person, I am so perfect and finding fault in the others. My mind was having negative thoughts like fear, blaming, revenge, sexual.** After studying HUE Basic Level, I practiced sincerely by doing meditation and self-healing. I was giving healing to my mother and close friends. **I thought of giving healing to others but due to shyness, I studied the Intermediate Level 02 and starting giving distant healing to others but I didn't come out of the shyness.**

One day in night, I was having severe stomach pain due to ulcer problem and it was unbearable, I called the Instructor Mr.Sathish and

he prayed and sent supportive energy. The next day it become normal. In the class Intermediate Level 03, I said to Instructor Dr.Amalavathy I am suffering from ulcer, she said to check what I am having inside. Then after reflecting and asking innerself, **found that there were more fear. Then after doing the meditation and with help of Master blessing, the fear has been completely removed. The ulcer problem has been resolved completely.** When ever practicing the Double Pyramid meditation, I was able to feel energy inside the pyramid and it was helping a lot in my self awareness.

After studying Advance Level 01, I started doing HUE water and it helped me a lot like there were pain in my body and it got relieved.

After studying **Level 08, I recognized that I was still stubborn and Egoist. After regular space travel exercise and with guidance of Instructor Dr.Amalavathy, I came out of the stubborn and egoist person. I learned about humbleness, understanding about others , showing the love and being grateful for others on what they have did.** Then I decided to come out of sexual thoughts, blaming, revenge, hatred. After practicing the meditation, **I got the will power and able to get the soul mind body integration inside me, to get rid of the unwanted thoughts. Earlier I was thinking I am right and perfect but latterly I found it is not correct and I am not leading the meaningful life.** When ever any arguments or quarrels between my **family members and friends, I used to ask whether it is happened because of me. Then I realized, I was having wrong judgement about everyone,** then I removed it **and decided** not to judge anyone.

Now, I am able to move forward and help people who is suffering due to disease, mentally and emotionally imbalance. I am giving the healing and HUE water to person who are not feeling well, **when I see they are recovered & cured, I am feeling so happy and joyful. After several**

years of practicing of HUE, now I see that I am living a meaningful life through giving healing and sending support energy to others & their problems. I am able to hear my inner consciousness and obey it. By regular practice doing sincerely and diligently, I am seeing there are lot of good changes in me and sharing love and happiness to family, friends , relations & society.

I was able to find my hidden talent & skill inside me, that is conducting soft skill trainings and organizing the HUE seminars & HUE Basic Level Class. I am hosting HUE zoom meetings, being technical assistant of International Zoom HUE meetings , able to do translation from English to Tamil and Tamil to English for International and National Zoom HUE meetings. I am able write articles and speak in front of public on the particular topic confidently.

I am really thank full to all Instructors, Director Mr.Raman, Dr.Amalavathy and President Mr.Trung who are giving continuously their love and providing their guidance & support.

Yours Sincerely,

M.Rajkumar

Date: 09-07-25

Kumari Saravanan  
17/2, 9<sup>th</sup> Main, 15<sup>th</sup> Cross,  
Lakkasandra Extension,  
Bangalore – 560030.  
Cell: 7892320239

MEL No.8181  
HUE LEVEL: 08

**I am presenting my own case.**

**HISTORY:**

Before attending the Basic Class of Human Universal Energy and Spiritual Yoga, we had two children, daughter-Suprita K. Saravanan, now aged 16 years and Thanmay Kumara K.S., now aged 10 years.

During my first pregnancy, I had regular check-ups and follow-ups during the entire term, starting from the first month of conception with St. Martha's Hospital, Bangalore. Apart from that, I had also taken supplementary Ayurvedic medicine prepared with dry fruits and the tender coconut flowers for providing complete nutrition to the baby.

I was admitted to the hospital, upon delivery pain, at around 1:30 am. The pain was unbearable. Since the chord of the

baby was twisted, I had to undergo c-section and the baby was delivered at 9.47 am.

After first delivery, I was diagnosed with Hypothyroidism. With great difficulty, after taking homeopathy medicine for six months, I conceived with the second child. I was under the guidance of Dr.Raghuram Shenoy, an Ayurvedic Practitioner. I had also taken supplementary Ayurvedic medicine for providing complete nutrition to the baby.

However, in view of thyroid imbalance, I started check-ups and follow-ups with Rangadore Memorial Hospital, from sixth month onwards. I also attended Yoga classes for three months.

I was admitted to the hospital, upon delivery pain, at around 5:30 am. The pain was unbearable and therefore, anesthesia was given. The baby was delivered normally at 9.50 am on 6.4.2015.

During November 2015, I attended the basic class of Human Universal Energy and Spiritual Yoga.



With the history of hypothyroidism, it was a miracle for me that I was conceived, which we got it confirmed only during the second month. I was under the guidance of Dr.Amalavathy. I had taken Albosang for the nutrition for the entire term. Apart from that, there was no other check-ups / medicine / follow-ups / nutrition supplements.

I was in level-07 at that time. I regularly took self-energy transfer and also given energy for the baby during 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> months.

I went to the Rangadore Hospital two days prior to the delivery, for a scan.

I had admitted to the hospital, upon delivery pain, at around 5 pm, on 30.7.2019. Before leaving to hospital, I had given energy transfer, for delivery. I was directly taken to the labour room. The pain was minimal. By the time, myself and the doctors understood what is going around, the baby was delivered at 5:37 pm.

I am enclosing the 3 Discharge Certificates issued by the Hospital.

Universal Energy has brought this miracle in my life. Though I had learnt in Basic Class that no-pain delivery is possible, it is on 30.7.2019, I experienced it.

I continue to give energy transfer to K.Antonio Saravanan, third child, now aged 6 years. He is a blessing to our family, who holds it together. I thank Master and the Divine for bringing Human Universal Energy in my life and I remain grateful forever for this divine blessing.

Thank you.



# ST. MARTHA'S HOSPITAL

Page-1

5, Nrupathunga Road, Bangalore-560 001  
Phone: 091-080-22275081 to 84 (4 lines) 41149192 to 95 (4 lines) Fax: 091-080-22212427  
Website: www.stmarthashospital.org Email: admin@stmarthashospital.org

## DEPARTMENT OF OBG-MATERNITY SECTION DISCHARGE SUMMARY

Name: Kumari .M      Age: 28 yrs      Ward: NB      Husband's Name: Saravanan  
Hosp.No: 09-7824      MRD No: T14937      Unit: Dr. S. K. Sharma      OPD Days: Friday  
DOA: 06/10/2009      DOD: 10/10/2009

### OBSTETRIC SUMMARY:

**Diagnosis:** Primigravida at 38<sup>+</sup> weeks GA in latent labour  
History of 9 months amenorrhoea. Appreciated fetal movements well.  
Complaints of pain abdomen since 9:00pm. No leaking or bleeding P/V  
**On examination:** General condition-Good. Vitals stable. No Pallor.  
No oedema. CNS/RS/CVS: No abnormalities detected.  
P/A: Uterus term size, mild contraction cephalic ↓ 3/5<sup>th</sup> FHR ⊕  
P/V: Cervix soft, mid position 50% effaced, 1 finger loose.  
BOM present. Vertex at -3 station.

### INVESTIGATIONS

Blood group & Rh type: O +ve  
Hb: 13 gm/dl  
VDRL: Negative  
HIV: Negative  
HbsAg: Negative  
Blood Sugar: 104 mg/dl  
Urine: NAD

### LABOUR:

**Mode of Delivery:** FT (EM) LSCS under Spinal Anaesthesia  
**Indication:** Fetal distress ARM done

Apgar Score: 8/9

**Date & time of Delivery:** 06/10/2009 at 9:47hours

Sex of Baby: Female

**Neonatal Stay:** Uneventful

Birth weight: 2.60kgs

**Puerperium:** Uneventful.

**Condition at Discharge:** Satisfactory.

### Advice on Discharge:

1. Tab Shelcal      1—0—1 x 3 months
2. Tab Fefol      1—0—0 x 3 months
3. Regular Immunization of baby
4. Exclusive breast feeding x 6 months

Signature (Resident/SHO)

Name in Block letters:



Signature (H.O.D)

(Dr. S. K. SHARMA)

Name in Block letters

Details of Operative Findings

Mar

P.T.O

**Details of Operative Delivery:**

P/V: Cervix soft, 5-6cms, well effaced. Vertex at --1 to 0 station.

**Operative Findings:**

- Lower Uterine Segment well formed.
- Liquor-clear and adequate.
- Cord at the site of incision (ROP)
- A live Female baby presented by vertex and delivered as such.
- Baby cried immediately after birth.
- Placenta complete and healthy.
- Bilateral adnexa normal.
- Uterus -- contour and cavity normal.
- EBL  $\cong$  200ml.



IP USE ONLY

## DISCHARGE SUMMARY

Name: Mrs. KUMARI M                      Age: . 33 Years.                      I.P. No: 00116 .  
D.O. Admission: 6/4/15                      D.O. Discharge: 8/4/15                      Date of Delivery: 6/4/15  
Consultant Name: Dr.SOUTH BLORE OBGYN DR. (SBOBGYN),  
Final diagnosis: G2P1L1 with 39 weeks POG with previous LSCS for VBAC  
Gravida: 2      Para: 1                      Blood Group: O+ve  
LMP: 5/7/14                      EDD: 12/4/15                      Gestation: 39wks.

Risk factors: Previous LSCS.

Admitted with: Labour pain.

Labour – Spontaneous.

MODE OF DELIVERY: Vaginal delivery / Vertex presentation.

ANALGESIA: Epidural.

*INTRA PARTUM PERIOD: 1 Stage: CTG + Oxytocin infusion*

*2 Stage: VBAC +RMLE*

*3 Stage: AMTSL, EBL-300ml*

*Episiotomy -*

**Baby Details:**

|             |        |           |        |
|-------------|--------|-----------|--------|
| Date        | 6/4/15 | Time      | 9:50AM |
| Sex         | MALE   | Birth wt. | 3.13KG |
| APGAR 1 min | 8      | 5min      | 9      |

**POST PARTUM PERIOD:**  
**UNEVENTFUL**

*Medication given : Antibiotics and analgesics given as per protocol.*

**DISCHARGE INSTRUCTION:**

Follow POST DELIVERY INSTRUCTION LEAFLET regarding diet and exercise.

Exclusive breast feeding

Continue iron tablets for 3 months and continue calcium tablets as long as breast feeding

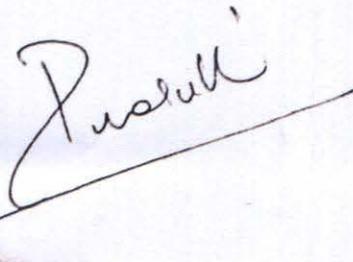
Analgesics as required TAB. VOVERAN SR 100mg 1-0-1X 5 DAYS.

Other medications as advised

See in OPD after 7-10 days with prior appointment.

In case of emergency see OBG doctors in 2<sup>nd</sup> floor.

Doctor signature



**S.S.S.P.C. TRUST**  
**Bangalore Memorial Hospital**  
**(Sringeri Math & BKF Initiative)**  
**1st Cross, Shankarapuram,**  
**Basavanagudi,**  
**BANGALORE-560004.**



## DISCHARGE SUMMARY

|                |                  |                |                     |
|----------------|------------------|----------------|---------------------|
| Patient Name   | : Mrs. KUMARIM   | Delivery Date  | : 30/7/2019         |
| UHID           | : 16/RMH/1928907 | Age/Sex        | : 38 Years / Female |
| Doctor Name    | : SBOBGYN Dr.    | Visit Type     | : IP                |
| Report Date    | : 31/7/2019      | Admission No.  | : 19-20/IP-1903315  |
| Admission date | : 30/7/2019      | Discharge date | : 1/8/2019          |

**Consultant Name:** SOUTH BLORE OBGYN DOCTORS.

**Final diagnosis:** G3P2L2 at 40+3 weeks' gestation with previous LSCS with hypothyroidism with previous VBAC in active labour=>had full term normal delivery on 30/7/2019.

Gravida: 3 Para: 2L2 Blood Group: O+ve

LMP: .20/10/2018 EDD: 27/7/2019 Gestation: 40+3 wks.

**Risk factors:** Postdated, previous LSCS.

**Current Medications:**

Iron and calcium tablets

Tab. Levothyroxine 50 mcg 1-0-0

**Admitted with:** Labour pain.

**Labour – Spontaneous.**

**MODE OF DELIVERY:** Vaginal delivery / Vertex presentation

**ANALGESIA:** Perineal infiltration.

**INTRA PARTUM PERIOD:** 1 Stage: ARM done.

2 Stage: FTND with RMLE.

3 Stage: EBL-500 mL.



NABH

**Safe - I**  
FOR HOSPITAL INFECTION CONTROL



Episiotomy - RMLE.

**Baby Details:**

|             |           |           |           |
|-------------|-----------|-----------|-----------|
| Date        | 30/7/2019 | Time      | 5.37 p.m. |
| Sex         | Male      | Birth wt. | 2.9 kg    |
| APGAR 1 min | 7         | 5min      | 9         |

**POST PARTUM PERIOD:** Uneventful.

**Medication given :** Antibiotics Inj. Supacef 1.5 gm IV stat and Metrogyl 100 ml IV stat given as per protocol. Tab. Voveran SR 75mg 1-0-1 given. Inj. Clexane 40mg S/C o.d. x 3 days given.

Patient was discharged home in stable condition.

**DISCHARGE INSTRUCTION:**

Follow POST DELIVERY INSTRUCTION LEAFLET regarding diet and exercise.

Exclusive breast feeding

Continue iron tablets x 3 months and continue calcium tablets as long as breast feeding.

Analgesics as required Tab Voveran SR 75 mg 1-0-1 x 3 days

Other medications as advised Tab. Thyronorm 50 mcg 1-0-0 on empty stomach.

TFTs after 6 weeks.

See in OPD after 7-10 days with prior appointment (Ph.9243052186) (Scan appointment: 080-26983470/71).

In case of emergency see OBG doctors in 2<sup>nd</sup> floor-(Ph. 9482004547)

*B. S. S. B. C. Trust*  
Doctor signature

**S. S. B. C. TRUST**  
Bangalore Memorial Hospital  
(A Sringeri Math & BKF Initiative)  
1st Cross, Shankarapuram,  
Basavanagudi, Bangalore-560 004

Sub Total

# Tooth Extraction Done using Human universal Energy

Dr. SUJITH J PAUL

MEL NO: 1846

No.36,

LEVEL: .08 HUE

Jacob street.

Nagercoil - 629001

PH: 9442293132

## Patient details

Name : Jeykumar

Gender : male Age 21 year

Address: Puthukudi Eruppu,  
Nagercoil

Occupation: Mason.

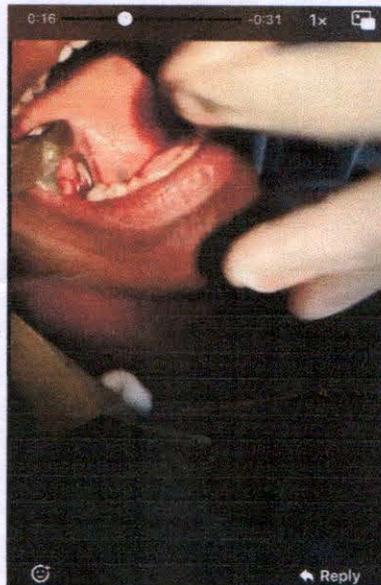
## Patient History:

Patient came with a chief complaint of tooth ache

On clinical examination it was found to be grossly decayed.

And was given a provisional diagnosis of dental caries with respect to 46.

## Treatment plan -



(Figer: No 1)

Extraction of 46, Lower Right 1st Molar(Figer no 1)

## **Extraction procedure**

08 HUE Technique energy transfer was performed

**Extraction was done with out Local Anesthesia.**

**According to the technique in level eight, energy transfer was done. After 10 minutes extraction was done.**

**I am happy to say it was painless extraction. (I would like to tell you, I did not give any local anesthesia)Usually for post-operative pain, I used to prescribe analgesic tablets. For this case since there is no sign of pain, I did not prescribe any pain killer.**

**I asked him to intimate me if there is any pain or bleeding.**

**Next day I called him to re-check. Absolutely there was no bleeding, no pain, and no sign of infection, so antibiotics was also not given**



**(figer No .2)**

**This I would like to conclude that human universal energy can be used effectively in painless Dental Extractions.**

**Reflection on this experience, I am deeply thankful to divine, to our master, to our sister Dr. Amalavathy**

L. Subbiah  
Flat-C, Vijaya Homes,  
96, Meenachipuram First Street,  
Narayanapuram, Pallikaranai,  
Chennai - 600100  
Mobile: 9840159220

MEL No : 955  
HUE Level : 08

title

Namasthe brothers and Sisters,

I am a student from Chennai and get introduced to HUE via one of the co-worker named Ramaiah. I was around 22 years old. I had a history of problem with my lungs in terms of cold, cough and sneezes problem from childhood. But it is a mild problem and not disturbing my day-to-day life. But it is an inconvenience to me at that young age. On that day, I was having the usual cold, cough and sneezes problem. Ramaiah brother applied the HUE energy transfer to help to overcome it. It worked magically and immediately I felt better. I enquired about it.

A week Later, he introduced me to a person in little flower convent in Chennai. Every one called her sister and I am new to the environment in my life. So, I called her as sister and started chatting with her like a normal person. She explained and helped me to understand the HUE in simple and better. I did not realize and understand that, we need to be respectful to religious person and Sister in convent. I am an introvert and never had any casual conversation with any one in my life outside of the family.

There are many questions in my mind and she answered patiently. I felt like the person, who can able to understand and respond to and gave encouragement to ask questions freely. I felt very comfortable to converse and open enough. That space, she gave me during the conversation gave a great respect for her in my mind. It created a beautiful link. Because there is a strong word of conviction

on what she told. That made me to start taking a step forward to learn the HUE. She is our beloved MEL India founder Dr. Sr. Amalavathy.

I attend the first three levels together and got the energy transfer from Master Dang to activate my chakra 100%. By then, all my childhood problem on frequent cold and cough / sneeze problem gone away. I started applying the technique to others. First, I started with my mother. Her knee pain gone on that day of healing. That gave me the confidence of applying the technique. Then I applied to other friends and started following up the HUE classes regularly.

I am introvert by nature and very young, I did not get much of exposure to the world, always there is a fear of insecurity. I am a person believe anything, only when I experience it.

When I attended next level and apply the HUE technique from distance, I had a strange feeling. If I am conversing with someone, I feel the pain or itching or vibration in my body parts. Even though, they left the place, I keep continue to get that sensation. I was terrified and rushed back to Sr. Amalavathy. She told me that, I need to apply the HUE technique and disconnect mentally from the person. She explained to me that, I converse with any persons, automatically, I am getting the symptom of their problem in my body, which should be normal for a HUE student.

I am not able to understand the full aspect of "Disconnect Mentally". But I am worried on why others are not having the problem, only me. Later, I realized that, I am emotionally connected with those persons, which is my nature of habit at that time. This helped me to learn a lesson practically on why we need not to be emotionality lead our life.

There is a big turning point in my life after I attended Level 6. We need to use the pyramid practice and then close eyes and start conversation with Master or Higher Being. I applied and patiently

started listening to that voice. I started realizing on how to get the connection and message from them directly and indirectly. When my mind is calm and peaceful, I am able to get directly. If I am not peaceful, I realized that, I am getting the messages indirectly.

The message from Master and HB are same as what Sr. Amalavathy used to tell. That gave a great respect for her internally. But I need to be peaceful and calm to receive the message and also after the pyramid meditation only. Also, when I am working with her, I used to get the thoughts of what she thinks or She gets on what I think in my mind. So, I blindly surrender to that thought and developed an internal pride that, I am also getting message like her. I concluded servicing Sister and Master; I am servicing God. This developed an internal pride to me and I never looked at how God sees me. I am an introvert, I thought that as convenient tool to hide myself to others. That is the great mistake I did in my life. So, my spiritual growth stopped there.

If I see a problem inside my body, I used to clean and purify the thoughts. This realization helped me to understand my self towards my growth and understand others on how they were like me. But I failed to ask God or my soul on why I am getting it and how I have to purify it according to their will. So, this made me to develop the habit of selfishness to put myself first in many places.

I applied the technique in each level regularly. I failed to look at the spiritual growth. This failed to prepare myself as an instrument of God.

Sr. Amalavathy, tried to help in many ways to teach the totality and I am not able to understand it in the depth. Since I am wandering between mind and Soul. Took the HUE as spiritual life and work as materialistic level. I am thinking that I am balancing it. So that internal pride, hide my ability to grow spiritually. (I,e) HUE Philosophy. Since I am not ready to accept this fact, God had a different plan.

### First Challenge:

I put a thought in my mind; I should marry who is created for me, not anybody else. Parents were looking to find a partner to their choice. They could not find a girl for me. I have just completed Level 18 (Oriental Philosophy 3). After that, one day during meditation, I realized that I am not ready to face the married life. I asked master to overcome my fear of marriage.

I got married. After marriage, I have to stand on my own on all the decision making on each of every moment. If I am not peaceful or cleared my thought pattern (root cause), I created a lot of problem to myself and the persons around me. Because, I have been challenged on the few materialistic aspect in personal life, which I never developed before my marriage life. I failed to see on how to apply Master's teachings in that life. I went away from the teachings of Master on true love to human love. I did not realize my problem. But when I got struck with one problem, in which I have to take decision to walk in the path of God's Love or Human Love.

After completing L20 and coming home, there was a big problem in house. I got a flash in my mind that the no name soul is teaching me a lesson and I have to accept them and lead that in to master's teachings. But I donot know, where to start and how to start. Because, I am thinking that I am perfect in life.

After 2 months, one big event struck in my life and there was a helping hand from God that reminded me of Master's teachings. Help came from all the well-wishers. That's where, I realized that, how much they love me truly and what ignorance, I had in my life etc... Even the personal (whom I am thinking as my problem causers) are speaking about God's Love, even though they are not in MEL School.

After learning the hard lesson, what may come, I may not go away from Master's teachings or against HUE. Because, it is against the God. This saved me and brought me back to True love.

#### Second challenge:

I never visited my in-law's house after initial marriage days. Say around more than 3 years. My wife got in to a minor accident and brock her ligaments. She went to her parents' home. During the meditation, I heard the voice of Master says "Go. Handover the flower remedy to her". I obeyed and visited in-laws' house. When I went inside their home and handed over the medicine to her, I saw a change happening with in me and my in-law's family, with my wife.

#### Turning Point in Life:

When all Level 20 students started the group study of the Master's L20 transcript book under the guidance of Sr. Amalavathy, that brought depth of wisdom. Able to understand the Master's teachings in many aspects and thanks to other students, who brought the different perspective to understand it. The learning of "Applying at the moment" from Aruba Students and their wisdom made to realize on where I failed to turn my life in to true love path.

I had the conflict, judgmental on many spiritual and ancestral lessons. All of them got clarified from the international level 20 study group.

I am next level of growth path in which, I am learning from younger generation as they understood better about Master and Sr. Amalavathy's teachings and applying in every moment.

I am the younger in my family tree. So my views are never looked at coming with Wisdom for them. But when I tried to tell them, they challenge me and that brought a view about, I am still holding the internal pride.

Now, I am able to see, others in the family views the feedback in family matters with different perspective.

Changes are needed from day to day to every moment in life and part of growth to walk-in. Changes happening in every moment and need to understand, accept and go.

Lot more to do to purify the lowness that I developed in all those years and black spots. Even a single instance of this is not acceptable. I realize, I can never say "I have grown". Till the last breath, I have to learn and grow. Every moment in my life teaches a new lesson.

As Master says, to my friends, I say thank you. When challenges come from outside, I say "Thank you, Thank you".

I take this opportunity to each one of you, our loving President, our Sister and our Director, to all my brothers and sisters. Thank you, Thank you, Thank you.

Ihu  
6/8/25-

# HUE IN MY LIFE

NAME: V.B. NIVETHITHA

MEL NO: 250

PHONE NUMBER: 9789662912

LEVEL: BASIC

ADDRESS:

AGE: 14 yrs

Plot no. 70,  
5<sup>th</sup> cross, KVS Nagar,  
Hosur – 635109.

*One day an aunt came to my house who was my mother's friend. She told she needs calmness, so I gave her some Hue love energy for chakra 6 & 7 and she felt deeply renewed. She wondered how it happened and asked me about it. I told her I had completed the basic level in Hue healing. She became interested in joining Hue healing as well and eventually she completed the basic level successfully.*

*signature*

*date*

# 1. HUE APPLICATION EXPERIENCE IN OUR LIFE

A. Jerlin Hepsiba

MEL NO:2450

5/756/7-1, church road, Balajinagar extension, HUE LEVEL: 20

Chinna elasagiri,

Hosur – 635 126

Mobile: 9842129886

## INTRODUCTION:

I'm sharing my and my husband's experience. I have started my journey in our HUE school in the year 2003. From that I didn't have any health issues. I went to hospital only for my delivery. I could lead the life with love, peace and joy with HUE practice. Our children are healthy and successful in their education. In our family, all ups and downs with HUE we're blessed in everything.

I got eczema, 8 years ago, the skin eruptions were in my right foot for a year. One fine day, it spread with all four extremities (2 full hands and legs).

I sat and connected with our master, only sitting in meditation often, I found myself affected by deep frustrations. I did self-energy transfer and also often meditation.

RESULT: slowly it reduced, by fourth day my skin was normal, with the help of HUE application only I got cured completely (physically and emotionally). My skin became healthy. Till now the eczema didn't turn I'm any situation, my immune system got strengthened.

My husband, Mr. Jesudoss is suffering from diabetes, hypertension, chronic alcoholism and smoking. one midnight, he suffered in giddiness, excessive sweat, chest pain and high palpitation.

I gave emergency technique in HUE. After that he became calm and slept deeply.

Morning, he woke up very normally and started doing his routines. He said he felt good and he didn't take any medical intervention.

I have attached his witness.

I am sincerely thanking God, master, sister and all divine beings.

Thanking you

Yours truly,

*Jerlin Hepsiba*

JerlinHepsiba. A

I am Jesudoss. Yes, I suffered and panicked my symptoms like giddiness, excessive sweating and chest pain. After the energy transfer; I slept and was alright. Next day I was normal as usual.

Yours sincerely,

M. Jesudoss

[G. JESUDOSS]

## 2. HUE APPLICATION FOR A SPECIAL CHILD

A. Jerlin Hepsiba

MEL NO:2450

5/756/7-1, church road, Balaji Nagar Extension, HUE LEVEL: 20

Chinna Elasagiri,

Hosur – 635 126

Mobile: 9842129886

### INTRODUCTION;

Meghasri is an autism child.

When Meghasri was 3 years old, her mother VaniSri was sharing that her child was crying continuously for long hours like 3 to 4 hours, the parents were panic and also the child was not at all sleeping and eating

RESULT: First day I gave emergency energy transfer then I gave individual energy transfer regularly to the child and the family. After that Meghasri became calm and normal. She is able to play, eat and sleep.

The parents were happy and grateful and the entire family learnt basic level. Her mother is in Advance Level II.

I have attached her mother's witness.

I am sincerely thanking God, master, sister and all divine beings.

Thanking you

Yours truly,

*A. Jerlin Hepsiba*

Jerlin Hepsiba. A

Namaste brothers and sisters,

My daughter's name is Megharvi and I am Vanishri. Megharvi is a child with special needs and she is 11 years old now. When she was 3 years old, she used to cry for long hours each day. It was very difficult to manage. One day, I met Jeebin sister, who had completed the HVE meditation and I explained my problem to her. She gave healing for 3 days. On the very first day of receiving the healing, my daughter became calm and did not cry for those three days. I could truly feel the healing effect. Inspired by this, I searched for a basic HVE class and completed it. After I began my meditation practice, I noticed a change in my daughter's appearance. There have been many improvements in her behaviour since then. She is a happy child now. I am deeply thankful for HVE and the divine blessing, that master has given us.

Signature: G. Vanishri  
01/07/20

By  
Vanishri Giv  
(Advance Level 1 student)

### 3.HUE APPLICATION FOR A SPECIAL CHILD

A. Jerlin Hepsiba

MEL NO:2450

5/756/7-1, church road, Balajinagar extension,HUE LEVEL: 20

Chinna elasagiri,

Hosur – 635 126

Mobile: 9842129886

#### INTRODUCTION;

Sri Hariis affected by cerebral palsy, his physical and mental growth was depleted. When Sri Hari was 4 years old, he was brought to me(His mile stone were not developed) means he couldn't crawl, stand, speak and eating difficulties. Vision is partially impaired; the nerve innervation was not completed. He came for Physiotherapy regularly. I did energy transferregularly.

RESULT: Gradually he was able to move, walk and balance, he was able to speak 3 to 4 words together. He was able to understand and follow the instructions given to him.

The vision was improved tremendously ,hewas able to pick up small dust in the floor.

His mother learnt Basic levelHUE and the family got united.

I am sincerely thanking God, master, sister and all divine beings.

Thanking you

Yours truly,

*Jerlin Hepsiba*

Jerlin Hepsiba. A

I am Vaishnavi , parent of Hari. My son is a special child . He was having poor vision and he was not walking .Jerlin mam was his physiotherapist. Along with the physiotherapy, Madam was giving HUE healing. The healing was very miraculously made my child walking. After this I also joined in HUE. He was having very poor vision. Now his vision has been improved and he is doing his work with little dependency. All our family members are positively following

So HUE healing will make our life positive and all the negative energies will be removed

R. Vaishnavi  
30/6/25



Name : Anuradha Satish  
Address : 35, Third Main Road  
Krishna Nagar,  
Chromepet  
Chennai 600 044

Mel No : 7252  
Level : 08  
Phone No : 98401 10039

Topic : Paper presentation on Rice Water Bath

I am taking this rice water bath since October 2024, for a period of seven months. We shifted to a new house at Chromepet, Chennai. This month I had my rice water bath on 26, 27 May 2025 and sharing my experience. Prepared rice water bath according to technique Master taught. After finishing the practise as master taught us, I drained this rice water to my garden. This energy water goes towards Mango tree, and also to plantain tree. On receiving this energy water all the trees started growing big in size. The trees were full of greenery. Lots of new branches came. The plants had no insects or worms on them. The Mango tree branches were cut for the purpose of construction, I gave energy in the cutting place and I observed a fast growth on that side of plant. Until last year, mango tree used to give us only 10 to 20 fruits. This year with this energy water we saw about 500 mangoes. The size was also big, taste was also very sweet. We distributed these mangoes to nearby houses, Hue students, to our family members, friends and also to people in universe. I felt so happy that all this happened through this technique given by Master. Lots of herbs, sherbs, have also come on the way, where the energy water goes through plant.

I thank God almighty, Master, all divine and supreme beings for guiding me. I also thank our Sister Dr. Amalavathy, Director Raman brother, my husband Mr. Satish Nagarajan, and my family members for guiding and supporting me.

I am thankful to the vegetable kingdom.

Note: Photos is attached.

Anuradha Satish



**After finishing rice water bath, water is now ready to drain out to my garden.**



**Water comes through this pipe, and goes towards garden.**



**The drained water reaches the mango tree.**



**The rice water bath drained also reaches the plantain tree as shown above**



**The rice water bath drained also reaches to plantain trees, and by the energy of that water, makes the plant grow well.**



**Energy of the water, makes the plant grow tall.**



**Good yield from mango tree , due to energy from the water. Size is so big and taste good. Quantity of yield this year is more around 500 mangoes.**



**Yield of mango tree is shown here.**

Name : Anuradha Satish  
Address : 35, Third Main Road  
Krishna Nagar,  
Chromepet  
Chennai 600 044

Mel No : 7252  
Level : 08  
Phone No : 98401 10039

Title : Poster preparation on Chakra " 6" application.

I am a level 20 practitioner wanted to share an experience on "Lost and found gold necklace "

On 17<sup>th</sup> May 2025 my family members and I attended a wedding reception of a close relative. I dressed in saree and put on a necklace. Everyone in the reception commented me, that it was beautiful. When we took photos, the necklace was around my neck.

After sometime I got a feeling within me to check the necklace. It was not there. I was shocked. I informed my husband. He said "take one step backward, pray to Master to clear out all your emotions ". (This is technique which I learned in Basic Level.)

Using my chakra 6, I applied the protection ring for the necklace. (learnt in Basic level). I prayed to Master his words came to my mind, "Acceptance gives absolute freedom". So, I asked master to give courage to accept this situation.

I lost my necklace around 8 pm. Around 10 pm, the person in-charge of this function has found it on the floor and showing it to people asking the people.... Who lost this, who is the owner of this?

I claimed it and got it. I thanked everybody, Master, and almighty.

## **Great lesson that I learned from this incident.**

Same night before going to bed, I did meditation. Asked Master why this has happened? Master told you became very proud, when people said it is nice, you look nice with it.

I realised my mistake, remembered God! discard the proud people, I asked for the grace to be simple and humble.

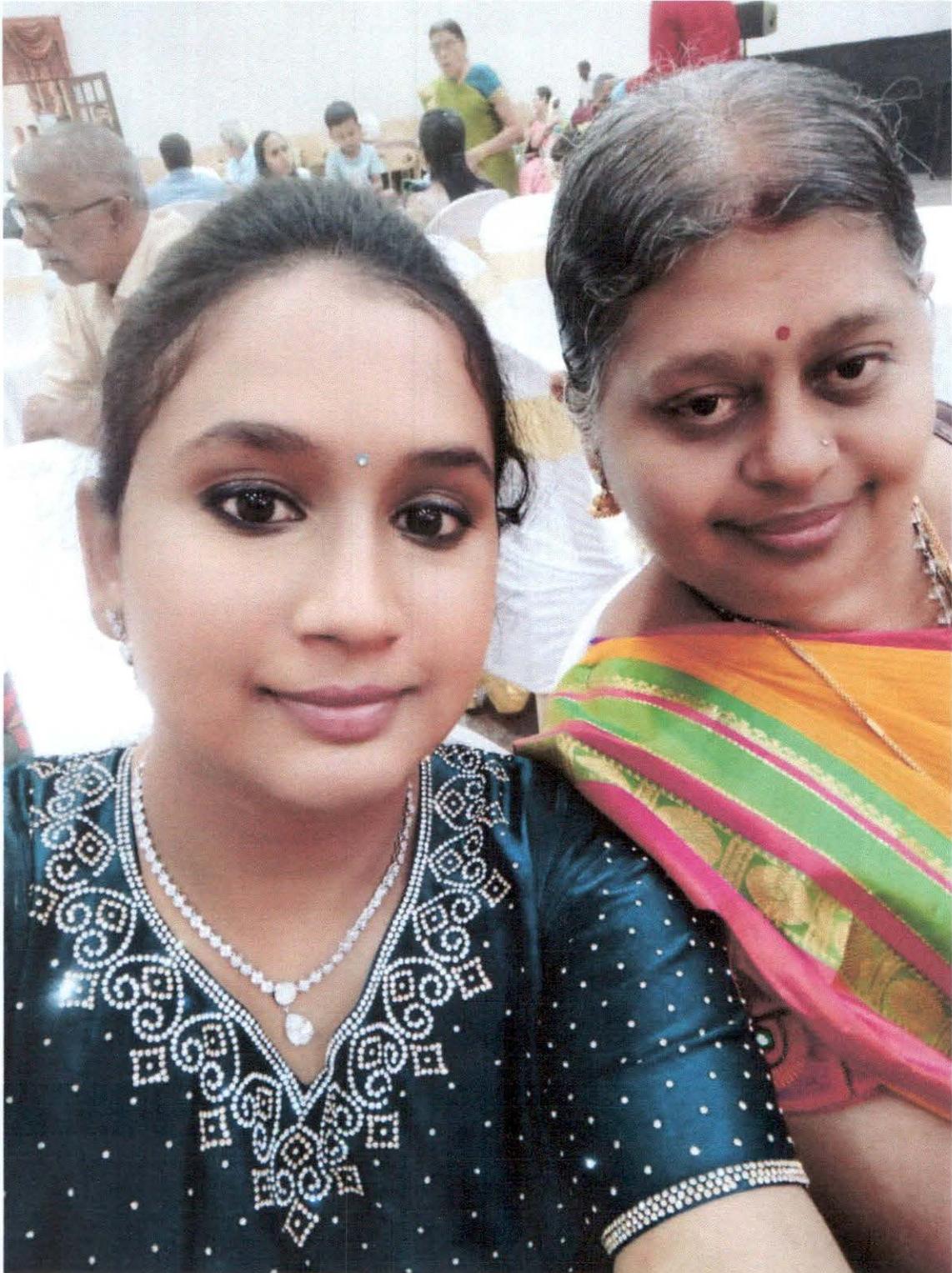
Thanked Master for teaching a great lesson. Thanked God for giving me my necklace. Also, I thank Sister, our Director, and all my family members.

Note: Photos is attached

*Ahmed Kasati*



Necklace seen around my neck.



Necklace lost, but realised by me after this photo. Necklace not there in photo.

## MEL RESEARCH AND ADVANCED DEVELOPMENT

### PAPER PRESENTATION

R Nagalakshmi,

MEL No: 9754

151, Secretariat Colony,

Level:06-HUE Specialized Level I

Thoraipakkam,

Chennai-600097

Ph: 7708866930

Date of Occurrence: November 12, 2023

### **BENEFIT OF HUMAN UNIVERSAL ENERGY (HUE) IN MY LIFE**

This paper shares my personal experience with the application of Human Universal Energy (HUE). **In November 2023, my husband, Sathish Kumar, was involved in a road accident. He was struck by a two-wheeler and fell unconscious. I had been watching him from the car when he suddenly vanished from my view. Rushing to the scene, I found him lying motionless on the ground.**

A few bystanders came forward, lifted him, and tried to revive him by sprinkling water on his face, but he remained unresponsive. In that critical moment, **I surrendered to God and called upon Master. I**

then applied the Emergency Technique and gently touched his head. To my astonishment and immense relief, he opened his eyes almost immediately and regained consciousness. It felt like a miracle unfolding before my very eyes.

An ambulance arrived within five minutes of the accident. My husband stood up without assistance, spoke to me and our child, and calmly walked into the vehicle. **But soon, we noticed gaps in his memory - he couldn't recall the incident or even his phone password, though he remembered everything else.**

At the hospital, doctors conducted several tests and diagnosed internal brain bleeding. They explained that the bleeding couldn't be stopped with medication and that he would need to be placed in the Critical Intensive Care Unit for monitoring. Initially, they predicted a week's stay before he could be moved to a regular ward.

**During this time, I fully relied on HUE. Every day, I gave Individual Energy Transfer. My friends in HUE family joined in, sending Supporting Energy. It was a united, spiritual effort wrapped in love and unwavering belief.**

**Astonishingly, within just two days, the bleeding stopped. Sathish was stable, and he was moved out of the ICU to a regular ward and after a week of observation, doctors confirmed his recovery. He was discharged and returned home with only minimal medication.**

### **SUM-UP:**

Reflecting on this experience, my heart is filled with immense gratitude. I am deeply thankful to the Divine, to our Master, to our Sister, Raman Brother, Sathish Brother, Sujith Brother, Gopi Brother, Arivukadhir Brother and all my friends in HUE family, and to the HUE practice that helped return my husband to us. What could have been a tragic memory instead became a profound testimony—a reminder of the power of energy, faith, and collective healing.

R. Nagalakshmi

Date: 15/07/2025

MEL RESEARCH PAPER

**BORN IN DIVINE LIGHT-A JOURNEY OF FAITH**

Mr. N. Manivel

MEL No: 9897

Ph.no: +919942220310

Level: 06.

Mrs. D. Mythili

MEL No:9938

Ph.no: +9597336343

Level: 04-I.

**Address**

No 607,6<sup>th</sup> Street secretariat colony,  
Thoraipakkam, Chennai-600097,  
Tamil Nadu, India.

**Summary:**

Feeling grateful to share our HUE life journey with all brothers and sisters.

Dedicated to all the married couples who are all waiting to hold their bundle of joy in their arms.

**Journey Begins:**

As a couple we united on 09/06/2014 and started a new chapter of life with joy and happiness and settled in Chennai.

Days passed over years, though we were happily enjoying our personal and official life, having no baby was a big question mark for us, **faced many hard times, challenges within family, relatives and friends which made us stressful and was embarrassing to go out for functions, social activities and even for my own native place.**

Later we decided to consult a doctor to know about our health conditions and went for many consultations both in Chennai and in Coimbatore. At the very first consultation I was under medication and had undergone many scans and so many formal procedures. It does not work for us, instead of having a good environment it made us more stressed to extreme. After all these came with the problem like I am not able to conceive naturally. They suggested going with the procedure IVF. We were totally disappointed, and these words made me very low, and I felt like there is no reason to live a life like this without having a baby.

Years passed and one day we decided to have a life as it is and left everything to God, lets God decide what to give for us we will wait until the times comes for us.

#### **How we were introduced to HUE Family**

My husband was suffering from sciatica pain which led him to attend a session with **brother Arivukathir**, through his healing methods his pain began to subside.

Only my husband was having the pain, but I went along with him, then he was asking about our background, and he suggested to meet **Sathish brother** who is in Chennai. one or two days later he was having severe pain in left leg, and we decided to meet Sathish brother. Once we reached Sathish brother's house he started counselling both of us and based on that he gave flower medicine to me and gave treatment for my husband's problem also.

Then we came to know about the upcoming basic level class which will be happening in Chennai in July 2023.

When we dropped out of his house the pain disappeared, and **he was completely alright and here comes the miracle of life starts for him.**

My husband completed his Basic level in July 2023 which was a 3days class. but here I attended only the first day and I was not able to Attend other 2 days.

Basic level techniques and meditations which brought him many positive changes in his personality and helped relieve his physical and mental health issues.

Not only me noticed all his activities which got changed, but entire family noticed everything and whenever he meditates in the house, **we feel the energy and light that reflects in our house was visible to all the person when they visited our house and that triggered me and my sister law Savitha to join the basic level class in December 2023 which held in Chennai.**

Basic level taught me to be patient, to give selfless love, kindness and to have more joy and happiness in each work that I do today. And I was quiet enough to handle things in the family, noticed difference in behavior. As a couple we started recognizing each other and bonded between the relationship and we were able to say sorry and forgive the mistakes we made.

#### **Blessing from sister Dr. Amalavathy:**

Together we had an opportunity to attend the 'Totality' session which was organized and that is the moment we are meeting sister for the very first time. She narrated a life lesson more practically which made us think deeper into our relationship and received blessings from her and we don't know that would be a milestone for us in our spiritual journey.

## **Spiritual Journey Begins: Jan 2024**

One fine day we were invited by Sathish brother, without any hesitation we both went and met Sathish brother and his wife in their terrace area. The moment we saw them they were like lord Siva and Parvathy for us.

There, we received blessings from all the God and Master Dang. Every single second felt like a miracle for us. The blessing we received was like a spark of a thousand lights, declaring, 'You will have a baby' — the words of Master Dang.

As a couple We later participated in the Intermediate level 1 and Intermediate level 2 classes.

## **Intermediate Level 1: Jan 19-21, 2024**

In this level I surrender myself to God and he showed me all the mistakes one by one right from my childhood, and I rectified everything which was in the queue.

**Earlier I mentioned I was having a happy married life, but this class showed me the negativity in me, and I was more selfish in my relationship, which was a not a good sign of a healthy life.**

Once after reaching home, I removed all the negative thought and asked sorry for all the people whom I met in my life and this process was not as easy for me to clear.it takes more time to clear all the thoughts which is unnecessary to me.

**From this level our relationship became stronger, and we feel true love, affection and happiness after a complete 10 years of marriage life.**

## **Divine Gift:**

It's February 24-2024, we took a home pregnancy test and while seeing those 2 lines it's really a miracle for us. Yes, I am 45 days pregnant.

**Immediately we both meditated Infront of master Dang for a while with tears and happiness.**

We informed Sathish brother, and he blessed us and asked us to keep in touch with sister, and she would guide us throughout my pregnancy journey.

We connected with sister and informed her about our pregnancy journey, and she guided me to take few medical tests and blessed us.

Later received a message from sister 'Trust in God, anything possible'.

When we share this happy news with our family members everyone is in tears, because this is the moment we all are waiting for to cherish.

- **Intermediate level 2: 12-14 April 2024**

Each level is different from one another everything was new, I was able to attend the class without any discomfort and here I learned meaning of a mother which is a big breakthrough for me. Universal energy is something beyond our thoughts.

**I learned how to be polite and caring.**

Till 19 weeks I did not consult doctor, nor did I take any medications for pregnancy. It was only the master who was guiding us with only energy transfer and self-energy transfer.

Days passed, due to practical constrains as per Gods wish we consulted gynecologist in Chennai itself.

Before each visit to the doctor, sister suggested to take hemoglobin and thyroid test. I have hypothyroid and I was transferring energy to thyroid gland daily.

Sister, Dr. Amalavathy, was keeping track on my health report, and I use update here whenever I visit gynecologist.

Pregnancy phase:

- I was active throughout the day and till my due date I was able to do my own work independently.
- Whenever I felt down master's prayer helped me to heal from the difficulties.
- I was having my regular day today activities as it is without any discomfort.
- As per Dr. Amalavathy sister's advice, took iron tablets and Albo sang throughout pregnancy.
- We followed baby recording slogans.
- Interaction with the baby was carried out.
- During my 39<sup>th</sup> week Had a chance to visit national center on October 2024 for President visit and received blessing from him and sister.
- Dr. Amalavathy Sister taught me exercise which would help me during delivery.

Raman brother & family, Sathish brother & family visited our house on 19<sup>th</sup> October 2024. Aday before delivery date to bless us and that was a special moment.

**On 20.10.2024 during a phase of complete spiritual surrender we were blessed with a beautiful baby girl. This joyful moment, which had a long awaited with tears and prayers, felt like a divine gift. As per Gods wish we named her "Punyajecintho" a meaning full and spiritual name that reflects holiness, light and divine blessing.**

The birth of Punyajecintho is not only a milestone in our spiritual journey but also a testimony to the grace of divine power. It proves that if one continues the journey with unwavering faith and inner peace, miracles can happen in life.

This story stands as a beacon of hope for many couples waiting to welcome a child, with faith in divine light and a peaceful heart, divine grace will surely manifest — this is the message our life exemplifies.

Today, Punyajecintho shines as a light and blessing in our lives. We express our heartfelt gratitude to the HUE training and the compassionate teachers who guided us on this joyful journey.

Through these courses, we received blessings from God, Master Dang, President Trung, Sister Dr. Amalavathy, Raman Brother, Sathish Brother, Subbiah Brother, Gobi Brother, Arivukathir Brother and Anu Sister.

Their experiences and loving guidance helped us spiritually.

Signature

  
(N. Manivel)

  
(D. Mythili)

Date: 15 July 2025

R.Srinivansan  
1/2 Baharathidason St ,  
Thiruvanmiyur  
Chennai -41  
Ph: 9789826594

MEL no : 9794  
Level : 04 HUE Advance Level 1

என் மனைவியின் அக்கா திருமதி ஷாலினி அவர்களுக்கு அதிகமான உதிரப்போக்கு இருந்ததன் காரணமாக (25/03/2025) அன்று மருத்துவமனைக்கு சென்றனர்.மருத்துவரின் அறிவுரைப்படி scan எடுத்தார்கள். scan ரிப்போர்ட் படி பித்தப்பையில் கல் இருந்ததாக உறுதிப்படுத்தினார்கள்.

Scan detail

# 14.5--- அளவில் ஒரு பெரிய கல் இருந்தது.

மேலும்

# 3 அல்லது 4 சிறிய கற்கள் இருந்தது.

தகவல் அறிந்து Distance healing மூன்று நாட்கள் -individual technic கொடுத்தேன் பின்பு லிஸ்டில் பெயர் சேர்த்து கொடுத்தேன்.

பிறகு 04/04/2025 அன்று மாஸ்டரின் உதவியுடன் --U E WATER --- 5 லிட்டர் தயார்செய்து கொடுத்தேன்.தினமும் ஒரு வேளை 100 ml எடுத்துக்கொள்ள சொன்னேன்.

பிறகு 18/04/2025 அன்று ஷாலினிக்கு வாந்தி மயக்கம் காரணமாக மறுபடியும் மருத்துவமனைக்கு சென்றனர்.மருத்துவரின் அறிவுரைப்படி மறுபடியும் scan எடுத்தார்கள் அதன் படி

# 14.5 mm( perivious scan ) கல் கரைந்து 12 mm அளவில் இருந்தது.

# 3 அல்லது 4 சிறிய கற்கள் இருந்தது.

மருத்துவர்கள் அறுவை சிகிச்சை செய்ய அறிவுறுத்தினார்கள் ஷாலினி அதை மறுத்துவிட்டார்.

பிறகு வலிக்கு ஊசியும் ,வலி நிவாரணியும் கொடுத்து இருந்தார்கள் அன்றே வீட்டுக்கு வந்தவுடன் வலி நின்று விட்டதாக கூறினார்.

பிறகு 31/05/2025 அன்று செய்து கொடுத்த UE water முடிந்தவுடன் மீண்டும் அவர்களே scan செய்தார்கள் .

# 12 mm அளவு கல் அப்படியே இருந்ததாகவும்

# சிறிய அளவிலான கற்கள் எல்லாம் கரைந்து ஒன்று மட்டும் இருந்தது உறுதியானது.

மீண்டும் 01/06/2025 அன்று 5 லிட்டர் UE வாட்டர் தயார்செய்து கொடுத்துள்ளேன்.தினமும் ஒரு வேளை 100 ml எடுத்துக்கொள்ள சொன்னேன்.

Yoor's truley

R.Srinivasan





DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE  
ULTRASOUND REPORT

Name : Shalini Age & Sex : 39/6 Date : 30/5/25  
M. R. No. : 094497639 Clinical Diagnosis :  
Consultant :

WHOLE ABDOMEN - FEMALE

(K/c/o - Urologist)

LIVER : 15.4 cm, Normal size & increased Echo  
GALLBLADDER : Contracted, A hyperEchoic foci of size 12.  
mm noted within GIB, another hyperEchoic foci  
SPLEEN : size 4mm with posterior acoustic shadowing not  
8cm-normal Suggested Review after overnight fasting  
PANCREAS : ~~Normal~~ → Normal  
RT - KIDNEY : 10 x 4.1 cm } normal size & Echoes  
LT - KIDNEY : 10.1 x 4.3 cm }  
AORTA & IVC :  
BLADDER : minimally distended.  
UTERUS : 6.1 x 5.5 x 4 cm ET = 7.8mm  
OVARIES : RO = 2.6 x 1.5 cm  
LO = 3.3 x 2.6 cm

IMPRESSION : (1) Grade 1 fatty liver  
(2) HyperEchoic foci in GB - suggested  
by Radiologist

15/25

Case Reviewed [Known case of cholelithiasis]

Gall bladder - contracted

two hyperechoic foci noted within the lumen  
gall bladder with posterior acoustic shadowing  
largest measuring upto 12 mm.

Imp: Cholelithiasis

- Suggested further evaluation if  
clinically indicated

11/

## BALAJI HOSPITAL

|                |                                     |      |            |
|----------------|-------------------------------------|------|------------|
| NAME           | MRS. SHALNI                         | AGE  | 39 YERS    |
| CR. NO         |                                     | SEX  | FEMALE     |
| REF/CONSULTANT | Dr.V.Govindharaj MBBS., DNB., MCh., | DATE | 18.04.2025 |

*Real time B-mode ultrasonography of Abdomen & KUB done.*

### Abdomen & KUB

Liver normal in size measuring 15.4cm and shows increased parenchymal echoes. No abscess or mass lesion in the liver. No IHBR dilatation.

GB: Appear distended with multiple hyperechoic calculi noted in body and neck of gall bladder largest measuring 12mm, wall thickness measures 5.6mm

Pancreas appeared normal in size and echotexture. No calcification / MPD dilatation. No peri-pancreatic fluid collection.

Spleen appeared normal measured 7.6cm.

Right Kidney measured 9.7X4.5 cms. Left Kidney measured 10.8X4.5 cms.

Both kidneys are normal in size and echotexture. No calculi seen. No hydronephrosis.

Bladder partially filled. No abnormal wall thickening / calculus within.

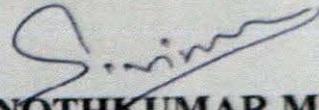
Uterus measures 5.2 x 2.5 cm. endometrium thickness measures 11 mm.

Right ovary 2.5x2.7cm, left ovary measures 2.3x2.5cm

No free fluid in abdomen and pelvis

Impression

- Grade I Fatty liver
- Acute Calculous cholecystitis.



**DR.S.VINOTHKUMAR MDRD**

**CONSULTANT RADIOLOGIST**



**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**  
**ULTRASOUND REPORT**

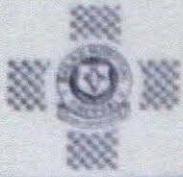
Name : Mrs. ~~Shanthi~~ Shalini. Age & Sex : 39/f Date : 25/03/2025  
 M. R. No. : 094497639 Clinical Diagnosis :  
 Consultant :

**WHOLE ABDOMEN - FEMALE**

LIVER : 15 cm, (N) size, increased echos  
 GALLBLADDER : Partially distended. - Multiple (3-4) calculi noted. <sup>in GB lumen</sup> largest measuring 14.5mm.  
 SPLEEN : 8.5 cm  
 PANCREAS : Head, body (N) tail obscured.  
 R - KIDNEY : 10 x 3.8 cm }  
 L - KIDNEY : 10 x 4.2 cm } (N) size & edges  
 AORTA & IVC : -  
 BLADDER : Empty. - Suggest review with full bladder.  
 UTERUS : }  
 OVARIES : } could not be assessed. d/t Empty bladder.

- ① Grade I fatty liver
- ② Cholelithiasis

*[Signature]*  
 Radiologist



☎ 044-27428304, 044-27428444

# பாலாஜி மருத்துவமனை

14, வரதனார் தெரு, வேதாசலம் நகர், செங்கல்பட்டு.

Rx Mrs. Shalini / 39 (F)

தேதி... 15/4/25...

CF - Vomiting / Nauseous (1 day)  
Stomach + Back pain.

BP - 100/60 mmHg.  
SpO<sub>2</sub> - 99%  
PR - 77/ms.

H/o - Cholelithiasis.

To Do

- USG Abdomen + KUB

Rx: Inj. Drotin 2M stat.

|                              |           |                |
|------------------------------|-----------|----------------|
| T. Chexid <sup>10mg</sup>    | 1 - 0 - 1 | } 5<br>3 Days. |
| T. Librax                    | 0 - 0 - 1 |                |
| T. Lowfe (Cough)             | 1 - 1 - 1 |                |
| T. Zencovit <sup>(500)</sup> | 1 - 0 - 0 |                |

Cap of facial (any) 101 x 14 days

|          |                                   |          |            |
|----------|-----------------------------------|----------|------------|
| Name     | MRS. SHALINI NARESH KUMAR         | Age/ Sex | 40YRS/F    |
| Ref. No. | 320                               | Date     | 11.08.2025 |
| REF BY   | DR.S.SAMUNDEESHWARI, MBBS.,DMCH., |          |            |

**USG ABDOMEN AND PELVIS**

**Liver:**

Liver is mildly enlarged in size [ 15 cm ] and shows diffuse increase in echopattern with no evidence of focal lesion. The intra and extra hepatic biliary radicles are not dilated. The portal vein and the hepatic veins appear normal.

**Gall bladder:**

Contracted

Few calculus noted in the GB largest measures 9 mm. CBD measures 4 mm

There are no pericholecystic fluid collections.

**Pancreas:**

The pancreas is normal in size and echotexture. There is no e/o main pancreatic duct dilatation.

**Spleen:**

The spleen appears normal in size and measures 8.5 cm. The splenic vein is normal in size.

**Right kidney:**

Right kidney measures 9 x 4 cm. No e/o calculi / calyceal dilatation / hydronephrosis.

The cortical echoes and the cortico-medullary differentiation appear normal.

**Left kidney:**

Left kidney measures 10 x 4 cm. No e/o calculi / calyceal dilatation / hydronephrosis.

The cortical echoes and the cortico-medullary differentiation appear normal.

Satish Nagarajan  
35, Third Main Road,  
Krishna Nagar,  
Chromepet,  
Chennai 600044  
Mobile: 9840402019

Mel No: 6686  
HUE Level: 08

## **Title: Human Universal Energy (HUE) Mediation – A journey in communication with my soul and continuing in soul mission**

I joined in HUE in the year 2011, where I was taught with a three breathe HUE Mediation in the basic level. When I started doing it regularly, I felt energy in the body, very relaxed, peace after the mediation. My mind and body health were improving and could lead my life peacefully. During mediation, sometimes I felt I do not exist, thoughtless, without any conscious. Only I get conscious after 10 or 20 minutes. This was my experience during basic level. Though mediation gave lot of benefits, I felt meditation helped me to communicate with God, guided me in HIS path. I share below some of the situations where my inner voice guided me, my family, others, also in my mission.

Like master said opening of chakras is opening of your inner consciousness. I felt my inner voice guiding me whenever I seek help. I gave the first healing to my daughter the day my chakras got opened, she had fever that day and she vomited immediately after given the healing. I got fear in me, immediately I calm down and asked my inner self. Voice said "Do not worry, it is a purification". After few minutes, fever got healed and she became normal.

One day, I had a fever suddenly, I asked within myself and inner voice said, do the mediation. I did, immediately after meditation, fever got healed completely. This brought me, more faith in Universal energy, mediation and seeking inner voice.

I registered for Intermediate level I, the day before that night I fought with my wife, In the early morning, I had fever and severe headache. I asked my inner voice, it said "You fought with your wife; ask sorry". The moment I asked sorry to my wife, a heavy energy came and filled me, my fever and headache gone, completely healed. That day in Intermediate level I class, sister was taking inputs about Forgiveness. This experience gave me the learning on true love and benefit of forgiveness, obeying to one's inner voice.

In the year 2012, I completed 03 Intermediate Level II. One day, immediately after I did the double pyramid meditation, my inner voice revealed my mission as "Full time healer". I felt my soul was preparing my body to become the full-time healer, communicated the ways to free myself on material aspects and to lead me in spiritual aspect. In the same year, during the 04 Advance Level I class, Master through sister helped me to guide and confirm on my mission and path to follow.

In the year 2013, I completed 04 Advance Level I, once during my mediation, God showed me a vision, my soul joined with big divine light, indicated me, was ready for next level. I was not knowing what it was, that time sister guided my soul.

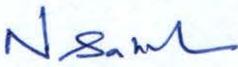
In the year 2013, I completed Level 20, I was having lot of challenges on selfishness and power struggle, where I thought it was my inner voice but misled by my ego and mind. I had gone through lot of struggles during that time, it was very hard for me to take guidance from sister directly but it was in

my meditation, I received all the guidance and support from God, Master and sister. During my purification times, in meditation God showed me in vision, how much sister is praying and supporting my soul to come out of struggle and proceed in my soul mission.

In the year 2014, I was given training and approved by our national center, to take basic level class as Instructor. By understanding the responsibility as an instructor, every time before the start of the session, in mediation, Seeking God and Master for HIS wisdom and enlightenment to use the body as HIS instrument for the benefit of students, received messages from Master, Jesus, Higher beings and showed their presence, graces in different forms to support the HUE class, students and the universe.

I thank God Almighty, Master soul, all supreme and higher beings for their continuous guidance and support. I thank president, sister, Raman brother for their guidance and support in continuing my mission. I thank my family members, all HUE students and everyone in the universe.

6<sup>th</sup> August 2025

  
(SATISH NAGARAJAN)

Pictures are attached



One day, while I was doing Level 20 meditation at my home terrace, from my mobile automatically this photo was taken, came out this picture showing Surrounded by Light of God during meditation.



Self-awareness totality session, Mahalingapuram, Chennai, 8<sup>th</sup> July 2016.

Master light body is seen in the photo here showing his presence to support the class.



01 HUE Basic Level seminar, Mahalingapuram, Chennai, 21<sup>st</sup> ,22<sup>nd</sup> ,23<sup>rd</sup> July 2017

In the morning of 22<sup>nd</sup> Jul 2017, I was praying to Sun God by looking at the sun to come for the class to support the class and the students. In the same day, evening, when I took the photo of the hall where class was held the Sun Logo came in the picture to confirm us HIS presence that day for the class to support the students.



01 HUE Basic Level Seminar, Mahalingapuram Chennai, 6<sup>th</sup> ,7<sup>th</sup> ,8<sup>th</sup> April 2018

Photo was taken just before the end of the seminar. Higher being presence is seen here to support the class.



01 HUE Basic Level Seminar, Mahalingapuram, Chennai 18<sup>th</sup>,19<sup>th</sup>,20<sup>th</sup> October 2019

Jesus Christ appeared on the cross during the HUE seminar, while doing the basic level meditation to support the students.



01 HUE Basic Level Seminar, Mahalingapuram, Chennai. 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> January 2020.

Master light body is seen here showing HIS presence to support the class.



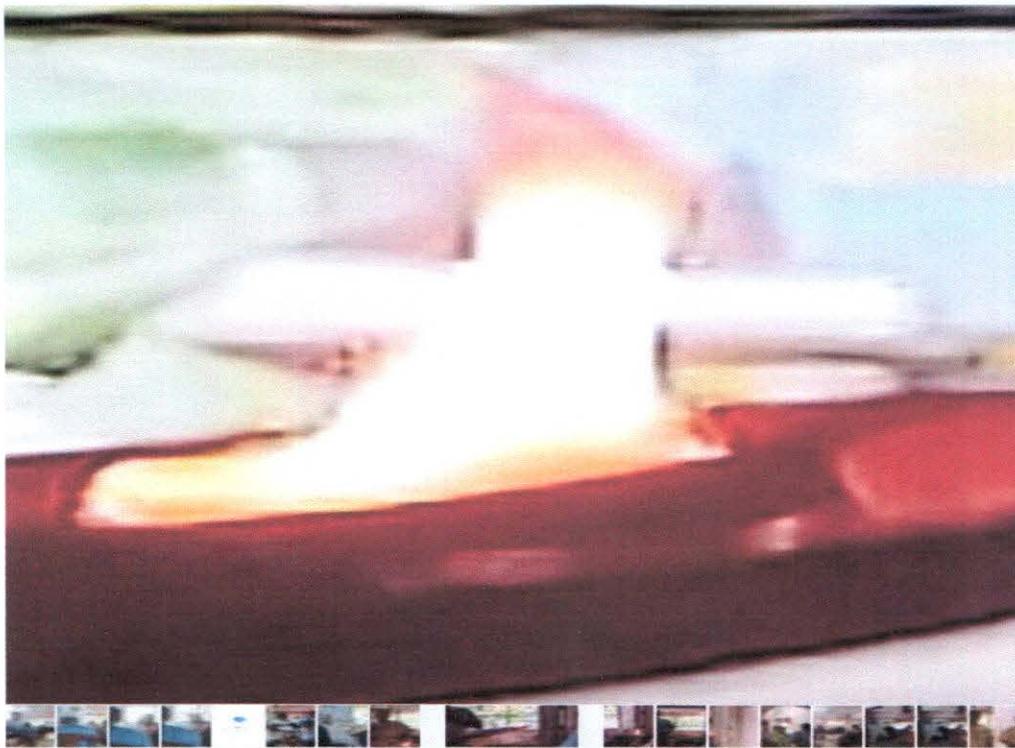
02 HUE Intermediate Level I seminar, Mahalingapuram, Chennai, 18<sup>th</sup>,19<sup>th</sup>,20<sup>th</sup> August 2023

During the prayer song, Welcoming Master and higher beings at the start of the seminar in the morning, Master opened his eyes, gave blessings to all of us and supported the class.



02 HUE Intermediate Level I seminar, Mahalingapuram, Chennai 5<sup>th</sup> April 2024

In mediation, I was connecting with our Master, praying for his wisdom for the intermediate level I class to be held from the next day, After the meditation, Jesus Christ came appeared on the sky and told I will be with you to support the class.



03 HUE Intermediate Level II seminar, Mahalingapuram, Chennai, 12<sup>th</sup>,13<sup>th</sup>,14<sup>th</sup> April 24.

During the prayer, welcoming the higher beings at the start of the seminar in the morning, Jesus Christ cross appeared in the light indicating arrival of Jesus Christ to support the students during the seminar.

Preeti K Poojari  
Divya Paradise,  
A block, Flat no-604,  
Bejai kapikad road,  
Mangalore 575004.  
Phone no : 9844021301

Mel no: 8520  
Level 20

### **HUE energy for Vegetable Kingdom.**

There is a Jackfruit tree which belongs to my neighbour in front of my clinic. I noticed a year back it bore fruits but it didn't grow in size, it turned black and it fell. Even the leaves were infected.

#### **Human Universal energy (HUE) healing (Treatment) :**

I started giving Human Universal Energy technique from Level 20, to the jackfruit tree and Vegetable kingdom, started pouring Human Universal Energy (HUE) water, Ricebath water to the jackfruit tree.

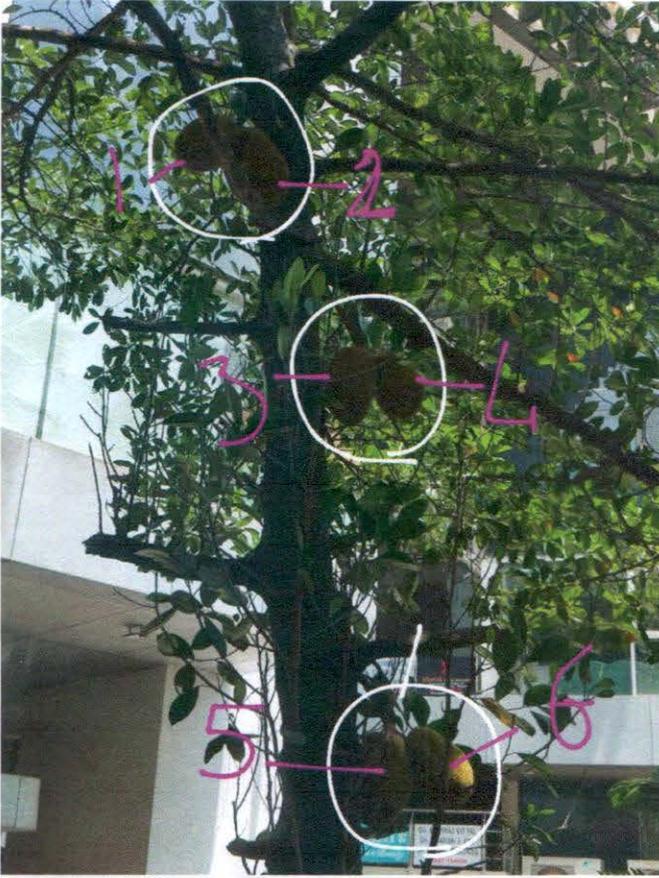
#### **Result-**

After few months I noticed the tree yielded 6 healthy fruits. Even the new leaves looked healthy.

#### **Conclusion:**

This shows how not only Humans even Vegetable kingdom can benefit and evolve after receiving Human Universal Energy, Human Universal Energy (HUE) water and Ricebath water.

I thank Universal energy and Master for teaching this technique.



Poojari  
Preeti K. Poojari

Preeti K Poojari  
Divya Paradise,  
A block, Flat no-604,  
Bejai kapikad road,  
Mangalore 575004.  
Phone no : 9844021301

Mel no: 8520  
Level 20

### **HUE energy for irritation of Eyes due to Contact Lens.**

I am Preeti K Poojari, 38 years from Mangalore.

I have long-sightedness since 18 years, I have been wearing contact lens since then.

In 2023, I noticed my eyes started watering and there was dryness in both my eyes, since then I started applying self healing technique of level 18 for my eyes and continued it.

After applying Level 20 self healing technique in 2025, due to the healing I became aware that due to continuous use of contact lens it was acting as a foreign body and causing irritation in my eyes leading to watering and dryness in both the eyes.

### **Human Universal energy (HUE) healing (Treatment)-**

I started giving myself daily self healing technique from Level 18 to Level 20 for eyes.

### **Result -**

I stopped wearing contact lens.

The eye watering reduced gradually and dryness of eyes healed completely.

After a month when I checked my long-sightedness power of both eyes, it had reduced from **-3.00 to -2.50.**

### **Conclusion -**

Human Universal Energy self healing technique has improved my vision and helped my eyes to heal.

I thank Universal energy and Master for teaching this technique.



## Eye Test Prescription

Customer Name  
**Preethi**

Eye Test Date **Wednesday, 14 May 2025**  
Store Address **Marian Paradise Streak, UG13,  
3W3-268/25, near Bejai Church, Bejai  
Main Rd, Mangalore - 575004.**

### Single Vision Power

| Rx        | Spherical | Cylindrical | Axis | Pupil Distance | Add. Power |
|-----------|-----------|-------------|------|----------------|------------|
| Right Eye | -3.00     | 0.00        | 0.00 | 34             | --         |
| Left Eye  | -3.00     | 0.00        | 0.00 | 33             | --         |

 **SRI DHARMASTHALA MANJUNATHESHWARA EYE HOSPITAL**  
(Unit of S.D.M. Medical Trust, Dharmasthala)  
Lal Bagh, MANGALURU - 575 003 Dr. D. Veerendra Heggade  
President  
☎ : (0824) 2457988, Mob : 8217408359  
E-mail : sdmeyemangalore@gmail.com

**17 JUN 2025**

Name: **DR. PREETHI** Age: **38** Sex: **F**  
Address: **Bejai** Mob.: **9844021301**

Regular check-up

Verf 6/60  
6/60  
Subf -2.50D / -0.50D x 180  
-2.50D / -0.50D x 180  
6/6  
6/6

**NU+NB**

**R -3.25**  
**-0.75 x 177**  
**L -3**  
**-0.25 x**

*Poojari*  
**Preethi K. Poojari**

N.Nagulavendhan,  
S/O. P.S.D.Narayanan,  
specialized 1  
1/162 Anbu Nagar,  
Kondanagaram,  
Tirunelveli,  
TamilNadu,  
India.  
Pin code: 62701

MELNo: 9930  
Level: 06-

I am N.Nagulavendhan. I am an allopathy doctor. I did my medicine in Crimea State Medical University MD (Physician) of Ukraine which is in Russia now. I had registered in National medical council and also in Tamil Nadu state medical council and practicing privately (Reg No: 82241.I have my clinic in Suthamalli ( Tirunelveli) gives service for past 18 years.

My health report. I had frequent sinusitis. I was taking T.Eltiroxin 100mcg per day from my childhood at the age of 12 as I suffered from Hypothyroidism.

**I heard HUE from my sister and so I entered into HUE family. I learned about thought pattern which changed my thought pattern. Giving self-treatment and meditation after 4 months of giving HUE my health improved and I stopped my medication for hypothyroidism. HUE treatment healed my sinusitis.**

I started to give HUE treatment to my patient. I have seen and realized a lot of Miracles happening to my patient.

**Now I do suture without Local anesthesia. I use only UE water for dressing the wound and I use only UE water for preparation of skin before suturing lacerations, ear lobe repair etc., .Presently antibiotics usage is totally reduced more than 75% in my clinic.**

For example, one patient named Mohammed Masood aged 21 came with Sebaceous Cyst in right axilla. He came regularly for healing 4 times (once a week) at my surprise the cyst was completely resolved. I have enclosed the photographs of the cyst.

I thank God Almighty, Master and all of you for giving me a great Boon. I thank my sister for introducing HUE family to me.

*N. Nagulavendhan*





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MEL Number: 6515  
Level: 06 Specialized I

## **A personal transformation through HUE Teaching and Techniques**

This is to present my life-changing impact the HUE teaching and Techniques have had on me. Since I began studying and practicing them, I have experienced a deep sense of inner peace, clarity, and emotional healing that I had been needing for over many years. This journey has not only transformed the way I see the world but also the way I understand myself. I feel more balanced, more connected, and more purposeful in my daily life. I am truly grateful for this profound transformation and for the guidance that has led me here.

### **When did I join HUE Basic Level?**

At the time I joined the HUE Basic Class in Chennai on July 17, 2010, I was a 37-year-old man with what many would consider a stable and successful life. I was married, with two sons, my elder was 7 years old and the younger just 3. Professionally, I was working as a Senior Manager at HCL Technologies, earning a good salary. Financially, we were comfortable: we had our own home, a car, and my caring retired parents were receiving a steady pension.

### **My Problems before joining HUE**

#### **Health Problems**

However, beneath that stability, I was silently struggling with serious health issues brought on by prolonged work stress and challenging family situations. I had been diagnosed with **peptic ulcer** and **irritable bowel syndrome (IBS)**. For nearly six years, I was dependent on multiple medications just to function—Librax (2.5 mg) twice a day, Alprax Plus once daily, Dompan OD once daily and Pantoprazole three times a day. Without these medicines, I couldn't digest food properly, nor could I sleep. Skipping even a single dose would lead to **severe acid reflux, gastritis, and vomiting**.

In addition, I suffered from frequent **throat infections**, occurring at least once every three months. These episodes would be triggered by changes in weather, shifts in drinking water, exposure to dust, or even consuming cold foods. Initially, I relied on antibiotics like Amoxicillin or Erythromycin, but over time, the infections became resistant to these medications. As a result, I had to take stronger and more aggressive antibiotics, which further damaged my digestive system.

These recurring infections severely affected my lifestyle. I constantly carried hot water, bathed only in hot water, taking head bath once a week and wore a scarf during nights to avoid exposure to cold air. I had to be extremely cautious about what I ate, carefully choosing foods that wouldn't upset my stomach or trigger another throat infection. It was an exhausting and restrictive way to live.

Due to continuous intake of tablets and ongoing health issues, I developed a **fatty liver** and elevated **blood cholesterol levels**. Over time, I began gaining weight and became obese. My blood pressure rose to **160/100 mmHg**. Based on my glucose tolerance test results, doctors warned that I was at **high risk of developing diabetes**. Since I work continuously on a computer and suffer from **sinus problems**, I often experienced **migraine headaches**. An ENT specialist once performed surgery to remove a nasal blockage to relieve the sinus issues. However, the relief lasted only for about six months before the sinus symptoms returned.

### **Personal problems**

All these health conditions began to severely affect my life, both physically and emotionally. The constant discomfort and stress led to frequent irritability, which started impacting my personal life. I faced increasing relationship problems with my wife and her family. Over time, the bond between my wife and me began to deteriorate. Unfortunately, the situation worsened as my in-laws became involved, which only intensified the conflict. Eventually, we separated, and my wife took our children with her to her mother's home. The strain became so overwhelming that I even considered divorcing her.

## **Personality before HUE**

I used to be driven by a strong desire to earn more money and achieve professional success. I worked hard, constantly seeking appreciation and career growth. In the process, I rarely took time to relax or spend quality time with my family, always giving priority to work over personal life. Continuous late-night work, frequent travel to the USA, and lack of rest gradually took a toll on my health. These habits were among the main contributors to my current health conditions. I also carried a sense of pride in being a Master of Technology degree holder and a well-paid Software Engineer, which further fuelled my relentless pursuit of success

## **Divine Gift – Joined HUE family**

At this point in my life, I received God's valuable and great gift through the HUE teachings, guided by Sister and the Master. Ramaiah was my manager at office, and he introduced me to HUE after knowing my problems. Gopinath was my instructor, and through him, I felt I found many answers to the questions I had been searching for all along. A few months later, I had the opportunity to meet sister in person when I came for auditing the Basic Level course. Sister looked at me and asked, "Who are you?" I replied, "Sister, I have completed the Basic Level." Sister said, "Okay, you came for auditing—go back and sit. Just listen, and don't ask questions. If you have questions, you can ask during the break." I went and sat at the back. That was my first conversation with sister, and that moment is forever recorded in my soul.

## **Improvements after Basic Level**

### **Improvements in Health**

After completing the Basic Level, I began practicing meditation and self-healing regularly. Gradually, I started noticing a positive shift in my life. I began making time for myself, relaxing more, and spending quality time with my family and friends. I also developed the habit of giving energy to my food before eating, which gave me the confidence to enjoy all kinds of foods without fear. Slowly, I began transforming my lifestyle—**waking up early, doing morning exercises, and going to bed on time. My digestion improved, and over time, I stopped relying on tablets altogether. Now, I only take homeopathic medicine when absolutely necessary and have completely stopped using all other drugs.**

I began drinking cold water and eating all types of food after giving energy to them. I even started taking cold water baths—including head baths—every day. To my surprise, my sinus issues, throat infections, and migraine headaches were completely cured.

### **Improvements in personality**

**I still remember hearing sister's voice loud and clear during the Basic Level class: "You are all love beggars. You have money, a home, clothes, and everything for your material life—but you are all begging for love. Love is to give, not to take. "Those words struck me deeply. I began reflecting on my actions and realized the mistakes I had made. I finally understood what true love means—not possession or expectation but giving from the heart. This realization marked the beginning of my transformation into a more loving and spiritual person.**

### **Improvements after Intermediate Level**

On 22nd May 2011, I completed Intermediate Level I, and on 16th October 2011, I completed Intermediate Level II. **By this time, I had fully recovered from all my health problems. My blood pressure normalized, my cholesterol levels become normal, my fatty liver condition was resolved, and my blood sugar levels consistently remained within the normal range.**

**Since reaching the Intermediate Level, I have been maintaining two lists: a *Permanent List* and a *Temporary List*, where I included the names of my family members, relatives, friends, and colleagues. Every day, I send HUE energy to everyone on these lists. Over time, I observed noticeable improvements in my relationships—more harmony, understanding, and emotional connection. This consistent practice helped me clear past misunderstandings and strengthened my bonds with those around me. I stopped chasing professional growth and no longer felt the need to run behind promotions or external success. Though I continued with my job, I carried a deep sense of contentment within me.**

**In time, my personal life began to heal. My wife returned to me with our children, and our relationship—as well as my relationship with my in-laws—**

improved significantly. Now, at the age of 52, I am living a healthy, peaceful life, surrounded by love and harmony in my relationships.

### **A self-realization Moment**

Recently, A patient named Shanmuga Priya approached me for help, who is the same age as me—52 years. As she shared her story, **I could see my past in her present. She is going through all the health and emotional struggles I faced at the age of 37. Now divorced, she has deep conflicts with her parents, strained relationships—even with her own daughter—and is battling obesity. With tears in her eyes, she said, “I am longing for love. There’s no one to love me.”** That one sentence immediately transported me back to Sister’s Basic Level class, where I first heard sister saying, **“You are all love beggars. You have money, home, clothes, and everything for your material life—but you are all begging for love.”** I paused for a moment and stepped back within myself. I thought, **“If I hadn’t come to HUE at the age of 37, I might have ended up just like her.”** That realization filled me with immense gratitude. I am truly blessed to have received the Divine gift of HUE from God, through Master and through Sister. How can I ever express my gratitude enough—to Master, and to Sister? Words seem so small compared to the transformation I’ve experienced.

### **Helping others through my life transformation learning**

Shanmuga Priya initially came to me seeking flower medicine. As I was speaking with her, **I received a gentle message from Master: “Why don’t you ask her to attend the HUE Basic class?”**

Honestly, I didn’t have much confidence she would agree. She had already told me, *“I’m very busy with my business and work. I don’t have time.”* Still, because Master had guided me, I decided to ask her anyway. As expected, she replied, *“I don’t have time to attend a 3-day class.”*

I connected with Master again, and **he gently said, “It’s okay. Just send her the class details.”** I followed his guidance.

I told her, “I understand you’re busy, and it may seem difficult to take three days off. But these issues in your life are not small—and it’s important that you take a step to come out of them. **Just sit in front of Master’s photo, pray to him, and tell him: ‘I want to attend the class. I want to come out of all these problems.’ That’s all.”**

To my surprise and joy, she listened. She sat in front of Master's photo and prayed sincerely. I sent her the class information. And to my delight—she attended the class. **After completing it, she called me and thanked me deeply for introducing her to the HUE teachings. That moment was incredibly fulfilling.**

### **Conclusion**

HUE Technique self-healing transformed my life from sick person to healthy person. HUE teaching and practices like meditation and healing others transformed me from a greedy person to loving person.

With the learning from my life transformation, I could help others to transform their life also.

Thank you, Almighty God, Master Dong, and Sister, for accepting me as a HUE student. I am deeply grateful for this Divine gift that transformed my life. I will remain forever thankful for your love, guidance, and blessings.



Thank you very much Sister!

P. Gopi Gavaskar

10-Jul-2025

Dear Sister,

I am Abarna, wife of Gopi Gavaskar. We got married by 2002, Since marriage Gopi was having migraine and frequent throat infection. Every now and then we were into hospital for his sickness. He used to visit multiple doctors in allopathy and homeopathy for his cure.

Later he got into stomach issue, He got allergic to certain food then started vomiting to get relief from the same. When diagnosed, Doctor said that he had irritable bowel syndrome. Initially he was treated by Dr Subramaniam. He prescribed tablets Librax, Alphrax Plus, Dompan OD, pantoprazole for several years. Due to this medication, he was not able to travel as he is not comfortable with outside food. Doctor advised him to take only home food without spices and oil. He was advised not to take non vegetarian food.

After joining HUE class, He started doing meditation. He used to do with pyramid. He got control over IBS and recovered from all his diseases.

Now he takes all types of food, travel frequently, takes outside food, he never takes any medicines, He is not getting throat infection and migraine issues.

if required absolutely, he will take Homeopathy medicines.

Now he regularly engages himself with physical activities and mediation.

Thank You

Regards,

R Abarna

**MEL Research & Advanced Development (MEL & AD) Centre**

**Paper Presentation**

**Name:** K S Thanuja Rani  
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Jayamahar Road, Opp. TV Tower  
Bangalore - 560006

**MEL No:** 9239  
**Level:** 05

**LEG PAIN TREATED USING HUE TECHNIQUE + HUE WATER**

**Patient Name:** – Mrs. Christina

**Age:** – 35 years

**Place:** – Bangalore

**HUE Treatment:** – Advance Level I (04) technique.

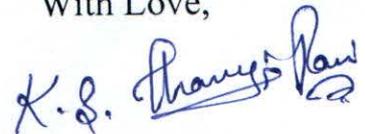
**Description:** This is a 35-year-old female patient. She was suffering from leg pain; when I diagnosed, I got sensation in my both legs, so I added her name in my temporary list and started transferring energy as per 04 level technique. Once she had severe leg pain that she was unable to use staircase, at that time I offered her HUE water, and asked her to drink, she drank it.

Next day, when I asked her how is her leg pain; she answered me with surprise “oh! Today I did not get pain at all; I completely forgot about my pain.”

It is almost 2 years now; she never experienced leg pain again. The evidence attached.

Thank you Master Dang

With Love,



[ K S Thanuja Rani ]

Names the

My name is Christina I had  
severe leg pain since many

years because of pain I was  
facing difficulty to walk and

climb the stairs once Thanya  
ARKA saw me suffering and  
she gave me hot water

and asked me to drink.  
After drinking the hot water

the pain ~~went~~

completely disappeared.  
Now I have completely  
forgotten that I had

leg pain.

Thank you ARKA

Christina A

## MEL Research & Advanced Development (MEL & AD) Centre

### Poster Presentation

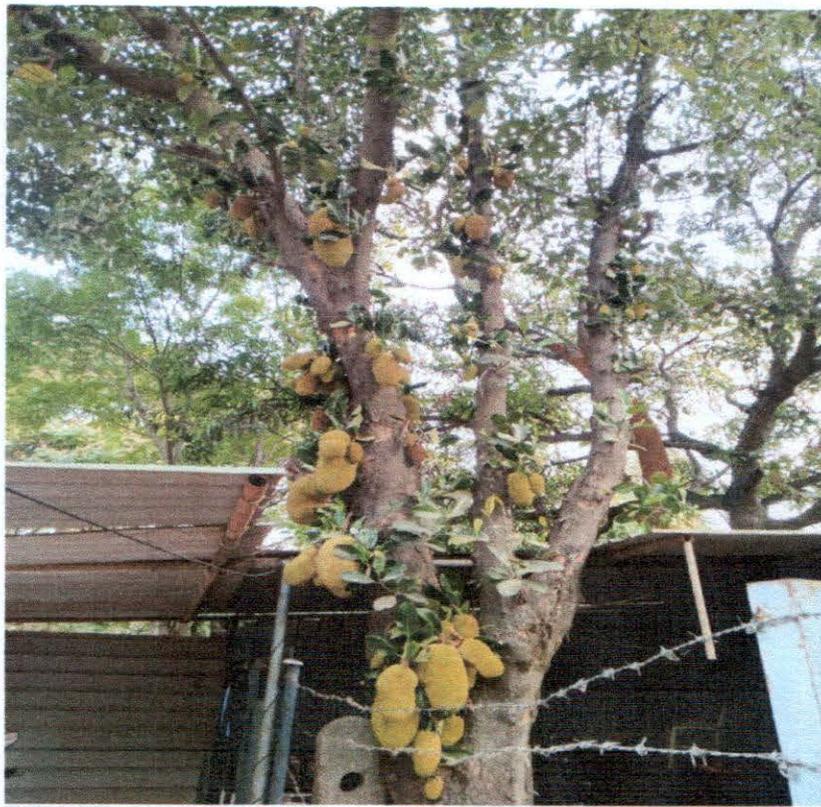
**Name:** K S Thanuja Rani  
**Address:** #121/1, MI Lines  
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Jayamahal Road, Opp. TV Tower  
Bangalore - 560006

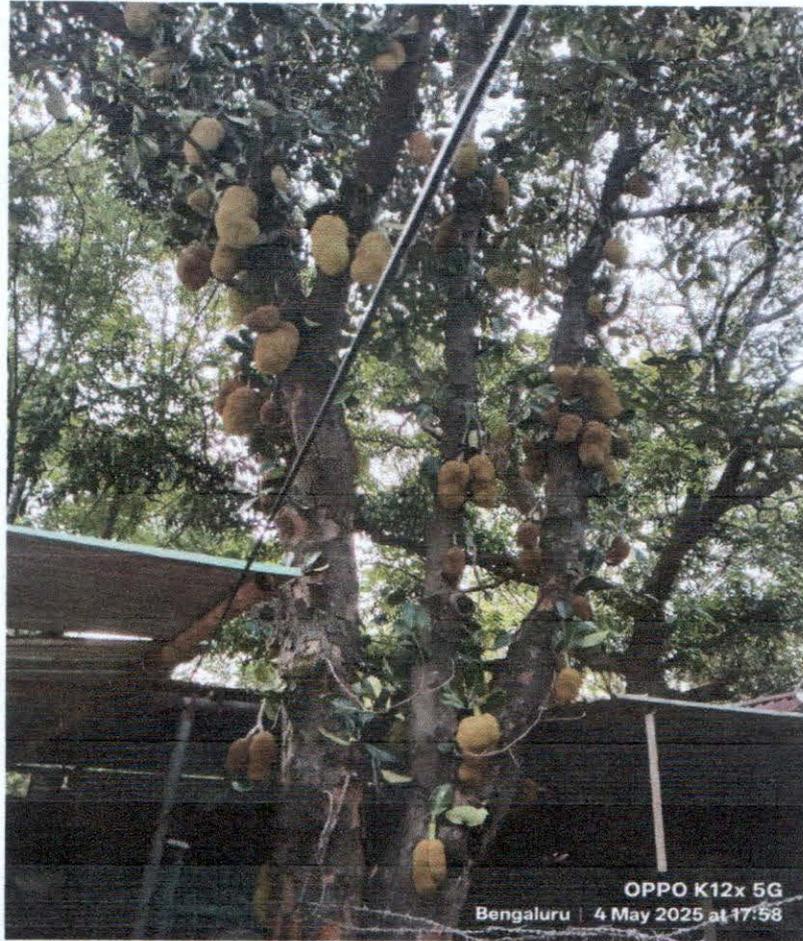
**MEL No:** 9239  
**Level:** 05

### HUE AND ME

Namasthe Brothers and Sisters,

Initially this whole tree was giving maximum 10 numbers of jack fruits. After applying HUE technic for vegetable kingdom, the same tree has started giving nearly 100 numbers of sweetest jack fruits. Photos attached.





Master enlightened me and gave technic for vegetable kingdom, by applying that I realized not only human beings other kingdoms like - mineral, vegetable, and animal kingdom depends on love energy.

Thank you Master Dang

With Love,

*K. S. Thanuja Rani*

[ K S Thanuja Rani ]

**VeeraLakshmi**

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MEL Number:127

HUE Level : 01 - Basic

## **Case Presentation on hypothyroidism**

### **My Health Problems**

I have been diagnosed with **hypothyroidism for the past eight years** and have been on medical treatment for this condition throughout this period. Following this diagnosis, **I developed rheumatoid arthritis**, for which I also began receiving pharmacological therapy. Additionally, I have experienced **chronic wheezing symptoms persisting for over ten years**.

**During this time, I was diagnosed with fatty liver disease and have struggled with obesity, which has contributed to back pain. Clinical evaluation revealed bulging of the L4 and L5 intervertebral discs in my lumbar spine.** I have also suffered from **severe migraines in conjunction with significant mental stress**.

These ongoing health challenges have placed considerable strain on my personal life, notably affecting my husband's well-being. Consequently, he recommended that I seek psychiatric counselling to help manage the psychological impact of my chronic illnesses and frequent medical consultations

### **My experience in Healing**

As my health began to deteriorate, I developed a tumour in my neck, which appeared to be related to a thyroid problem. Around the same time, my husband

encouraged me to consider counselling. I also began thinking about trying yoga and meditation for relief.

It was then that I had the opportunity to meet **Arivu Kathir Brother**. He provided me with treatment for **the bulge in my neck using HUE healing** and also applied acupuncture needles around the affected area.

Over time, the tumour gradually reduced in size. During the healing process, I experienced a strong salty taste in my mouth, and eventually, the tumour completely vanished.

**This remarkable improvement gave me newfound confidence in the power of healing practices.**

### **Received Divine Gift**

Based on Arivu Kathir's recommendation, I attended **the Basic Level Part I class in March 2024**. However, even after completing the course, I did not practice healing and meditation regularly; I only did them occasionally.

In November 2025, I participated in an *Intensive Journal* session held in Nagercoil. That experience became a turning point in my life. After the session, I began hearing an inner voice, which started offering me valuable guidance in various aspects of life.

Encouraged by this transformation, I attended the Basic Level Part II class in February 2025. Following that, I began practicing meditation and self-healing consistently and with greater dedication.

### **Improvement in my health condition**

When I initially began practicing meditation, my mind was filled with numerous thoughts, making it difficult to focus. However, over time, **I started experiencing a deep sense of inner peace, where my body, mind, and soul felt aligned**. This feeling of peace became something I truly cherished.

During meditation, I began asking myself the profound question: *"Who am I?"* As I went deeper within, I **experienced a release of negative emotions and thoughts.** **It felt as though I was viewing myself from the perspective of others,** noticing the negativity I was holding onto. Eventually, I reached a point of realization — that I am nothing but air. I felt weightless, as if I had no physical body at all.

**As I continued giving myself regular self-healing, my physical ailments began to gradually disappear. Today, I am no longer taking any medications for the issues I** faced earlier. I no longer feel the symptoms or problems that once affected my health.

### **My experience of healing others – Treatment given to my Husband**

My husband developed a noticeable bulge in his nose, which raised concerns in our family. My daughter suggested that it might be related to an issue with his lungs. Wanting to understand more, I consulted my instructor and learned how to interpret the energy reading related to his condition.

**Using the healing techniques I had learned, I began applying them to my husband regularly. Over time, the bulge gradually reduced and eventually disappeared completely.**

One day, during this healing journey, I heard an inner voice say to me: *"I cured your husband from a very big problem."* That message deeply affirmed my belief in the healing process and the power of inner guidance.

I thank almighty GOD, Master Dong, my friend Dr. Amalavathy, Satish brother and ArivuKathir brother for healing, HUE class and spiritual guidance.

I also thank Nagalakshmi and Jeo prinya sisters as they recommended me for taking flower medicine and meridian treatment. I thank Anbukannan brother for giving psycho spiritual counselling. I thank my father Nagalingam brother who guided me Intensive journal which helped me lot to progress in HUE practice and healing my problems.

G.V-186



G.V. 124

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Mel. No .8853

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Level – Level 20

Ph.No : 9444918783

## CORRECTION OF LEFT-HAND THUMB FINGER

### Introduction:

My 2<sup>nd</sup> daughter was born on 12.12.2019, we named her P.Kaarkuzhali. After 4 months I have noticed she was not moving her left wrist, her thumb abnormal and other fingers are bending

### Picture Ref as below:



Application of Hue Technique :

In the year 2020, I completed the Level - 04 Advance Level I, I have decided to apply the Hue Technique daily to my daughter till 27.06.2020 and then from 28.06.2020, I have applied the Hue technique of 05 Advance Level II which I have completed on 28.06.2020. Till the Left-Hand Thumb finger corrected which we have noticed on 01.12.2020.

Picture as below :





Conclusion :

Through application of Hue Technique , I have experienced the changes in my daughter Left hand thumb Finger without any other medical interference.

**I Thank Master and Almighty God.**

**Date : 07.08.2025**

**Signature**

**S.Praveen Kumar**

# மனித பிரபஞ்ச சக்தியில் என் வாழ்க்கை

(HUE AND MY LIFE)

பெயர் : லெஸ்லின் சேவியர் பெனட்,  
ரீத்தாபுரம், ரீத்தாபுரம் அஞ்சல்,  
கன்னியாகுமரி மாவட்டம் - 629 159

MEL NO. 7544

Level 20

Phone: 8015424589

நான் என் வீட்டிற்கு முதல் மகன். எனக்கு திருமணம் 15.02.1996 வருடம் நடந்தது. என் மனைவியின் பெயர் செல்வபுஷ்பா ஹிபா. எனக்கு இரண்டு குழந்தைகள். ஒரு மகனும், ஒரு மகளும். மகன் பெயர் சஜின். மகள் பெயர் சன்னில மேரி. மகனை B.E.Fire & Safety படிக்க வைத்தேன். மக்களுக்காகவும் அவர்கள் படிப்பிற்காகவும் நான் வெளிநாடு சென்றேன். வருடத்திற்கு ஒரு முறை 3, 4 மாத லீவில் வருவேன். 25 வருடங்கள் உருண்டோடியது. பின் அவள் என்னிடம் பழகும் விதத்தில் மாற்றத்தை பார்த்தேன். பிள்ளைகளும் என்னிடம் ஒன்றும் சொல்லவில்லை. கொரணா வந்தது. அந்த சமயத்தில் 5 மாதம் லீவு எடுத்து வந்தேன் 04.06.2021-ல் கொரணா முதல் ஊசி போட்டேன். 2-ம் நாள் உடம்பிற்கு மிகவும் முடியாமல் இருந்தது. இரவு 01.30 மணி அளவில் என்னை தட்டி எழுப்பி 05.06.2021 என்னிடம் சொல்லுகிறார்கள். குமாரை! திருமணம் செய்துவிட்டேன். அவன் கூட தான் வாழ்ந்து கொண்டிருக்கிறேன். இதை கேட்ட உடன் என் உடம்பில் ஒரு சாக் அடித்ததுப் போலிருந்தது. என் உள் மனம் கூறியது. உன்னை கொல்ல அவள் முடிவு எடுத்துள்ளாள். மரமண்டு உனக்கு தெரியவில்லையா. நான் தான் அவளை உன்னிடம் சொல்ல கூறினேன். நேரம் வந்து விட்டது. “நீ உன்னையும், உன் பிள்ளைகளையும் காப்பாற்று. உசாராக இரு என்று என் உள் மனம் கூறியது”.

இதன் பிறகு தான் நான் ஒவ்வொரு விஷயமாக கேட்க தொடங்கினேன். அவள் கூறியது “திருமணத்துக்கு முன்னே நான் அவனை அன்பு செய்தேன். எங்களுடைய அன்பு தொடர்ந்தது. நீ இல்லாத நேரத்தில் நீ கட்டிய தாலியை எடுத்து அவனிடம் கொடுத்து இந்த வீட்டிலேயே அவனை திருமணம் செய்து கொண்டேன். கடந்த 10 வருடமாக அவர்களுடன் சந்தோஷமாக, ஜாலியாக இருக்கிறேன். எங்கள் இருவருக்கும் இடையில் யார் வந்தாலும், பிள்ளையோ, நீயோ வந்தால் கொண்டு விட முடிவு எடுத்துள்ளேன்.

நான் கேட்டேன். நீ அவனை திருமணம் செய்து விட்டு என் வீட்டில் இருப்பது தவறு அல்லவா. நீ அன்றே அவனுடன் போயிருக்கலாமே என்றேன். “அவர்கள் என்னை இங்கே இருக்க சொன்னார்கள் அவர்கள் சொல்வதைத் தான் நான் கேட்பேன். வேறு யார் சொல்லுவதையும் நான் கேட்க அவசியம் இல்லை. காரணம் நீ எனக்கு அனுப்பி தந்த பணத்தையும், நீ தந்த நகைகளையும் என் புருசன் குமாரிடம் கொடுத்துள்ளேன். உன்னையும், உன் பிள்ளைகளையும் கொல்ல என் புருசன் குமாரிடம் கொடுத்துள்ளேன்” என்று கூறினாள்.

நான் 26.07.2013-ல் மெல் குடும்பத்தில், என் தம்பி ஜோஸ் மூலமாக வந்து சேர்ந்தேன். நான் படிக்க வந்த பொழுது இவ்வளவு பெரிய காரியங்கள் உள்ளது என்று கூட தெரியவில்லை. தம்பி சொல்லுகிறான். சும்மா சரி என்று கூறி சும்மா டைம்பாஸ்க்காகத்தான் வந்தேன். கடவுள் என்னை காப்பாற்றத்தான் MEL -க்கு அழைத்திருக்கிறார் என்பதை இந்த சூழ்நிலையில் புரிந்துக்கொண்டேன். ஏதோ, ஏதோ எண்ணங்கள் என் மனதில் ஓடியது. “அன்பு செய், மன்னித்து விடு” என்று ஒரு புறம் கூறியது. மறுபுறம் அவளை கொண்டு விட்டு ஜெயிலுக்கு போவது நல்லது” என்றது. பிள்ளைகளின் முகம் என் மனதில் வந்து ஓடியது. கடைசியில் “HUE Energy” சக்தி வென்றது. பின் நீ போய் சந்தோஷமாக இரு என்று அனுப்பி வைத்தேன். நான் இத்தனை வருடம் கஷ்டப்பட்டு சம்பாதித்த பணம் வீணாகியது! என்று மனம் சோர்ந்தது. “HUE” சக்தி கொடுத்தது. பிறகு குடும்பம் இரண்டாக பிரிந்தது. மகள் 10ம் வகுப்பு படித்து கொண்டிருந்தாள். மகள் என்னுடனும், மகள் அவளுடனும் பிரிந்தார்கள். என் வாழ்க்கையில் எதிர்பார்க்காத இந்த சூழ்நிலையை தாங்கி என் எதிர்மறை சிந்தனைகளையும், செயல்களையும் தாங்கும் சக்தியை கொடுத்து விவேகமுடன் நடக்க உதவி செய்தது, மாஸ்டர்தான். இப்பொழுது என் மகள் சென்னையில் I.H.M காலேஜில் படிக்கிறாள். இது அவள் 2-வது வருடம்.

இன்று உங்கள் மத்தியில் நான் நிற்கிறேன் என்றால் “HUE” சக்தி தான் என் வாழ்க்கையை காப்பாற்றியது. இல்லை என்றால் நான் உயிரோடு கூட இருந்திருக்க மாட்டேன். இதை அறிந்த கடவுள் என்னை “HUE” -க்கு கொண்டு வந்து என்னை Level 20 மட்டும் முடிக்க வைத்தார். இந்த சக்தி தான் என் வாழ்க்கைக்கு உயிர் ஊட்டும் சக்தியாக இருக்கிறது.

இந்த சூழ்நிலையில் கை கொடுத்த என் தம்பி ஜோஸ்சையும், என் சோகத்தில் பங்கு கொண்ட சிஸ்டர் அம்மாவையும், ராமன் பிரதர் மற்றும் “HUE” நண்பர்களுக்கும் என் நன்றியை கூறிக்கொள்கிறேன்.

என் உயிரை காப்பாற்றிய “HUE” சக்திக்கு நன்றி கூறி, கடைசி மூச்சுவரை எனக்க துணை நிற்க வேண்டி முடிக்கிறேன்.

மாஸ்டருக்கு நன்றி

“HUE” குடும்பத்தினருக்கு என் நன்றி.

இப்படிக்கு  
A-Leslin Xavier Benat  
A.Leslin Xavier Benat

## MEL RESEARCH AND ADVANCE DEVELOPMENT

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9176222178

MEL No:8919  
LEVEL: 06

அடிப்படை நிலை படிக்க வரும்போது, HUE பற்றி ஒன்றுமே அறியாமல் எனக்கு என்ன வேண்டும் என்று தெரியாமல் தான் வந்தேன். ஒரு சுயநல உணர்வோடு தான் வந்தேன். எனக்கு என்ன கிடைக்கும், எனக்கு என்ன கிடைக்கும் என்று. வந்த பிறகு தான் தெரிந்தது, இது எனக்கு மட்டும் இல்லை, மனித குலம், மற்றும் பிரபஞ்சம் முழுவதுக்கும் ஆனது என்று. நான் என்னைப் பற்றியும், எனக்குள் இருக்கும் இறைவனைப் பற்றியும் தேட ஆரம்பித்தது. ஒவ்வொரு நிலையாக எழுதுகிறேன்.

### BASIC CLASS:

எனக்கு அடிக்கடி Cold and Cough வந்துரும். மிகவும் சிரமப்படுவேன். Healing கொடுக்க கொடுக்க, ஒரு சின்ன சதை வந்து என் வாயில் இருந்து விழுந்தது. அதுல இருந்து அந்தப் பிரச்சினை இல்லை. பிறகுக்கு கொடுத்து

அனுபவம் அதிகம் இல்லை. எங்களது House Owner அக்காவுக்கு கொடுக்கும் போது, எனது எண்ணங்களும் சிந்தனையும் சரிவர இருக்க வேண்டும். நான் நேர்மறையான எண்ணங்களோடு இருக்க வேண்டும், healing கொடுக்கும் போது என்று.

INTERMEDIATE LEVEL 1:

Pyramid meditation செய்யும்போது மிகவும் ஆனந்தமாக இருக்கும்.

INTERMEDIATE LEVEL 2:

இரண்டாவது குழந்தை உருவானதே ஒரு அதிசயம். சிசேரியன் டெலிவரியின் போது, ஒரு செவிலியரின் வழியாக அங்கு கடவுள் இருந்ததை உணர்ந்தேன். டெலிவரிக்குப் பிறகு, நான் எப்போது எல்லாம் அவசர சிகிச்சை மற்றவர்களுக்கு கொடுக்கும்போது நான் முழுமையாக குணமடைந்ததை உணர்ந்தேன்.

ADVANCE LEVEL 1:

எனக்குள் வரையும் திறன் இருப்பதே தெரியாது. நான் ஆசிரியருக்கான பயிற்சி படிக்கும்போது எனக்குள் இருக்கும் LATENT ABILITY கண்டுகொள்ள முடிந்தது[ வரையும் திறன்].

எனக்கு முடி ஒரு இடத்தில் நல்ல  
வழுக்கையாக ஆரம்பித்து விட்டது. மாஸ்டர் எனக்கு  
healing'la சரி செய்து கொடுங்க என்று சொல்லி  
healing கொடுக்கும்போது, அதில் புதிய முடி வளர  
ஆரம்பித்து விட்டது ஒரு வாரத்தில்.

### ADVANCE LEVEL 2:

Mind'la வரக்கூடிய எண்ணங்களை என்னால்  
கவனம் கொடுக்க முடிந்தது. நான் விழுந்து வலது கால்  
பிரண்டு விட்டது. மிகவும் வலி, வலி பொறுக்க  
முடியவில்லை. பிறகு இரவு H.U.E தண்ணீர்  
தடவினேன், மாஸ்டர் ரொம்ப வலிக்குது எனக்கு சரி  
செய்து கொடுங்க என்று கூறினேன். காலையில்  
எழுந்ததும் ஒரு வலியும் இல்லை, எல்லாம் சரியாகி  
விட்டது.

இந்த நிலையில் நான் தினசரி செய்ய  
வேண்டிய கடமையை செய்ய வைத்து விடுங்கள்  
கடவுளே என்று கேட்டேன். எனக்கு ஒரு நாள், தினமும்  
மூன்று நபர்களுக்கு சமைத்து சாப்பாடு கொடு என்று  
வந்தது. அதன்படி, தினமும் மூன்று நபர்களுக்கு  
என்னால் சமைத்து, உணவிற்கு சக்தி பரிமாற்றம்  
செய்ய முடிகிறது. அவ்வாறு சக்தி பரிமாற்றம்  
செய்யும்போது, கடவுளுடைய சக்தி அந்த உணவிற்கு

செல்வதை என்னால் உணர  
முடிகிறது. நன்றி, மாஸ்டர்.

நான் பெற்ற ஆன்மீக உதவிகள்:

1. கடவுளுடைய அன்பு
2. சக்கரா opening
3. சக்தி பரிமாற்றம்
4. நல்ல, நேர்மறையான வார்த்தைகள்
5. சுய விழிப்புணர்வு, சுய சுத்திகரிப்பு, சுய முன்னேற்றம்
6. என் வாழ்க்கைக்கான பொறுப்பை எடுத்தல்
7. கடவுளுடன் தொடர்பு கொள்வது
8. மூச்சு பயிற்சி
9. அறியப்படாத சிப்பாய்
10. Help my country, region, family
11. Help Animal, Plant, Mineral Kingdom
12. To know, who am i?
13. Send love energy
14. Workout with my body, mind, ego and emotion
15. Send my ancestors soul to the light[God]
16. Latent ability
17. H.U.E water, Energy water
18. Garlic water
19. Counseling on advance level 1
20. Organizing the H.U.E class
21. ஒவ்வொரு நிலையிலும், உள்ள ஒவ்வொரு technique

இவையெல்லாம், மாஸ்டரிடம் இருந்து நான் பெற்ற உதவிகள். இது எனக்கு தெரிந்த உதவிகள். இன்னும் தெரியாத உதவிகள் நிறைய உள்ளன. 101 பாடம் மாதிரி, 101 உதவிகள் இருக்கும்.

இப்போது, சுயமாக என்னை அன்பு செய்ய முடிகிறது. ஒரு மனிதராக பிற மனிதரை புரிந்து கொள்ள முடிகிறது. ஒரு மனிதராக 50% வளர்ந்துள்ளேன் என்று என்னால் கூற முடியும்.

இந்த வாய்ப்பினை வழங்கிய இறைவனுக்கும், மாஸ்டருக்கும், அமலாவதி சிஸ்டருக்கும், ராமன் பிரதர்க்கும், அனைத்து பிரதர்ஸ் மற்றும் சிஸ்டர்ஸ்க்கும் நன்றி தெரிவித்துக் கொள்கிறேன்.

MEL RESEARCH AND ADVANCE DEVELOPMENT  
நன்றி. சாலமன் ரோச் பிரதர்க்கும் நன்றி.

நன்றி

இப்படிக்கு  
ரா.சிவப்ரீத்தி  
Date: 09-July-2025

NAME : T. DHARMAVADIVOO MEL No: 9159  
ADDRESS : 4 - 3 - 6A, 3RD STREET, KEELASURANDAI LEVEL :08 HUE Specialized  
SURANDAI - 627 859. Level-III  
PHONE NUMBER: 8838176071, 9489587640

#### HUE and ME

I was very sick, had many health issues such as wheezing, bronchial asthma, headaches, migraine, sinusitis, back pain, sciatica and neck pain. As a whole, I am a wounded person.

Seeing my situation, my aunty, who attended the 02 HUE Intermediate Level at Palayamkottai, introduced and advised me to attend it.

My daughter and myself attended the Basic Level on 19th - 21st July 2019 at Tirunelveli. Every day I gave self-healing. Slowly I regained my health. When I experienced the healing power, within 5 minutes treatment could do, I stood wonder many times. I wanted to share this healing with others. When I asked permission from my husband he said, "You may not go out, anywhere to heal anybody, and no one should come home for healing." I am allowed only to within the family.

I was disappointed and felt sad that I could not treat my neighbour whose child was suffering from Blood cancer. I practiced sincerely Meditation and self-healing, and to my family.

Experiencing the healing, within 4 months my husband also learned the HUE Basic Level. It was a big miracle for me.

Since he took basic level, it was easy for me to go to the next level. Then I attended 02 HUE Intermediate Level 1. There I learnt distant healing: Corona brought a blessing for me that I could do 03 and 04 via Zoom. I got healing power - treated many, but no personal growth were there. I went to the Centre to do 05. Where I met sister for the first time. 06 & 07 sister

was my instructor. I learned a lot from Sister, which helped me for my personal life. Thus, I was developing my character & personality. Since my "soul "was thirsty, I completed 08 (Level 20) on 19th February 2023.

After completing Level 20, I attended psycho-spiritual counseling, which opened me, gave a lot self-awareness. I started to search for my mission. I came to know what is " truth", what is "true love", how to love myself and accept myself, and so on. My great awareness is " true love" goes from the heart not from the head. When I did 05, sister said, I do all the techniques from mind, not from the heart. That time I couldn't understand, only in Level 20 I understood the difference, energy going from the head & energy going from the heart.

Understanding of my children & husband, having internal pride, my judgmental attitude, one by one I purified with my " NO name soul" . After these realizations, I purified myself, I could integrate my body, mind & soul to help others and raise "low to High".

That I know my purpose & mission, I took instructor training, now regularly, conducting " HUE " classes around my place. Regular classes are conducted, now my soul is happy, seeing others as healer.

I am very thankful for every one in HUE family, my family, relatives and all in Universe. I thank our president who gave more insight in Level 20. Through him I learned about "Master" and his selfless service to humanity.

Once again, a big thanks to one & all.

Yours faithfully,

T.Dharmavadivoo

Date:10-07-2025

Statement by Nandhavel, Son of Dharmavadivoo

Dear Director,

Witness: Nandhavel (son of Dharmavadivoo)

Before HUE, mother had many health problems like asthma, back pain, etc. After HUE, she has been relieved from above health problems. Her character was improved after the HUE, like not making over-emotional for all silly reasons. Our whole family was benefitted by HUE.

Yours sincerely,

T. Nandhavel.



HILTON

Date: 

criticizing, I couldn't accept myself, love myself. & so couldn't give love to others.

After these realization only I understood accept & purifying myself. I feel my life is full of learning & now this learning is given by my soul to <sup>body</sup> learn, so that can help other persons to bring them from low to high.

I came to know the purpose & mission of my life now. I am very thankful for everyone in HVE family, my family, relatives & all in universe. Thank you brothers & sisters.

Thank you brother for your supporting energy for all of us.

Thanking you

Yours Faithfully,  
T. Dharmavadiwo

T. DHARMAVADIVOO



Pharmavadiya



Date:

Dear, Director,

witness - Nandhavel (son of Pharmavadiya)

Before Hue, Mother has many health problems like asthma, Back Pain & after Hue, She has been relieved from above health problems. Her character was <sup>also</sup> improved after Hue. Like not making over-emotional for all silly-reasons. Our whole-Family was benefitted by Hue.

yours sincerely  
T. Nandhavel



**MEL Research and Advanced Development (MEL & AD) Centre**  
**Paper Presentation**

**Name:** T S Krithignitha  
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Gandhinagar, Mookandapalli,  
Hosur- 635126.

**Mel No:** 9406  
**Level:** 05

**HUE IN MY LIFE**

Since I couldn't have a good relationship with my parents, I was desperately looking for a help outside. Mrs. Jerlin, my close friend and neighbour introduced me to Human Universal Energy. I attended the Basic class in the year 2020 and got my chakras open.

I realised my ego and family pride was very high at that point of time and made a conclusion that I am not worthy to be loved. So I was facing a lot of negative response from others. I also realised I had a lot of inhibitions based on religion and worship of God. Then I also had a fear whether they may ask me to convert from my Hindu religion to Christianity or to some other religion or Belief system. I had so many confusion, fear and disbelief in HUE in the beginning.

So I met Raman Sir. He clarified all my doubts. When Master activated my chakras, I could see my Chakra 4 was feeling. Then I realised I am love and to be loved. When I started giving energy transfer to others, I felt energy flowing from my hands and the people saying they were happy which convinced me that energy transfer was true. Hence I was convinced about HUE. Thanks to Master who brought this and gave me this capacity to heal myself and others.

This energy freed me to remove all conditioned love to unconditional love. Since it helped me, it pushed me to do higher levels. It also helped me to realise what is love. So I was freeing myself from selfish love. I realised love is to give and not to receive. The judgemental attitude what I had is slowly disappearing now.

All these time I was thinking god is outside me and worshipping is important. Now I realise God is within me. HUE meditation helped me to listen to God who is in me, made me to realise and gave me lot of awareness about religion and all my suppressed emotions. Slowly I learnt to liberate my negative feelings. As I became aware of myself, I started to be aware about others behaviour. This made me to realise that I should not judge others, learnt to accept others as they are. It was easy for me to forgive others because I learnt to forgive myself.

Now, I am seeing my life and all the events what is happening in life as a stepping stone for my growth in Love.

**My sincere and heartfelt gratitude to MEL Trust, Founder, Director, all the instructors, every brother and sister of HUE family. My special thanks to my parents, almighty god and my brother.**

(T S Krithignitha)

## MEL Research & Advanced Development (MEL & AD) Centre

### Paper Presentation

**Name:** B. Arivukadir

**Mel No:** 9504

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Chennai – 600097.

**Level:** 08

### HUE and ME

#### How I was born in Human Universal Energy (HUE) Family

It happened on 2021 February. I was disturbed psychologically and emotionally very much. Nalini sister, she is the second mother to me. I used to tell all my problems and share with her. Due to some misunderstanding, I did not have any contact for 2 years before 2021. It happened to meet her on 2021 February and said about my problems. She gave me the healing, that time she was a basic level student. Immediately I was very much relaxed and was able to feel the freeness within me. After 2 days I again went to her home and got healing. The following week she took me to Satish Brother home and he talked with me. That day I was not aware of that distance healing. He just talked and said about the basic class that is to happen on the on that weekend itself. But I felt very much relaxed after talking with him. I attended the basic level on March 7<sup>th</sup>, 2021 and got a new birth.

## Miracles of basic level healing

Starting with the self-healing, the first miracle I saw is covid 19. I was affected with covid on the second wave of Corona. I was at home and nobody was there. It started with a fever and the fever was gradually increasing. Morning, 10:00 o'clock I started coughing like anything. And there was no one to help me in the home. At one point of time, I could not breathe, and I was really scared that this is my end, and I'm going to die. That day morning, I did not give self-healing. At the very last moment, I treated myself by placing one hand on my chest and other hand on my chakra 5+7. Immediately, I was able to breathe, and my lungs got cleared in next 10 minutes. I was very much convinced and started practising sincerely. **Five years had passed. I am telling the truth. I had never missed to give self-healing till today.**

## How I See HUE in my Life (Totality)

I remember in the basic level, instructor Satish Brother said that this is the highest spirituality. Initially, I did not believe that there might be some other spirituality also. They don't know about the other spirituality. Later on, by going to the next next levels, I realised about myself and where I am standing. I started to see myself and seniors had helped me in growing. I started to discover myself how is my psychology working and how my emotion reacts to the situations. I attended the totality class conducted by Sister Amalavathy. The seed has sown in me on October 2022. I faced a challenge in my life on

marriage and my love relationship. The challenge was very difficult, and I could not bear it. The only chance I had is totality. **I took the book of the totality and started to apply in my life along with the HUE techniques. I could see myself in different sections, like how my ego, mind, body and emotions are acting, and how my soul suffers when everything was going in their own directions.** It took me 6 to 7 months to know, separately, to see my ego, mind and emotions. I was really surprised how individually these entities works in my life. By surrendering my ego and taming the mind and shifting my emotion to the soul, the soul was able to take the upper hand and lead my life.

### **HUE to Others**

By knowing my psychology, I was able to understand other's psychology. Still, I am discovering myself. I see there is no end to it till now. **The learning and growing is continuing. I learnt from the mistakes I do. Before HUE I will hesitate to ask sorry to others, even if it was my mistake. I will feel guilty, but I will not talk to the persons directly. Rather, I will escape. But after coming to HUE, I could say sorry for the mistakes I do.** Later on, I realised that I should forgive myself also like Jesus says, love others as you love yourself. In same way, I forgive myself for the mistakes I do. Similarly, I started to forgive others also And, it becomes a soulful act to say sorry. Sorry and thanks seems to be a simple act, but my being (Body, Mind, Emotion, Ego, Soul) becomes so blissful by these two acts. Once Master said, when

somebody does good to you, say Thank you, Thank you. When you do something against somebody say "Sorry, Sorry", when other do say "Sorry".

### **Application in HUE**

Basic level to till now. Every healing is a miracle to me. So many instances are there to express the healing miracles. Selectively I can say in the basic level, I went to Anna Nagar, Chennai to one home I went there for healing. She had a hip pain for 20 years. I touched and applied the technique. After the application, she was not having the hip pain till to-day.

2. Since I learned acupuncture, I was fortunate to use acupuncture technique when I was in higher levels. I treated one person. Her name is VeeraLakshmi. Now she is a basic level student. I applied the needle technique given by Master for one lump that was there in her neck for 8 years. That evening, she called me and said, the lump was not there. I was mesmerised to hear the information.

3. Recently, when I was travelling in a local MTC bus, one girl rode the bus in one stop with a heavy scent smell around her. Initially, my emotion was like, how she can put the perfume like this? I got awareness and stepped back from the emotion and tried to understand why she was laying a heavy scented perfume. I do not know the reasons, but I pray to God and Heal her to the roots of the

problem she had. Immediately after applying the technique, the scent smell got vanished. Till now, I could not find answer for this, whether the perfume smell did not reach me, or it got evolved or I get a protection from the perfume smell.

**One thing I can say, HUE is a way of life.** Practise and purify myself is the motto. "Only by purifying myself, I can help others", by my experience that I had undergone.

### **Conclusion**

I thank God for providing me this opportunity to write. I love you Sister. I really admire your love and compassion. The way you understand us and go with us in all circumstances. I am just a small ant under your big tree (Banyan Tree). You have made me to root and ground strongly and had given me the strongest foundation. I learn from each and every action that you do. In recent days, your voice is guiding me in all action I do. Thank you for everything that you have provided us sister.

**"Meditate, Apply and Experience"**

**Thank you**

  
(B. Arivukadir)

அனுப்புநர்:

**G.நளினி**

எண்.25/13, பெருமாள் கோவில் தெரு,  
மேற்கு சைதாப்பேட்டை,  
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MEL No.9495

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நமஸ்தே!

நான் 'HUE' பள்ளியில் (Basic Level) அடிப்படை நிலை எடுத்த தேதி 5th பிப்ரவரி 2021. நான் சேர்ந்ததிலிருந்து எந்த இடவெளியும் இல்லாமல் தொடர்ந்து Level 20 என்ற உயரிய நிலை எடுக்க உதவிய **MASTER DANG** அவர்களுக்கு என் முதற்கண் வணக்கத்தையும், நன்றியையும் தெரிவித்துக் கொள்கின்றேன். "குருவருள் இன்றி திருவருள் இல்லை" என்பார்கள். அதன் அர்த்தம் எனக்கு 'HUE' பள்ளியில் சேர்ந்த பிறகுதான் புரிந்துகொண்டேன். Master Dang மற்றும் Dr. Amalavathy Sister-ன் ஆசீர்வதம் தான் என்னை இந்த பள்ளியில் வளர்த்து எடுத்தது, அதற்கு மிகவும் நன்றி.

**அடிப்படை நிலையில்:** அன்பு என்றால் என்ன? அது கொடுக்கும் தன்மை உள்ளது. உண்மையான அன்பின் தன்மை தன்னலமற்றது, மன்னிக்கும் தன்மை உள்ளது. பரிசுத்த எண்ணம் உள்ளது, நிபந்தனை அற்றது. முடிவுமில்லாதது என்று கற்றுக் கொடுத்தார்கள். இனி நான் என் அன்பை தன்னலமற்ற அன்பாகவும், மன்னிக்கும் தன்மையுடையதாகவும், முடிவில்லாத அன்பில் நான் வளருவேன் என்று முடிவு எடுத்தால் நீங்கள் இந்த பள்ளியில் சேரலாம் என்று கூறினார்கள். இந்த வகுப்பு என்னை உணர வைத்தது. நான் 'தன்னலம்' உள்ளவன். நான் 'நல்லவன்' என்று பெருமை படைத்தவன். நான் பாசமுள்ளவன் என்று நினைத்திருந்தேன். பாசமும், அன்பும் கொடுப்பது வேறு என்று புரிந்துகொண்டேன். தொடர்ந்து ஒவ்வொரு அன்பாக என்னை மாற்றி எடுத்தேன். எனக்கும், பிள்ளைகளுக்கும் சக்தி பரிமாற்றம் செய்தேன். எங்கள் சக்தி பரிமாற்றத்தில் God Emergency சிகிச்சை என்று ஒன்று உள்ளது. என்னுடைய பேத்தி வெளியில் விளையாடிவிட்டு ஓடி வீட்டிற்குள் வரும்பொழுது, படிக்கட்டில் தடுக்கி அடிப்பட்டு விழுந்ததால் (19.10.2021) உடனே அவசர சிகிச்சை (God Emergency) கொடுத்தேன். இரத்த போக்கு நின்றது. ஆழமாக அடிப்பட்டதால், ஆஸ்பத்திரிக்கு அழைத்துச் சென்றோம். எப்படி இரத்தம் வராமல் இருக்கிறது என்று டாக்டர் கேட்டார். தையல் போட்டுமா என்று கேட்டார். First Aid மட்டும் செய்யுங்கள் என்றோம். இந்த நிகழ்ச்சி என்னை முழுமையாக 'HUE' சிகிச்சை முறையை நம்ப வைத்தது. படிப்படியாக நடந்த பல செயல்கள் என்னை மேலும் படிக்க தூண்டியது.

**அடுத்த நிலையில் :** என் அண்ணன் Heart Attack-ல் இறந்தார். ஆஸ்பத்திரியில் அவருடன் அருகிலிருந்தேன். உயிர் பிரியும்போது Master இவருடைய ஆன்மாவை இறை வழியில் நடத்தி, கடவுளிடம் கொண்டு செல்லுங்கள் என்றேன். பிரார்த்தனை செய்தேன். மாஸ்டர் சொல்லி இருந்தார்கள் யார் இறந்தாலும் Master Direct this soul in the right evaluation path என்று பிரார்த்தனை செய்யுங்கள். நான் அவர்களின் ஆன்மாவை, இறைவன் பாதையில் கொண்டு செல்வேன் என்று. மறு வாரம் நான் HUE Centre-க்கு சென்றேன். அங்கு அருகில் உள்ள சிவன் கோவிலில் சிவலிங்கத்தைப் பார்த்தேன். அதில் என் அண்ணன் உருவம் தெரிந்தது. அப்பொழுதுதான் நான் அவருடைய ஆன்மாவுக்காக ஜெபம் செய்தது என் ஞாபகத்திற்கு வந்தது.

என்னுடைய மகன் அவருடைய அப்பா இறந்தது அவனுக்கு Mind Shock ஆகி இருந்தான். பேச முடியாமல் 3 மாதம் இருந்தான். என்னால் அதை கண்டுபிடிக்க முடியவில்லை. நிறைய ஆஸ்பத்திரிக்கு கூட்டிச் சென்றேன். மருந்தோ, ஆஸ்பத்திரியோ சுகம் கொடுக்கவில்லை. நான் மாஸ்டரை முழுமையாக நம்பாமல், மாத்திரை, மருந்தை நம்பினேன். பின் மாஸ்டரை முழுமையாக நம்பி என் மகனை முழுமையாக சுகப்படுத்தி தாரூங்கள் என்று கூறினேன். அவனை முழுமையாக சுகப்படுத்த வேண்டும் என்று HUE-ல் அடுத்தடுத்த நிலையை படித்தேன். மாஸ்டர் HUE-வை புரிய வைத்தார். இந்த சமயத்தில் வீட்டிலும், வெளியேயும் பல எதிர்ப்புகளைச் சந்தித்தேன். இந்த சமயத்தில் மாஸ்டரின் உதவியுடன், சிஸ்டரின் ஜெபம் எனக்கு துணை புரிந்தது. இதனால் HUE-யை இன்னும் ஆழமாக புரிந்துகொள்ள முடிந்தது. சக்தி பரிமாற்றம் செய்தேன். நான் அது வரைக்கும் "I am right, you are wrong" என்ற நிலையிலிருந்து "I am ok, you also ok" என்ற மனை நிலைக்கு வந்தேன்.

என்னோடு உறவினர் ஒருவர் "Divorse" செய்ய முடிவு எடுத்துவிட்டார்கள். எல்லோரும் சேர்ந்து சக்தி பரிமாற்றம் செய்யும்போது அது மிகவும் சக்தியோடு செயல்படுகிறது என்று புரிந்துகொண்டேன். இப்பொழுது இரண்டு பேரும் சேர்ந்திருக்கிறார்கள் என்று மகிழ்ச்சியோடு கூறுகின்றேன்.

நான் என் பிள்ளைகளிடம் "Game (Pity Game)" விளையாடுவேன். அந்த தெளிவு கிடைத்தது. என் பையனை மன்னிக்காமல் இருந்தேன். Psycho Spiritual Counselling Class Sister-யிடம் படித்ததால் மன்னிப்பு என்றால் என்ன ? மன்னித்து விட்டால் மன நிம்மதி எப்படி அடையலாம் என்று புரிந்துகொண்டேன்.

நான் நிறைய help பண்ணுவேன். பின் என் Intention என்ன என்று சிந்திக்கும் பொழுது என்னை எல்லோரும் appreciation பண்ண வேண்டும் என்று புரிந்து கொண்டேன். இப்பொழுது எதை செய்தாலும் என் Soul-ஐ கேட்டு செய்ய பழகி

இருக்கின்றேன். என்னுடைய எல்லா பிரச்சனைக்கும் நான் தான் காரணம் என்ற உண்மையை கண்டுபிடித்து என்னுடைய முழுமையை, அதாவது என் Ego, Emotion, Body, Soul முக்கியமாக என் புத்தி, சிந்தனை எப்படி உருவெடுத்து வருகிறது என்பதை தெளிவாக தெரிந்துகொண்டேன். அதனால் முழு கவனத்தோடு, Positive ஆக சிந்தித்து சிந்தனையை Universe-க்கு அனுப்புகிறேன். காரணம் நம் எண்ணம் 500, 1000 மடங்காக விரிந்து செயல்படும் என்றார்கள். அதனால் கவனமாக இருக்கின்றேன்.

ஒட்டுமொத்தமாக என் வாழ்க்கையை திரும்பி பார்த்தால் HUE பள்ளியில் சேர்ந்த பிறகுதான் அன்பு என்றால் என்ன? கடவுளின் அன்பின் தன்மை என்ன? உண்மை என்றால் என்ன? JESUS யார், ஏன் நமக்காக உயிர் கொடுத்தார் என்று தெரிந்து கொண்டேன். உயர் நிலையில் மாஸ்டர் கூறுவார். நீங்கள் Family, Tradition, Culture, Society-யை கடந்து செல்லவேண்டும் என்பார். என் வாழ்க்கையில் நான் இதை கடந்து சென்றேன்.

என் மருமகளுக்கு கொரோனா என்று ஆஸ்பத்திரியில் சேர்த்தோம். என் மருமகளுக்காக ஜெபித்தேன். அப்பொழுது என் உள்ளம் கூறியது. தன்னலமாக ஜெபிக்காதே, எல்லோருக்காகவும் சேர்த்த சிகிச்சை கொடு என்றது. மாஸ்டர் சொல்லியபடி சக்தி பரிமாற்றம் கொடுத்தேன்.

அப்பொழுதுதான் என் உள் உணர்வு சுட்டிக்காட்டியது. ஒவ்வொரு நிலையிலும் மாஸ்டர் சொல்லிக்கொடுத்த எல்லா யுக்திகளையும் பயன்படுத்தவில்லை. எத்தனை பேருக்கு உதவி செய்யாமல் போய்விட்டேனே என்று மனம் உருத்தியது. தவறுக்காக மாஸ்டரிடம் மன்னிப்பு கேட்டேன்.

Power in my hand exercise-யை அடிக்கடி செய்து பார்த்தேன். Love Exercise, Love Circle எல்லாம் பயன்படுத்தி என்னை வளர்த்துக் கொண்டேன். என்னுடைய Selfish, என்னுடைய Power Struggle-யை புரிந்துகொண்டேன். மாஸ்டர் என்னிடம் அடிக்கடி "அன்பு செய், உதவி செய்" என்று கூறும் குரல் கேட்க முடிந்தது.

**Level 20-ல்** எல்லாமே உங்கள் சிந்தனைத்தான் என்று கூறியதால், என்னுடைய 'thought' யை கவனிக்க ஆரம்பித்தேன். Positive ஆக இருந்தால், உடனே நடக்கிறது, Negative ஆக இருந்தால் என் உடலில் காட்டுகிறது. இதை புரிந்து கொண்டேன். என் எண்ணத்தை மிகவும் கவனிக்க ஆரம்பித்தேன். '0' (Zero) State என்றால் என்னவென்று புரிந்தது. ஆனால் அதிலேயே நிலைத்து நிற்க முடியவில்லை.

Sister கிட்ட Psycho Spiritual Conselling படித்தேன். என்னுடன் 20 பேர் படித்தார்கள். அப்பொழுது தான் எனக்கு நடக்கும் பிரச்சனைகள் எல்லோருக்கும் நடந்திருக்கிறது. அதனால் என்னுடைய பிரச்சனைக்கு மட்டும் அல்லாமல் எல்லோருடைய பிரச்சனைக்காகவும் சேர்த்து ஜெபம் செய்வோம் என்ற நிலைக்கு வந்தேன். இயேசு நம் எல்லோரின் துன்பத்தையும் தான் சுமந்து நமக்காக தந்தையிடம் மன்னிப்பு கேட்டு, நமக்காக உயிர் கொடுத்தார் என்ற உண்மையை அறிந்துகொண்டேன்.

இந்த HUE பள்ளியில் மாஸ்டர் சொல்லுவார்கள் "மதத்தை மாற்றாதே, மனதை மாற்றிக்கொள்" என்பார்கள். நீங்கள் 20-ஆம் நிலையில் உயர்ந்தால் நடமாடும் தெய்வமாக இருங்கள் மற்றவர்களையும் தெய்வமாக மாற்றுங்கள் என்பார். மாஸ்டர் சொல்லுவார் சுனாமி, இயற்கை சீற்றம், Air Pollution, பேரழிவு எல்லாம் நம் உள்ளத்தில் உதிப்பதுதான். அதை சரி செய்தாலே உலக போரைக் கூட நிறுத்தலாம் என்பார். என் உள்ளத்தில் ஒரு சிந்தனை உருவாகிறது. இனி வரும் தலைமுறைக்கு நான், மாஸ்டரைப் போல, சிஸ்டரைப் போல வாழ்ந்து வழிநடத்த வேண்டும் என்று. இறை சித்தம் அதுவாக இருந்தால் நடக்கும் என்று நம்புகிறேன்.

என் வளர்ச்சியை மேலும் தொடர்ந்து நடத்த உதவிடவேண்டும் என்று President-க்கும், நம் Director மற்றும் Senior Instructors எல்லோருக்கும் என் நன்றியை கூறி முடிக்கின்றேன்.

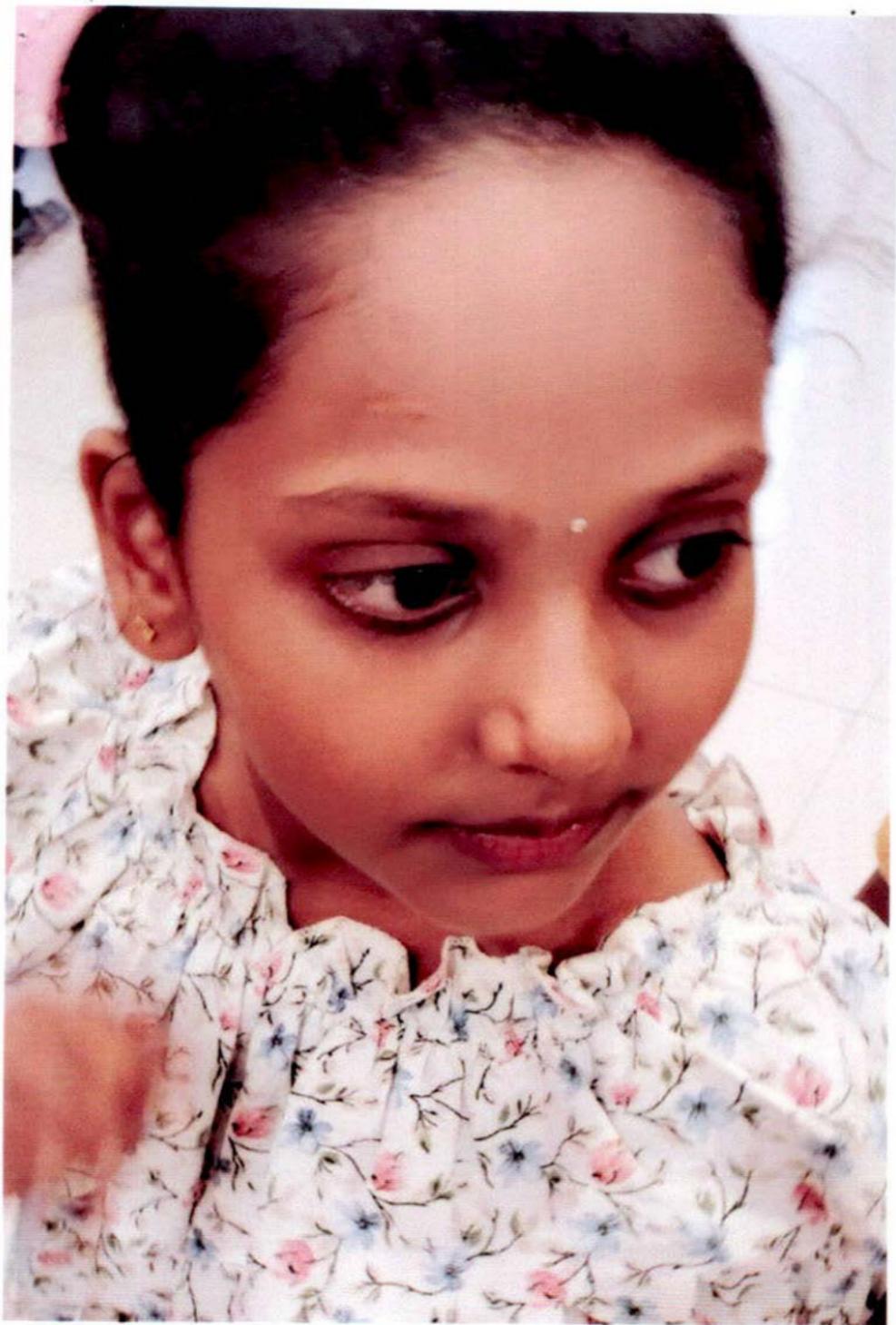
வணக்கம்!

இப்படிக்கு,

*C. N. A.*

22.07.25





N. Harithasri

MEL NO : 387

3/235.

LEVEL: 02 INTERMEDIATE LEVEL -I

Karattandi Patty,

Kuppam Patty (PO),

Salem (Dt),

Jalakandapuram -636501.

என்னுடைய பெயர் ஹரிதாஸ்ரீ சேலம் மாவட்டம், ஜலகண்டாபுரம், கரட்டாண்டிப்பட்டி எனும் குக்கிராமத்தில் வசிக்கிறேன். எங்கள் வீட்டில் எனது அக்கா அனுசுயா முதலில் HUE படித்தாள் (2022ல்). ஆரம்பத்தில் எனக்கு HUE மீது நம்பிக்கை இல்லாமல் இருந்தது. என் அக்கா HUE வந்த பின் அவரின் குணங்களில் நல்ல மாற்றங்கள் தெரிந்தது. ஒரு நாள் தவறாமல் அதிகாலையில் எழுந்து Morning Meditation செய்தாள். அவள் தொடர்ச்சியாக ஒரு செயலை செய்தது அதுவே முதல் முறை. என் அக்கா HUE விற்குள் வருவதற்கு முன் வீட்டில் பல சண்டைகள் பிரச்சனைகள் வரும். அவள் HUE வந்து தொடர்ந்து பயிற்சி செய்த பின் வெகுவாக சண்டைகள் குறைந்து அவளின் குணாதிசயங்களில் பல முன்னேற்றங்கள் ஏற்பட்டிருந்தது. எனக்குள் ஒரு பயம். இருந்தது இளம் வயதிலேயே ஆன்மிகம், தியானம், கடவுள் என இருக்கிறாளே, ஒரு வேளை வாழ்க்கையை வெறுத்து காசி, ராமேஸ்வரம் எனச் சென்று விடுவாளோ? எனத் தோன்றியது. அவளைப் பல முறை கேலி, கிண்டல் செய்திருக்கிறேன். அக்கா HUE வில் சேர்ந்து வருடங்கள் ஓடின. அவளிடம் பொறுமை, அமைதி அதிகமாயிருந்தது, கோவம் குறைந்திருந்தது. எங்கள் வீடு நேர்மறை எண்ணங்களால் நிரம்பி இருந்ததை உணர்ந்தேன். HUE வில் ஏதோவொரு உண்மை இருப்பதாக தோன்றியது. Healing கொடுக்கும் போது வலி சரியாவதையும் Energy செல்வதையும் உணர்ந்தேன். அதன் பின் அம்மா HUE பயிற்சி பயின்றார்கள். அதன்பின் அவரிடம் சில விஷயங்களைப் பற்றியிருந்தத் தவறான புரிதல்கள் மாறுபட்டிருப்பதைக் கண்டேன்.

அம்மா HUE வருவதற்கு முன், அக்காவிற்குத் திருமணம் தாமதமாகிறது என்ற மனக்கவலையில் இருந்தார். என்ன ஆறுதல் கூற வேண்டுமென எனக்குத் தெரியாது. அம்மா HUE வந்தப் பின் 'Master அனுசுயாவின்

திருமணத்தைப் பார்த்துக் கொள்வார். என மிகவும் நம்பிக்கையுடன் பேசியது எனக்கு வியப்பாக இருந்தது. HUE மூலம் எங்கள் வீட்டில் இருப்பவர்களிடம் பல மாறுதல்கள் நடந்ததைக் கண் கூடாகப் பார்த்தேன். என் அக்கா வாழ்வில் பல நல்ல திருப்பங்கள் HUE வந்த பிறகு தான் ஏற்பட்டது. HUE வில் எதோ ஒரு உண்மை இருப்பதாக உணர்ந்தப் பின்னும் எனக்கு HUE பயில வேண்டும் என்ற எண்ணம் தாமதமாக தான் ஏற்பட்டது. நான் HUE வருவதற்கு முன்னரே, மாஸ்டரிடம் பேச்சுவார்த்தை நடத்துவேன். 2024ம் ஆண்டு தொடக்கத்தில் (Basic level Part-I ஐ முதல் நாள் வகுப்பில் கலந்துக் கொண்டு. "மாஸ்டர் கூறிய நிபந்தனைகளைப் பின்பற்ற இயலாது" என நினைத்து அப்போது இந்த வகுப்பை படிக்க வில்லை. அதன் பிறகு 8 மாதம் கழித்து தான் Basic Level ஐ படித்தேன். பின், Nov 9<sup>th</sup> 10<sup>th</sup> - 2024 ல் Basic level முழுமையாகப் பயின்று முடித்தேன்)

நான் 17 வயது வரை கடவுளுடன் நெருக்கமாக இருந்தேன். அதன் பிறகு சுமார் 5-6 வருடம் கடவுள் நம்பிக்கையின்றி வாழ்ந்தேன். பிரபஞ்ச சக்தி மீது நம்பிக்கை இருந்தது. அதனால் Basic level பயில ஏதுவாக இருந்தது. Master (ம) அவரின் Healing Techniques-ஐ முழுமையாக நம்பினேன் Basic level-ல் 100 வயதிற்கு மேல் இருந்த பாட்டி ஒருவருக்கு Healing கொடுத்தேன். அந்தப் பாட்டி, வயதில் - சிறு பிள்ளையாகிய என்னைக் கையெடுத்துக் கும்பிட்டு, மாஸ்டரின் புகைப்படம் இருந்த திசையை நோக்கி மண்டியிட்டு வணங்கினார். 100 வயதிற்கும் அதிகமான அந்தப் பாட்டியின் கடவுள் பற்று என்னை வியப்படையச் செய்தது. எனக்குள்ளும் மீண்டும் கடவுளுடன் உரையாட வேண்டும் என்ற எண்ணம் தோன்றியது. பிறகு, Dec 6<sup>th</sup> to 8<sup>th</sup> -2024ல் Intermediate level - I ஐ பயின்றேன். அப்பொழுது தான் என் சுயரூபம் எனக்கேத் தெரிந்தது. இந்த level-ல் எனக்குள் பல மாற்றங்கள் ஏற்படத் தொடங்கியது .

HUE வருவதற்கு முன்,

- நான் சொல்வதெல்லாம் சரி,
- நான் செய்வதெல்லாம் சரி,
- நான் அமைதியான குணம் உடையவள்,
- என்னிடம் போட்டி, பொறாமை இல்லை என பல வருடங்களாக நினைத்துக் கொண்டிருந்தேன்.

HUE வருவதற்கு பின்

- நான் யார்? என்னுடைய உண்மையான குணங்கள் என்னவெல்லாம் இருக்கிறது எனத் தெரிந்துக் கொண்டேன்.
- முழுவதும் Negative Ego-வால் நிரம்பியுள்ளேன்,
- மிக அதிக கோவம்,
- பொறுமையின்மை,
- நினைத்ததை உடனே செய்ய வேண்டும்,
- போட்டி, பொறாமை, பிறரோடு ஒப்பிடுதல் ஆகிய எல்லா குணமும் என்னிடம் உள்ளது என Intermediate level-I வகுப்பிற்கு பிறகு தான் தெரிந்தது. இவை அனைத்தையும் கடவுளிடம் கொடுத்து, மாற்றிக் கொண்டும், இன்னும் பலவற்றைக் கற்றுக் கொண்டும் இருக்கிறேன் .

என்னைப் பற்றி முழுமையாக இன்னும் கண்டறியவில்லை. ஒவ்வொரு நாளும் ஒரு புதிய அனுபவம் கிடைத்துக் கொண்டே இருக்கிறது.

## Before Hue

1. எதிர்மறை எண்ணங்களால் நிறைந்திருந்தேன்.
2. பிரச்சனைகளைக் கண்டு பயந்து ஓடுவேன்.
3. பயணம் செய்யும் போது விபத்து ஏற்பட்டு விடுமோ? என்ற பயம் இருக்கும்.
4. வீட்டில் சண்டை அடிக்கடி ஏற்படும்.
5. தாய் - தந்தை இருவரும் சண்டையிட்டால் வருடக் கணக்கில் பேசிக் கொள்ள மாட்டார்கள்.
6. மன்னிப்பு கேட்க மாட்டேன்.
7. மன்னிக்க மாட்டேன்.
8. கடை உணவு, எண்ணெய் பண்டங்கள், துரித உணவு உண்ணும் போது வயிற்று பாதிப்புக்கு உள்ளாகுமோ என்ற பயம் இருக்கும்.
9. தீரென விபத்து நேர்ந்தால், பயப்பட்டு, பதற்றம், நடுக்கம் ஏற்பட்டு கூட்டத்தில் பின்னால் உதவ முடிய வில்லையே! என்ற கவலையோடு நிற்பேன்.
10. இறந்தவர்களைப் பார்க்கும் போது என்ன செய்வது எனத் தெரியாது.

## After Hue

1. நேர்மறை எண்ணங்கள் தோன்றியது.
2. பிரச்சனைகள் தான் பாடம் கற்றுக் கொடுக்கிறது என்ற புரிதல் ஏற்பட்டது.
3. Route clear Technique இருப்பதால் அந்த பயம் துளியும் இல்லை.
4. சண்டை நடப்பது மிகவும் குறைந்துள்ளது.
5. இப்போதும் சண்டை ஏற்படும். ஆனால் உடனடி சமாதானம் கிடைக்கிறது.
6. மன்னிப்பு மனதார கேட்கிறேன்.
7. மனதார மன்னிக்கிறேன்.
8. Food Energy Technique இருப்பதால் மகிழ்ச்சியோடு பயமின்றி உண்ணுகிறேன்.
9. Emergency Technique மூலம் உதவலாம் என்று தைரியமாக உள்ளது.
10. இறந்தவர்களுக்கும் உதவலாம் எனத் தெரிந்துக் கொண்டேன்.

11. மன அமைதி இல்லை.
12. உடல் நலம் பற்றிய கவலை இருக்கும்.
13. நான், என் குடும்பம், என் நண்பர்கள், எனக்கு நெருக்கமானவர்கள் நலன் பற்றியே சிந்திப்பேன். குறுகிய மனப்பான்மையோடு இருந்தேன்.
14. பிறரிடம் சொல்ல முடியாத சில ரகசியங்களை மனத்திற்குள் வைத்துக் கொண்டு 10 வருடங்களாகப் பெரும் மன உளைச்சலிலும், குற்ற உணர்ச்சியிலும் இருந்தேன்.
15. நோய்வாய் பட்டவர்களைப் பார்க்கும் போது, ஒரு வேளை மருத்துவராகி இருந்தால் குணப்படுத்தி இருக்கலாம் எனத் தோன்றும்.
16. Negative spirits பற்றிய பயம் இருக்கும்

11. தியானம் செய்வதன் மூலம் உடனடி மன அமைதி கிடைக்கிறது.
12. Self healing செய்வதால் உடல் நலமாக இருக்கிறது நோய் பற்றிய கவலை இல்லை.
13. உலக மக்கள் அனைவரும் நலமாக இருக்க வேண்டும் என சிந்திக்கிறேன்.
14. HUE வில் என்னால் அந்த விஷயத்தை வெளிப்படையாகப் பேச முடிந்தது. அதற்கான தீர்வு கிடைத்தது. தற்போது, மனச்சுமை இல்லாமல் இதயம் லேசானது போல் ஒரு உணர்வுடன் மகிழ்வோடு வாழ்கிறேன். Thank you so much Master,
15. HUE பயின்றதால், கடவுள் உதவியுடன் Healing செய்து நோயிலிருந்து அவர்களைக் குணப்படுத்தலாம் என்று நம்பிக்கை வந்தது.
16. இப்போது பயம் இல்லை அவர்களுக்கு உதவி செய்ய தான் நாம் இருக்கிறோம் எனத் தோன்றுகிறது.

- ❖ “அன்பில் தான் கடவுள் உள்ளார்” என உணர்ந்து விட்டேன்
- ❖ நான் முன்பு வாழ்க்கையைப் பார்க்கும் விதமும், HUE விற்கு பிறகு நான் வாழ்கையைப் பார்க்கும் விதமும் முழுமையாக மாறியுள்ளது.

இப்படிக்கு

நா. அமலா

26/08/25

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## My Journey in HUE

My HUE journey started with taking emergency energy transfer from my father. I was food poisoned and had heavy stomach pain. I was in Bengaluru and my father was in Chennai. He was then an Intermediate Level 1 student. I called him around midnight with this problem and my father told me he will send me healing. After the call within 15 minutes, I vomited the food and slept well. After the incident I learnt Basic Level on January 26, 2018.

After my basic level I found out my conscience and life were in the opposite direction. I asked Master to help me.

**Master:** if you go behind the job you may have everything but I will not be there if you follow me, I will provide you all.

**Me:** I will give you one chance, if you prove me, I will follow you no matter what.

**Master:** Okay but I need 100% obedience.

**Me:** Yes

I followed his instructions for almost a year. He says about my mistakes, how I need to shift. My family comes from an atheist background. So, I asked Master lots of questions to believe in Supreme beings and God. Master used to answer me with lots of logical and faithful experiences of God. After this period I got a job in HCL. I joined and in my manager's room I saw Master's photo. My manager is a level 20 student. I surrendered to Master then on.

The journey from intermediate level 1 to level 20 was mostly involved with understanding Master's teaching and philosophy. I was applying them in my life with techniques Master gave. The thing I never understood is "what is love". Is it softly speaking, being good to others, not showing anger, etc.

His philosophy to learn from mistakes with compassion and gratitude touched me to see beyond the horizon of name, fame, tradition, culture, society and family. It made me accept myself for what I am with love. It made me thank lots of people who make mistakes unknowingly.

One day Master all of a sudden told me "You didn't do a murder because people who made that mistake experienced so much of a pain and added it to collective consciousness so that you don't do that mistake." I was shocked. He added, "By making a mistake and learning from it you are clearing low frequency and while helping and loving yourself and others you are creating a bridge between human and God so that everyone has access to God's Love."

I like to thank God for showing Mercy to an insignificant person like me. And thank Master for his dedication to serve humanity to go beyond the deadlocks. Thanks to all brothers and sisters who have helped me understand the Creator. Final thanks to all my instructors without whose blood and sweat I will not stand here. Thank you.

Vaanmathy.  
[VAANMATHY MT]  
11/08/2025

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## My Journey with HUE – A Path from Fear to Faith

Namaste Brothers & Sisters,

My name is Sharath C.M, originally from Coorg, and currently working in Bangalore. My journey with HUE (Human Universal Energy) **began on January 29, 2017**, when I attended the Basic Level class in Bangalore. It has now been over eight and a half years, and looking back, **I can only bow my head** in gratitude for the transformation that has unfolded in my life.

**When I joined HUE at the age of 25**, I was a very shy and reserved person. I would always sit in the last row, avoiding attention, never stepping onto a stage or speaking in front of others. As the eldest son in a financially struggling family, I carried the weight of many responsibilities. My education was funded through loans, and I knew that education was our only hope to rise above poverty. **Yet, I was never a focused student and often struggled academically.**

After completing my studies, I couldn't find a job that matched my qualifications. **I stayed with relatives, avoiding visits to my hometown out of fear of being questioned about my career.** The pressure and uncertainty built up inside me, leading to sleepless nights. Even the slightest sound would wake me. To escape the criticism and mental stress, I enrolled in a master's program, again with borrowed money from my parents. **But the fear of failure and the pressure to succeed made it difficult to concentrate.** My sleep worsened, and the course was nearing completion. I desperately needed focus and peace of mind.

**I began searching for meditation classes that could help me calm my mind and improve my concentration.** I explored many options, but none felt right. Then, on New Year's Eve 2017, I attended a small gathering at a friend's house. There, I noticed a girl quietly meditating in a corner. Her calm presence deeply moved me. I approached her afterward and asked if she could teach me. She smiled and said she couldn't, **but she gave me the contact of Ashwini Sister, who could guide me.**

I reached out to Ashwini Sister and told her I wanted to join the class, not for anything spiritual, but simply to gain focus and reduce stress. She patiently explained the class details, but I kept repeating, "I just want to improve my concentration." **She assured me that I could.** I followed up multiple times, eager to join. **Finally, I attended the Basic Level class on January 27, 2017, my instructor was Lata Madam.**

That class changed my life.

I began practicing sincerely, offering healing to myself, my family, friends, and classmates. I witnessed miracles, like stopping bleeding during an accident and healing my chronic sinus issue, which even surgery couldn't fix. **Slowly, my stress and fear began to dissolve.** I started sleeping peacefully again, anywhere, anytime, even in noisy environments. **The healing energy brought a calm I had never known.**

In September 2017, I wanted to attend the totality class followed by Intermediate Level 1 class in Mangalore, but I had no money for travel, stay, or the course fee since, I completed my studies and had no job. I surrendered to God and somehow, everything aligned. **I didn't even have a confirmed train ticket. I bought a general ticket and prayed. By divine grace, the TTR offered me a seat that had been canceled. That was my first experience of God's miracle.**

I attended the Totality class in Mangalore, conducted by Sister Amalavathy. **Meeting her was a life-changing moment. I shared my concern about not finding a "perfect job." She gently said, "There is no perfect job. You will get one after this class, just accept it."** That one sentence shifted something deep within me.

**I didn't have the money for the Intermediate class,** but I asked Sister Amalavathy for help. She paused, connected with God, **and said, "You can pay later."** By God's grace, I stayed at Ashwini Sister's relative's house, where I was lovingly hosted. Before the class ended, I managed to arrange the fee and completed the course.

Soon after, I got a job through campus placement: I was the only one selected. The salary was just ₹7,500, while my friends were earning ₹25,000–₹30,000. I felt disheartened. But remembering Sister Amalavathy's words and after speaking with Ashwini Sister, I accepted the offer.

### **That decision changed everything.**

My PG rent was ₹6,500, and I had only ₹1,000 left for all other expenses. I had just two pairs of clothes for office. But I didn't want to burden my parents any further. I stayed committed, trusting the process. The company extended my internship beyond six months, even though they had no projects, simply because they valued my dedication.

In the eighth month, **I received a call from another company** offering me a full-time role with double the salary. **That was another divine blessing.** After joining the second company, I was offered a six-month probation period. By God's grace, I received a new job offer aligned with His will. Miraculously, within every six months, my salary was increased, not once, but twice, something that was unheard of in that company, where salary revisions typically happened only once a year. I knew in my heart **that this was not ordinary, it was a divine blessing**, a miracle that unfolded through the grace of God and the guidance of Sister Amalavathy.

Later, I received an opportunity from a reputed company. The interview process had five rounds, and I cleared them all; something I could do only because of the experience and skills I had gained from my previous roles. **This new job brought me to the market standard salary**, and I was able to work peacefully **while continuing my HUE mission**. I was granted leave whenever needed for HUE activities, and every new phase of life; be it house renovation, marriage, childbirth, or even buying a car, was supported by timely financial blessings. I never had to worry; somehow, the money always came when it was needed.

Earlier, I had many conditions around money, saving for the future, buying material things, and constantly worrying about financial security. Even when I earned well, I wasn't truly happy. **But through HUE, I realized that money is not the goal**, it is simply a tool to serve our mission. **I began to surrender my financial worries to God. And when I did, I saw that prosperity always arrived at the right time.** I stopped chasing money and started trusting God completely.

I also had many conditions around marriage. I believed I needed to build a big house and buy a car before I could marry because that's what society expected in my hometown. These thoughts caused me a lot of stress,

especially since we lived in a small house. I was 27 at the time and had just completed Advanced Level 2. That's when Sister Amalavathy and Raman Brother encouraged me to organize a class in Coorg.

With the support of Raman Brother and Ashwini Sister, blessings of sister Amalavathy **we organized the first Basic Level class in Coorg on January 22–24, 2021. It was a moment of immense joy and gratitude. My mother was one of the participants in that class, it felt like I was finally able to give something back to her.** Later, my younger brother completed Basic Level in July 2017, and my father completed Basic Level Part 1 on January 24–25, 2024, with his chakra opened by Sister Amalavathy. He completed Part 2 **on January 15, 2025. Today, my entire family practices HUE, a blessing I never imagined possible.**

I completed Specialized Level 1 on March 28, 2021, and faced many inner challenges. Until then, **I had mostly followed my mind, ego, or what others told me. But now, it was time to listen to my soul.** Around this time, marriage discussions began again. I still held onto the belief that I needed a big house and car before I could marry. But God had a different plan.

**While organizing a class in Coorg, I received a marriage proposal.** The girl's family was well-settled, yet they accepted me exactly as I was, without any expectations. I hesitated, still caught in my own conditions. But, Raman Brother and Ashwini Sister lovingly counseled me and helped me see the limitations and conditions I had placed on myself. **Once I let go of those conditions, everything began to flow.**

The girl proposal which came during **the first Coorg class became my life partner.** Miraculously, money for the wedding and house renovation came together effortlessly. **I got married on October 10, 2021, during Master's Energy Transfer time (10:35–10:40 a.m.) a sacred and blessed moment.**

Marriage brought new lessons. I faced many challenges, as I still held onto ego, expectations, and mental standards. But with the support of Sister Amalavathy, Raman Brother, Ashwini Sister, and Satish Brother, **I began to surrender more deeply. I started listening to my soul and focusing on my true mission.**

**By God's grace, I completed Level 19 on February 16–18, 2024, and Level 20 on May 17–19, 2024. I was then trained and approved by Raman Brother as an Instructor for Basic Level Part 1 during**

the President's visit to India on September 29, 2024. On March 23, 2025, I was officially approved as a full-time instructor, as per God's will and Master Dang guidance.

**I was once a boy who never listened to his soul; driven by fear, ego, and future plans. I came from a humble background, filled with inferiority and pride, praying only for my desires to be fulfilled. I didn't know how to respect people, teachers, or even my parents. But through HUE, and the loving guidance of my instructors and spiritual friends, I was transformed.**

Today, I am blessed with peace, purpose, prosperity, a loving family, a child, a car, and a piece of land, **all because I chose to surrender and follow the Divine path.** My life has changed in ways I never imagined possible.

From a last-bench student who feared speaking in public, I have been blessed with the opportunity to teach and share these blessings what I received with others. **Today, I walk with confidence, guided by God, Master, and my higher soul. My body, my life, and every step I take are now aligned with God's will.**

I have found my life's purpose. And now, I cannot be in a place where God is not present. I feel incomplete if I don't feel His guidance in every moment. My life belongs to Him.

With deep Gratitude and Surrender,  
Sharath C.M

G R கீதா  
6B/26, இராஜேந்திர அவினயு  
ஸ்ரீ இரங்க இராஜ வீதி  
சின்ன காஞ்சிபுரம்

MEL NO: 614  
LEVEL : 1 to 5

என் பெயர் கீதா.நான் காஞ்சிபுரத்தில் வசித்து வருகிறேன். எனக்கு வயது 43. எனக்கு HUE பற்றி கடந்த 11/2 வருடங்களாகவே தெரியும். அதை கற்றுக்கொள்ள வேண்டும் என்ற ஆர்வம் கடந்த 1 வருடமாக இருந்து வந்தது. ஒவ்வொரு முறையும் ஏதோ சில தடங்களினால் class attend செய்ய முடியாமல் போனது. தற்போது தான் level 1 to 5 attend செய்து 1 மாதம் ஆகிறது. எனக்குள் ஏற்பட்ட மாற்றங்களை நான் எழுத நினைக்கிறேன்.

கடந்த 2 ஆண்டுகளில் எனக்கு மிகவும் மன உளைச்சல். எனக்கு 2 மகன்கள். இருவரும் Engineering college படிக்கின்றனர். கடந்த 2 ஆண்டுகளுக்கு முன் என் பெரிய மகனுக்கு காதல் தோல்வி அடைந்து அதிக அளவில் மனவுளைச்சல் ஏற்பட்டு ஒரு வருட படிப்பே பாதித்தது. அவன் அவனாகவே இல்லை. Mentally பாதிக்க பட்டான். இந்த HUE பற்றி என் தம்பி மனைவி கூறினாள். ஒரு முறை Healing க்கு கூட்டி கொண்டு போவோம் என்று போனோம். நான் Apl 2024 - ல் அறிவுகதிர் brother -ஐ சந்தித்தேன். அவரின் பேச்சே மிகவும் அமைதியான மனதை தந்தது. அவர்தான் என்னை HUE Class சேர்ந்து பாருங்கள், உங்கள் வீட்டில் மாற்றம் ஏற்படும் என்று கூறினார். என் மகன் அறிவிக்கதிர் brother-யிடம் Healing எடுத்துக்கொண்டான்.

பின்னர் 3 மாதங்கள் கழித்து நாங்கள் Sathish Nagaraj brother-ஐ பார்த்தோம். அவர் எங்களிடம் பேசியது பெரிய அளவில் positive mind-ஐ ஏற்படுத்தியது அப்போது ஒரு வருடத்திற்கு முன்பு level 1 to 3 - ல் 1 நாள் Class மட்டுமே attend செய்தேன்.சரியாக ஒரு வருடம் கழித்து

மீண்டும் வீட்டில் பெரிய பிரச்சனை வெடித்தது. என் மகன் மறுபடியும் வேறு மாதிரி நடந்துகொண்டான். எனக்கு என் பெரிய பையனை பார்த்தாலே பயம். கடந்த 2 வருடங்களாக என் மகனை பார்த்தாலே எனக்கு பயமாக இருந்தது. பின் மீண்டும் Sathish Nagaraj brother- ஐ பார்க்க சென்றிருந்தேன். அப்போது அவர் HUE class - ஐ attend செய்துபாருங்கள் என்று கூறினார். July மாதம் நடந்த Calss - ஐ attend செய்தேன். எனக்குள் மிகப்பெரிய மாற்றம். நானும் கொஞ்சம் சத்தமாக பேசவேன் எனக்குள் அமைதி வந்தது.

சத்தமாக பேசவே கூடாது. அன்பை விதைக்க வேண்டும் என்று உணர்ந்தேன்.

குடும்பத்தில் உள்ள அனைவரிடமும் அன்பாக மட்டுமே பேச ஆரம்பித்தேன். மெட்டேஷன் எனக்குள் பெரிய மாற்றத்தை கொண்டு வந்தது. நான் யார் என்பதை நான் realise செய்ய ஆரம்பித்தேன். உண்மையைச் சொல்ல வேண்டும் என்றால் என் மகன் செய்யும் சில செயல்கள் நான் முன் காலத்தில் செய்த செயல்கள் போலவே பிரதிபலித்தது. நான் செய்த தவறுகள் அனைத்தையும் உணர் ஆரம்பித்தேன். 43 வருடங்களாக நான் என்ன தவறு செய்தேன் என்று நினைத்தபோது நான் என்னை முழுவதுமாக மாற்றிக் கொள்ள வேண்டும் என்பதை உணர்ந்தேன். மன்னிப்பு அன்பு இந்த இரண்டுமே வாழ்க்கையில் முக்கியம். என் வாழ்க்கையில் என்னை பாதித்த விஷயங்களை நினைத்து அதற்கு நான் செய்த தவறுகளுக்கு அவர்களிடம் மன்னிப்பு கேட்டுக் கொண்டேன். எனக்கு மனதால் யார் யார் மீது வெறுப்பு ஏற்பட்டதோ அவர்களுக்கு மன்னிப்பு கொடுத்தேன். இப்போது என் ஆன்மாவிடம் நான் பேச கற்றுக் கொண்டேன். ஏதேனும் ஒன்றை பேசும்போது யாரையும் புண்படுத்தக் கூடாது என்ற எண்ணம் தானாகவே தோன்றுகிறது. ஒரு பிரச்சனை ஏற்பட்டால் இது எதனால்

என்று மனதுடன் பேசத் தோன்றுகிறது. அதை சிந்தித்து பின் என் மனமே அதை சரி செய்கிறது. நான் என் குடும்பத்தாருக்கும் மற்றும் சில பேருக்கும் healing கொடுத்துள்ளேன். உண்மையில் HUE யில் சேர்ந்து எனக்குள் வந்த மாற்றமே மிகப்பெரிய மாற்றம். என் மனம் நிறைய சொல்கிறது எழுத வார்த்தை இல்லை. நான் ஏன் பிறந்தேன். எதற்காக வந்தோம் ஏன் இவ்வளவு சிக்கல் நம்மை சூழ்ந்து கொண்டிருக்கிறது. நாம் செய்த செய்கின்ற தவறுகள் என்ன என்ன என்பதை புரிந்து கொள்ளும் அளவிற்கு பக்குவம் ஏற்பட்டுள்ளது. Healing மட்டும் செய்வேன். Emotional -ஐ குறைத்துக் கொண்டேன். கோபம் கொள்வதில்லை. என் அம்மாவிடம் கூட நான் மிகவும் கோபப்படுவேன். ஆனால் இப்போதெல்லாம் நான் 90% கோபத்தை குறைத்துக் கொண்டுள்ளேன். யாருடைய குறையையும் நினைப்பது கூட இல்லை. யாரைப் பற்றியும் தவறாக பேசுவதில்லை. கோபம் பொறாமை இவற்றை என் மனம் குறைத்து விட்டது. அவ்வாறு மீண்டும் அது ஏற்பட்டாலும் கூட என் மனம் அதை தவறு என்று முன்னமே கூறி விடுகிறது.

நாம் இதுவரை வாழ்ந்த வாழ்க்கை முறையே தவறு என்பதை இந்த HUE உணர்த்தி உள்ளது. யாரைப் பார்த்தாலும் வேறு ஒரு அன்பான கண்ணோட்டத்தில் பார்க்க என் மனம் விழைகிறது. நாம் என்ன விதைத்தோமோ அதையே அறுவடை செய்வோம் என்பதே என் மனம் புரிந்து கொள்ள இந்த class உதவியாக இருந்தது.

என் வாழ்க்கை பாதையை இந்த HUE classes மாற்றிவிட்டது. அடுத்தடுத்த லெவல் கிளாஸ்சை அட்டென்ட் செய்ய வேண்டும் என்ற ஆர்வம்.

உண்மையை மட்டுமே பேச வேண்டும், தற்பெருமை கூடாது, மன்னிக்கும் குணம், **அன்பை விதைப்பது** என என் பாதையை சரியான பாதையில் போக உதவுகிறது. நான் நானாக இருக்க என்னுடன் இருக்கும் Master- க்கும், அறிவுகதிர் பிரதருக்கும், சதீஷ் பிரதருக்கும் மிக்க நன்றி. அவர்கள் இல்லையேல் நான் எதற்காக பிறந்தேன் என்பதை நான் உணராமலே போயிருப்பேன். யார் எப்படி நினைத்தாலும் நாம் நாமாக நம் மனசாட்சி படி நடக்க வேண்டும் என்று கற்றுக்கொடுத்த Master- க்கும் HUE - க்கும் நன்றிகள் பல...

ANUSUYA N

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KARATTANDI PATTY,  
KUPPAMPATTY POST,  
JALAKANDAPURAM,  
SALEM [DT] 636501.  
9790502968.

MELNO: 9676

HUE LEVEL : 08- SPECIALIZED LEVEL - III

வணக்கம்!

எனது பெயர் அனுசுயா, வயது 28. நான் சேலம் மாவட்டத்தில் கரட்டாண்டிப்பட்டி என்னும் குக்கிராமத்தில் வசித்து வருகிறேன். என்னுடைய வாழ்க்கையை HUE எப்படி மாற்றியது என்பதைப் பற்றி எழுத இருக்கிறேன்.

2022 ம் ஆண்டு என்னுடைய உறவினரான சகோதரி சுகந்தி அவர்களின் பாட்டி இறைவனடி சேர்ந்தார். அப்பொழுது நான் அங்கு சென்றிருந்தேன். பல வருடத்திற்க்கு பிறகு நான் சுகந்தி அவர்களைப் பார்த்தேன். அப்பொழுது எனது அம்மாவிர்க்கு சிறிது உடல்நிலை சரியில்லாமல் இருந்தது. அதனால் சகோதரி சுகந்தி எனது அம்மாவிர்க்கு சக்திப் பரிமாற்றம் செய்வதாகவும் HUE ஐ பற்றியும் கூறினார். நான் Healing என்ற வார்த்தையைக் கூட இதற்க்கு முன்னால் கேள்விப்பட்டதில்லை. அந்த ஈமச்சடங்கின் இறுதி நாள் சுகந்தி அவர்கள் என்னிடம் கூறினார்கள் "13 வருடத்திற்க்கு பிறகு சேலத்தில் HUE வகுப்பு நடக்க இருக்கிறது. கட்டாயம் நீ அதை வந்து படிக்க வேண்டும்," என்று கூறினார். நான் 1 வினாடி கூட யோசிக்காமல் "சரி" நான் வருகிறேன் என்று கூறினேன். இப்பொழுது அதை நினைத்தாலும் எனக்கு மிகவும் ஆச்சரியமாக உள்ளது, எப்படி நான் யோசிக்காமல் என்ன? எப்பொழுது? என்று கேட்காமல் "சரி" என கூறினேன் என்று. ஏனென்றால் அந்த நேரத்தில் என்னிடம் பணம் இல்லை. 2018லிருந்து அரசுப்போட்டித் தேர்வுக்கு நான் படித்துக் கொண்டிருந்தேன். எழுதிய எல்லா தேர்விலும் தோல்வி அடைந்தேன். 4½ வருடம் வேலையில்லாமலேயே இருந்தேன். வேறு எந்த வேலைக்கும் என்னால் செல்ல முடிய வில்லை. வாழ்க்கை முழுவதும்

தோல்வி மட்டுமே இருப்பதாக உணர்ந்தேன். என்ன வாழ்க்கை இதெல்லாம், எதற்கு நாம் வாழ வேண்டும் ? வாழ்ந்து என்னை பயன்? என்று பெரும் குழப்பத்திலும், கவலையிலும் இருந்தேன். எனது குடும்பத்திலும் அடிக்கடி சண்டை, நோய் என்று நிம்மதி இல்லாமல் இருந்தது.

இந்த தருணத்தில் தான் May 29, 2022 ஆன்று HUE- BASIC LEVEL முடித்தேன். நான் இதற்கு முன் எனது கிராமம் மற்றும் கல்லூரியைத்தவிர வேறு எங்கும் தனியாக சென்றதில்லை. எனது வீட்டிலும் அனுமதிக்க மாட்டார்கள், ஆனால் முதன்முறையாக தனியாக Scooty யில் 1½ மணிநேரம் பயணம் செய்து இந்த BASIC LEVEL வகுப்பிற்குச் சென்றேன். முதல்நாள் வகுப்பில் Master-ரின் புகைப்படத்தை பார்த்தவுடன் இனம்புரியாத சந்தோஷத்தை உணர்ந்தேன். பல வருடத்திற்கு பிறகு மிகவும் நிம்மதியாக இந்த வகுப்பில் உணவு உண்டேன். அந்த 3 நாளும் நிம்மதியாக உறங்கினேன். அங்கு நடத்திய Master-ன் பாடங்களை திரும்ப திரும்ப காதில் கேட்டுக்கொண்டே இருக்க வேண்டும் என்று தோன்றியது. அந்த வகுப்பிற்கு வந்த Auditors (Gayathri, Vishnupriya, Suganthi, balaji ஆகிய அனைவரும் மிகவும் ஒற்றுமையாகவும் அன்பாகவும் நடந்துகொண்டார்கள். அவர்களுடைய அனைவரும் வீட்டில் இருந்து உணவுகளை எடுத்து வந்து மதியுணவு அளித்தார்கள். இந்த விஷயங்கள் எல்லாம் என்னுடைய மனதை தொட்டது. முதன் முதலில் அங்கு தான் “உண்மையான தன்னலமற்ற அன்பை” நான் உணர்ந்தேன். இந்த HUE வகுப்பில் ஏதோ ஒரு உண்மை உள்ளது, இந்த HUE குடும்பம் ஏதோ வித்தியாசமாக உள்ளதே என்று எனக்குள் தோன்றிக் கொண்டே இருந்தது. இந்த வகுப்பின் மூலம் நான் இவ்வளவு நாளாக வாழ்ந்த வாழ்க்கை சரியான முறை அல்ல, நான் இன்னும் உண்மைக்குள்ளும் அன்புக்குள்ளும் வரவில்லை, தவறான வாழ்க்கை வாழ்ந்து கொண்டிருக்கிறேன். என்பதை தெரிந்து அதிர்ச்சிக்குள்ளானேன். வகுப்பிலேயே முடிவு எடுத்தேன். “அன்பின் வழியே என்பதை” என்று. ஆனால் என்னுடைய தவறான குணங்களை மாற்ற நிறைய நேரமும், நாளும் தேவைப்பட்டது. இதற்கிடையில் HUE-ஐ எங்களது வீட்டில் ஆதரிக்கவில்லை. ஏனென்றால் எனக்குள்ளே இருக்கும் சுயநலமான குணங்களை மாற்ற கடுமையாக பிராந்தனை, தியானம், Counselling Workouts, செய்து

கொண்டே இருந்தேன். இதைப்பார்த்து எனது குடும்பத்திற்கு பயம் எழுந்தது. நீ இந்த வகுப்பிற்கு சென்றதில் இருந்து உன்னுடைய நடவடிக்கையே சரி இல்லை, தனியாகவே இருக்கிறாய். Healing பற்றியே பேசுகிறாய், இது சரியாக தோன்றவில்லை. இனிமேல் இதை நீ பயிற்சி செய்ய கூடாது என்று கடும்திர்ப்பு கிளம்பியது. நான் அந்த மாதிரி நேரங்களில் Master -ஐ கெட்டியாகப் பிடித்துக் கொண்டேன். எல்லா விஷயங்களையும் Master இடையே பகிர ஆரம்பித்தேன். அதன் பின்னும் HUE பாடங்களை திரும்ப திரும்ப கேட்க வேண்டும் என்று ஆணித்தனமாக தோன்றிக்கொண்டே இருந்தது. அதனால் வீட்டை எதிர்த்து அந்த நேரத்தில் திருச்சி, கோயம்புத்தூர், சென்னை போன்ற இடங்களில் நடந்த HUE BASIC LEVEL வகுப்பிற்கு Auditor ஆக சென்றேன். இந்த Master-ன் பாடங்களை எப்படி நாம் மற்றவர்களுக்கு சொல்லித் தர வேண்டும் என்னும் நோக்கத்திலே கவனித்து குறிப்புகளை எழுத ஆரம்பித்தேன். பின் முழுநேரமாக எல்லோருக்கும் Healing செய்வதே எனது முதல் பணியாக மாறியது. தொடர்ந்து பயிற்சிசெய்தேன். Auditing செல்லும் போது எனக்கு HUE ல் கிடைத்த ஆண்மீக நண்பர்களும், எனது Basic level Instructor, Mr. Gopinath Brother-ம் எனக்கு மிகவும் உறுதுணையாக இருந்தார்கள். வீடு வீடாக சென்று Healing செய்தேன். நிறைய பேர் எனது வீடு தேடி வந்தும் Healing வாங்கி கொண்டார்கள். அதில் மறக்க முடியாத அனுபவத்தில் ஒன்று...

காலையில் நான் ஒரு பெண்ணிற்கு Healing செய்தேன் அன்று இரவு 10 மணிக்கு தூக்கத்தில் எழுந்து எனது வீட்டிற்கு முன் ஓடிவந்து "இங்கே தான் கடவுள் இருக்கிறார், நான் வேறு எங்கும் செல்லமாட்டேன்" என்று கூறி நான்காலியில் அமர்ந்துக் கொண்டார். பிறகு அவர்களது வீட்டில் உள்ளவர்கள் வந்து அவர்களை அழைத்துச் சென்றார்கள். எனக்கு மிகவும் வினோதமாக இருந்தது. ஆனால், Master மீது நம்பிக்கையும் மரியாதையும் அதிகரித்தது. என்னுடைய நெருங்கிய நண்பராக Master எனக்குள் மாறினார். இதற்க்கிடையில் அரசு போட்டித் தேர்வுக்கும் தயாரானேன். "மறுமுறையும் தேர்வு எழுதி தோற்றுப்போனேன். நான் Master-ரிடம்

“Master இதற்க்கு மேல் என்னால் முடியவில்லை. Auditing போக பணம் வேண்டும். நிறைய சேவை செய்ய வேண்டும் என்று தோன்றுகிறது, மாதம் 5000 இருந்தால் கூட போதும் எனக்கு வேலை வேண்டும் என்று Master - ரிடம் பகிர ஆரம்பித்தோன் பின் கடன் வாங்கிக்கொண்டு சென்னையில் நடந்த Basic Level வகுப்பிற்கு Auditing சென்றேன். அதன்பின் என் வாழ்க்கை சொர்க்கமாக மாறியது. அங்கு சகோதர் சதீஷ் அவர்களைப் பார்த்தேன். அவர் என்னிடம் எதற்க்கு இப்படி எல்லா வகுப்பிற்க்கும் வருகிறீர்கள்? எதை தேடிச் செல்கிறீர்கள்? என்ன வேண்டும் உங்களுக்கு? ஏன் உங்கள் வாழ்க்கையில் Option-B என்று ஒன்றை வைக்கவில்லை? என்று பல கேள்விகள் கேட்டார்.

இந்த கேள்விகள் என்னை ஆழமாக சிந்திக்க வைத்தது. அதன் பின் 1 மாதம் கழித்து நான் என்னுடைய வேலை, வாழ்க்கை அனைத்தையும் Master - ரிடமே முழுமையாக ஒப்படைத்தேன். Master என்னைப் பற்றி உங்களுக்கு தெரியும். உங்கள் விருப்பப்படி எனக்கு எந்த வேலை தந்தாலும், அதை செய்கிறேன். நான் இந்த HUE Healing -ஐ சேவையாக முழுநேரமாக செய்யப்போகிறேன். எனது கையை உங்களிடம் தருகிறேன். நீங்கள் என்னை அழைத்துச் செல்லுங்கள் என்று கூறிவிட்டேன். பின் தியானம் செய்வது, என்னை மாற்றவது Master - ரிடம் உட்கார்ந்து பேசுவது, சக்திபரிமாற்றம் செய்வது எனது வேலையாக இருந்தது.

அதற்க்கு அடுத்த மாதம் திரும்ப Chennai - Auditing சென்றேன். அங்கு சகோதரர் சுப்ரமணியம் அவர்கள் HUE BASIC LEVEL வகுப்பிற்க்கு மாணவராக வந்தார். என்னுடைய பெயர், ஊர், மற்ற விவரத்தை சதீஷ் சகோதரரிடமிருந்து கேட்டு அறிந்துக்கொண்டார். என்னிடம் Subramanian Brother Excel பற்றி உனக்கு தெரியுமா என்று கேட்டார். நான், எனக்கு Excel க்கு Spelling கூட தெரியாது. ஆனால் நீங்கள் கற்றுக் கொடுத்தால் உடனே கற்றுக் கொள்வேன் என்று கூறினேன்.

அவர் "You are selected" எங்களது குழு உன்னை பின் தொடரும். 15 நாளில் உனக்கு வேலைக் கிடைத்து விடும் என்று கூறிவிட்டு, அவரது

தொலைபேசி எண் [ம] email address -யும் எனது நோட்டீஸ் எழுதிக் கொடுத்து விட்டு சென்றுவிட்டார். நான் ஆச்சிரியத்திலும் அதிர்ச்சியிலும் அங்கே நின்றுக் கொண்டிருக்கிறேன். எனென்றால் இதுப்போல நிறைய நபர்கள் வேலைத்தருவதாக கூறிவிட்டு நான் அவர்களிடம் ஏமாந்துப்போனதால் இதை மனதார நம்பமுடியவில்லை. எனது வீட்டிலும் இதை யாரும் நம்பவில்லை. ஆனால் சொல்லியதுப் போல எனக்கு 15 நாளில் வேலைக் கிடைத்தது. நான் Master-ரிடம் 5000 மாதச்சம்பளம் கேட்டேன், ஆனால் அவர் எனக்கு மாதம் 30000 சம்பளம் போட்டு வேலையைக் கொடுத்தார். எனது முகம் முழுவதும் கண்ணிரால் நனைந்தது. நான் கூறி உணராதவர்கள் அனைவரும் இதன் பின் Master நம்முடன் தான் இருந்து வழி நடத்துகிறார் என்று புரிந்துக்கொண்டார்கள்.

வேலைக்கிடைத்த பின்தான் எனக்கு தெரியும், இது மிகப்பெரிய IT நிறுவனம். இங்கு பல இலட்சம்பேர் வேலை செய்கிறார்கள் என்று. முதல் நாள் அலுவலகம் சென்றபோது "இவ்வளவு பெரிய இடத்தில் என்னான் வேலை செய்ய முடியுமா? எனக்கு ஆங்கிலம் பேசுதெரியாது, படித்தது Civil Engg, ஆனால் IT யில் வேலை, எப்படி Master என்னால் இங்கு இருக்க முடியும்?? என்று அழுதேன்!

ஆனால் இன்று 2 வருடம் 9 மாதம் முடிந்தது. அந்த அலுவலகத்தில் கால் எடுத்து வைத்த நொடி முதல் இன்று வரை ஒவ்வொரு வினாடியும் Master என்னை பாதுகாக்கிறார். பல சோதனைகள் வந்தாலும், மாஸ்டரும் அவருடைய பாடங்களும் என்னுடனே இருந்து என்னை காப்பாற்றி, வழி நடத்துகிறது. இன்னும் இதை என்னுடைய வீட்டிலும் நண்பர்கள் மத்தியிலும் பெரும் ஆச்சிரியமாகவே பார்க்கிறார்கள்.

இதைக்கடந்து அமலாவதி அம்மாவின் தியாகத்தை பார்த்தேன். அவர்கள் ஒரே ஆளாக இருந்து வெளிநாடு சென்று பல சோதனைகளை கடந்து இந்த HUE பொக்கிஷத்தை எங்களிடம் கொண்டு வந்து கொடுத்துள்ளார்கள் என்பதை தெரிந்துக்கொண்டேன். இந்த HUE, வையும் Mater கூறிய அனைத்து நற்பண்புகளையும் தனது வாழ்க்கையாக மாற்றி தன்னலமற்ற சேவை செய்வதை நான் எனது கண்களால் பார்த்தேன். எனக்கு அது இன்னும் உத்வேகத்தை கொடுத்தது. அமலாவதி அம்மா கூறிய அறிவுரைப்படியும் வழிக்காட்டுதல் படியும்,

அனைத்து நற்பண்புகளையும், நான் மாற்ற வேண்டிய குணங்களையும் குறிப்பு எடுத்துக்கொண்டு இறைவனிடம் பிராத்தனை செய்தும், எனக்கும் மற்றவர்களுக்கும் சக்திபரிமாற்றம் செய்வதன் மூகம் படிப்படியாக எனது குணங்கள் நேர்மறையாக மாறத்துவங்கியது. பிறகு எனது, அம்மா, சகோதரி. நெருங்கிய நண்பர்கள் எல்லோரும் HUE படித்தார்கள் - சேலத்தில் HUE வகுப்பு நடந்து நிறையபேர் பயனடைந்தார்கள்.

எனது வீட்டில் சந்தோஷமும் நிம்மதியும் பெருகியது. கருத்து வேறுபாடுடன் இருந்த என்னுடைய அப்பா, அம்மா ஒற்றுமையாக வாழ ஆரம்பித்தார்கள். HUE எங்கள் வீட்டில் முக்கிய அங்கமாக மாறியது HUE வருவதற்க்கு முன்னால் நாங்கள் யோசிக்கும் திறனும் ஒரு விஷயத்தையும், சோதனைகளையும் பார்க்கும் கோணமும் HUE கற்றுக்கொண்டதுக்குப் பின் மிகவும் நேர்மறையாக மாறியது. அன்பு, அமைதி, ஆனந்தம் தான் வாழ்க்கையின் மிகப்பெரிய சொத்து என்று புரிந்துக்கொண்டேன்.

“அன்பு தான் இறைவன். அந்த இறைவன் எனக்குள்ளே தான் இருக்கிறார். அந்த அன்பு இறைவனுடைய எல்லாப் படைப்புகளிலும் இருப்பதையும் உணர்ந்தேன்.” கடவுளிடம் அது வேண்டும் இது வேண்டும் என்று கேட்கும் என்னுடைய குணம் மாறியது. வெளியில் எது நடந்தாலும் அதற்க்கு காரணம் நான் தான் என்று உணர்ந்தேன். சிறிய வயதிலிருந்தே தி எனக்கு நிறைய உறவினர்கள் இல்லையே என்ற வருத்தம் இருந்தது. ஆனால் இந்த HUE கற்றுக்கொண்ட பிறகு, HUE குடும்பத்திற்க்குள் வந்த பிறகு அந்த கவலையல்லாம் மறைந்தது. எந்த நிமிடம் உதவி என்று சென்றாலும் HUE குடும்பம் என்னை வழிநடத்தியுள்ளது. எல்லா கடினமான நேரங்களிலும் என்னுடன் நின்றுள்ளது. இன்றும் இந்த HUE குடும்பம் அன்பையும், ஒற்றுமையும், சமாதானத்தையும் தன்னலமற்ற சேவையையும் கற்றுக்கொடுக்கிறது.

இறைச்சித்தம் படி இந்தப் பயணம் தொடரும்!

எல்லாம் வல்ல ஏக இறைவனுக்கும், Master -க்கும், அமலாவதி  
அம்மாவிிற்க்கும் வேலை கொடுத்த சகோதரர் சுப்பரமணியம் அவர்களுக்கும்,  
சகோதரர் ராமன் அவர்களுக்கும் இதயம் கனிந்த நன்றியை கூறிக்கொள்கிறேன்.

சிப்படிசி,

சிப்படிசி  
26/8/2025

Name : Anbukkannan

MEL NO: 7658

Place : Jersey City, NJ, USA

Level : 02 – Intermediate Level 1

Date : Oct 22, 2020

Phone : +91 8807517781

### CASE PRESENTATION

#### **Title: Tumor in the mouth**

I was having a growth in my gum. It came on the upper inner part of my tooth. It was giving so much pain. I could not eat. It started becoming bigger. There were two reddish Bubbles. I went to the dentist for consultation. They suggested it need to be removed by a minor surgery, and it would cost approximately \$2000. I felt more stressful because of the cost involved in the treatment. Suddenly, I remember Dr. Sujit. I thought of getting his second opinion as a dentist. I spoke to him over the phone. He asked, if I was going through any stressful situation. Yes, that was true. He asked me to express them. After sharing the problems and stress, I felt relaxed. I was able to meditate peacefully. The very next day the bubble started to shrink. Within 3 days the bubble was completely gone. I was at Level 02- intermediate level 1. After applying the HUE technique, I was completely relieved. I am attaching the image taken upper part of my Jaw. In the left inner side, two big reddish bubbles are clearly visible. I am also attaching the witness letter from my wife.

  
ANBUKKANNAN

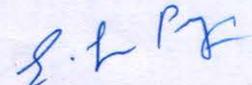
Thank you

07-07-2025

#### **Witness:**

I am Jeo Priniya, wife of Anbukkannan. He was suffering with mouth sores for a week. It was heavy, severe and painful. In our helplessness, we went for consultation. The dentist advised us to look for a specialist and it needs as surgery. He called Dr. Sujit in India and had a long conversation. His suggestion and advice helped him. I really don't know what he did but I saw the effect on the sores. It was slowly vanishing. I witness the miraculous cure.

My thanks to Dr. Sujit.

  
JEO PRIMYA

Thank you



Name: Uma R

MEL NO: 8572

Address: Ground Floor, No. 30, Sudarshan Prasad Nagar  
1<sup>st</sup> street, Gandhi Nagar, Vengaivasal, Chennai-6000126

Level: O8 HUE Specialized Level III

Phone Number: 9500259146

## My life in Every Level in HUE

I was already practicing meditation taught by Vedhatri Maharishi for 15 years. I left Mannavalakalai (Vazhavalamudan) in 2015, because Maharishi showed me Master Dang and asked me to follow him. So, I joined MEL and took Basic Level in the year 2017, June 24th- 26th. Master activated all my vital Chakras on 25th June 2017. Inner Joy filled me.

At the age of 17, diagnosed with "Mitral regurgitation". I was treated with Homeopathy medicine. In the year 2017 diagnosed fibroid uterus and constipation. After basic level I took daily self-treatment and all my complaints got healed.

### Intermediate level I

I was raised to O2 HUE in December 2017. The awareness which I got was I am responsible for what I say and what I do.

In my past blaming others. I missed joy in my life. I led my work as duty. Awareness was inside me was a slow process.

### Advanced level I

When I attended the course at Nagercoil my husband got admitted in the hospital at Kalpakkam. I did an energy transfer for him and for the hospital and for all the workers.

One of my friends came home with a high fever and was also not able to walk. By taking a HUE water bath and slept, she recovered and shared her experience about HUE water.

### Advanced level II

Taken the level in December 2018. First time when I took "God's Aura", joy filled my heart. On December 25th I went to church and I had very different experiences.

### HUE level 06

Attended on September 2019 , after a week seminar at Coimbatore, met President, received his blessings. It was a memorable experience.

### HUE level 07/ Level 19

First time heard the word "true self" I realised that I was hiding my true emotions since I was a last child in the family, I adjusted so I received "good child" so continued my life to keep up that image. I hidden my "true self".

After completed 03 HUE I have attended many Basic Level auditing at Chennai, and also took some of my friends to attend Basic level.

HUE level 08/ Level 20

Attended via zoom online and June 11th-14th 2020. I felt the same Joy as in basic level. Joy of receiving a new soul experience is good.

Saying farewell to my husband on Feb 11th 2021. I just went out, by the time I came back, I got the news, he passed away. I was calm emotionally balanced and sent his soul happily and thankfully.

I could do this, because I called up master and his soul were with me, supporting me and guiding me.

New soul enlightens me "because of your inner Pride you could not surrender fully to me". To purify this character, faced many difficulties in life. After my husband's death I have learnt humility and to ask help from others.

This is the time I asked support from MEL family members. I would like to thank Dr. Sr. Amalavathy, Raman brother, all the seniors and to the entire MEL family. Thank you.

I thank Master and his teachings which help me to cross all the difficult trials in life.

I thank President and HUE faculty members for their continuous teachings.

I would like to say special thanks to MEL Founder, Director and Satish brother. Satish brother trained me to become a trainer. Here I learnt to free myself from "fear of failure".

In January 2024 I attended "Intensive Journal" conducted by Nagalingam brother. There I break my internal Pride. I could relate to my daughters with true love, which was noticed by my daughter Vaanmathy.

Thank you all.

R. Uma  
[R.UMA]  
11/08/2025

**Vijayakumar M.R.**  
39/53 Anna street  
Ammapet Main Road  
Salem 636001

**MEL NO: 2415**  
**LEVEL: 08**

## **SPRITUAL & PHYSICAL CHANGES IN MY LIFE THROUGH HUE**

I am happy to present the positive impacts that I received over period of times after practicing Human Universal Energy (HUE) techniques. Before I joined HUE school, I had lot of problems in me physically, mentally and emotionally. I lacked self-confidence and always under inferiority complex. I had fear about various things. I couldn't face conflicts. I simply tried to escape from conflicts. Many times, I give up and worry afterwards. I couldn't express my emotions freely. I cried when I am alone. I was very short tempered and I use very sharp words. As a result, I didn't have many close friends. Physically I was very weak too. Typically, twice a month I used to get cold and once in 2 – 3 months, I used to get fever.

I joined HUE school in 2003 and practiced meditation and healing techniques consistently. I attended various courses / levels of the school. Ever since I started, I saw many improvements in me. Few changes happened in short time and few happened over period of time (months / years). I feel I am totally a different person now compared to 2003.

Some of the key changes I observed in my life:

- My overall health has improved
  - o I can say I probably got fever 1 time in last 15 yrs.
  - o The frequency of Cold and cough drastically reduced. From 10-15 times a year to 1-3 times a year.
- I am able to handle my stress better
  - o I used to miss sleep whenever I am stressed. Now I can disconnect myself from problems and sleep well even during challenging days.
- I don't feel inferior any more. My mindset has improved a lot. I recognize and respect my individuality. My self-confidence has grown. When someone insults me, it does not take peace out of me. When I feel low, I apply HUE techniques and recover within few minutes.
- I used to have lot of fear in me. I was afraid of many things. By applying HUE techniques and meditation consistently, I changed completely. There is no fear now. I feel confident to face challenging situations without fear.

- At my work, people see me as calm person. My colleagues told me that irrespective of difficult situation, my calmness remains same and I address problems without becoming emotional. My interaction with my team members remains at professional level rather than emotional even in difficult situations.
- I was short tempered. I used very sharp words which easily hurts people. After continuous practicing of HUE, my anger has drastically come down. I think I am able to use more polite words without hurting others. I observe people come to me to discuss their problems and looking for guidance. When I share my experience, people are able to relate and understand. They listen. They also apply the techniques and come out of their problems.
- I feel my emotional maturity has increased after practicing HUE.

I thank HUE school, Master Dang, MEL India founder Dr.Amalavathy and all my instructors for bringing such a huge change in me and supporting my life.

Thank you

Vijayakumar M.R.

#### **Testimony from my wife Priya S:**

I know him since 2007, and I see that the positive impacts that he mentioned since then. He is a very balanced person and anybody can approach him for a calm, unbiased guidance for any situations to him. I saw him meditate consistently and realized that's the one thing that helps him to be who he is. He used to get upset or angry only when he's tired and down, but he quickly recovers by meditating and connecting with master, so he'll not get sick. His consistent habit of meditating and prayers has inspired me and changed me in my life path. I see that the family harmony is calm and positive because of him. Our kids have not seen a short tempered, crying part of a father since he's a new person now. I see him handle very stressful situations at office with calmness and his words changed the intensity and negativity among the team members in the office conference calls. Thanks to HUE for all the positive changes in our life.

Thanks,

Priya.S